

Community Health Needs Assessment

Prepared for

**MOUNT SINAI MORNINGSIDE
MOUNT SINAI WEST**

By

VERITÉ HEALTHCARE CONSULTING, LLC

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ABOUT VERITÉ HEALTHCARE CONSULTING

Verité Healthcare Consulting, LLC (Verité) was founded in May 2006 and is located in Arlington, Virginia. The firm serves clients throughout the United States as a resource that helps health care providers conduct Community Health Needs Assessments and develop Implementation Strategies to address significant health needs. Verité has conducted more than 75 needs assessments for hospitals, health systems, and community partnerships nationally since 2010.

The firm also helps hospitals, hospital associations, and policy makers with community benefit reporting, program infrastructure, compliance, and community benefit-related policy and guidelines development. Verité is a recognized national thought leader in community benefit and Community Health Needs Assessments.

The community health needs assessment prepared for Mount Sinai Morningside & Mount Sinai West was directed by the firm's Vice President. Firm staff members hold graduate degrees in relevant fields.

More information on the firm and its qualifications can be found at www.VeriteConsulting.com.

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EXECUTIVE SUMMARY

Introduction

This community health needs assessment (CHNA) was conducted by Mount Sinai Morningside & Mount Sinai West (“MSM & MSW” or “the hospital”) to identify community health needs and to inform development of an implementation strategy to address identified significant needs.

The hospital is comprised of two campuses, Mount Sinai Morningside and Mount Sinai West, both in Manhattan. To enhance clarity, we use the following acronyms throughout this document:

Acronym	Entity
MSM	Mount Sinai Morningside, the campus in the Upper West Side neighborhood, Manhattan
MSW	Mount Sinai West, the campus in the Chelsea and Clinton neighborhood, Manhattan
MSM & MSW	Mount Sinai Morningside & Mount Sinai West, the hospital facility with two campuses in Manhattan

OBJECTIVES AND METHODOLOGY

Regulatory Requirements

Federal law requires that tax-exempt hospital facilities conduct a CHNA every three years and adopt an Implementation Strategy that addresses significant community health needs.¹ Each tax-exempt hospital facility must conduct a CHNA that identifies the most significant health needs in the hospital's community. The regulations require that each hospital:

- Take into account input from persons representing the broad interests of the community, including those knowledgeable about public health issues, and
- Make the CHNA widely available to the public.

The CHNA report must include certain information including, but not limited to:

- A description of the community and how it was defined,
- A description of the methodology used to determine the community health needs, and
- A prioritized list of the community's health needs.

Tax-exempt hospital organizations also are required to report information about the CHNA process and about community benefits they provide on IRS Form 990, Schedule H. As described in the instructions to Schedule H, community benefits are programs or activities that provide treatment and/or promote health and healing as a response to identified community needs. To be reported, community need for the activity or program must be established. Need can be established by conducting a Community Health Needs Assessment. Community benefit activities and programs also seek to achieve objectives, including:

- Improving access to health services,
- Enhancing public health,
- Advancing increased general knowledge, and
- Relieving government burden to improve health.²

CHNAs seek to identify significant health needs for particular geographic areas and populations by focusing on the following questions:

- **Who** in the community is most vulnerable in terms of health status or access to care?
- **What** are the unique health status and/or access needs for these populations?
- **Where** do these people live in the community?
- **Why** are these problems present?

The question of **how** each hospital can address significant community health needs is the subject of the separate Implementation Strategy.

¹ Internal Revenue Code, Section 501(r).

² Instructions for IRS form 990 Schedule H, 2015.

Methodology

Federal regulations that govern the CHNA process allow hospital facilities to define the community they serve based on “all of the relevant facts and circumstances,” including the “geographic location” served by the hospital facility, “target populations served” (e.g., children, women, or older adults), and/or the hospital facility’s principal functions (e.g., focus on a particular specialty area or targeted disease).³ The community defined by MSM & MSW accounts for over 48 percent of the hospital’s 2022 inpatient discharges and 64 percent of the hospital’s 2022 emergency room visits.

Secondary data from multiple sources were gathered and assessed. Considering a wide array of information is important when assessing community health needs to ensure the assessment captures a wide range of facts and perspectives. This assessment process increases confidence that significant community health needs have been identified accurately and objectively.⁴

Input from 40 individuals was received through key informant interviews and from 112 community members. These informants represented the broad interests of the community and included individuals with special knowledge of or expertise in public health.

In addition, data were gathered to evaluate the impact of various services and programs identified in the previous CHNA process.

Certain community health needs were determined to be “significant” if there was negative variance from benchmarks or the need was identified by multiple key informants. A significant need was identified as a priority if it was identified as problematic in at least two of the following three data sources:

1. The most recently available secondary data regarding the community’s health;
2. Take Care New York 2024, the New York City Department of Health and Mental Hygiene’s “blueprint for advancing health equity” and/or the New York State Prevention Agenda 2019-2024; and
3. Input from the key informants who participated in the interview process.

Collaborating Organizations

For this assessment, MSM & MSW collaborated with the Mount Sinai Health System and its following hospitals: The Mount Sinai Hospital & Mount Sinai Queens, Mount Sinai Beth Israel Hospital & Mount Sinai Brooklyn, and New York Eye & Ear Hospital. CHNAs for these hospitals were developed alongside the MSM & MSW CHNA.

³ 501(r) Final Rule, 2014.

⁴ Note that some data sources present data by borough and others present data by county. As boroughs correspond to counties, data are consistently presented throughout the report as boroughs to simplify presentation. Specifically, Bronx County corresponds to the borough of Bronx, Kings County corresponds to the borough of Brooklyn, New York County corresponds to the borough of Manhattan, Queens County corresponds to the borough of Queens, and Richmond County corresponds to the borough of Staten Island.

Information Gaps

This CHNA relies on multiple data sources and community input gathered between April and December 2023. A number of data limitations should be recognized when interpreting results. For example, some data (e.g., County Health Rankings, Behavioral Risk Factors Surveillance System, and others) exist only at a county-wide level of detail. Those data sources do not allow assessment of health needs at a more granular level of detail, such as by ZIP Code or census tract.

Secondary data upon which this assessment relies measure community health in prior years. For example, the most recent mortality rates available for the region were data collected in 2017. The impacts of the most recent public policy developments, changes in the economy, and other community developments are not yet reflected in those data sets.

The findings of this CHNA may differ from those of others conducted in the community. Differences in data sources, communities assessed (e.g., hospital service areas versus counties or cities), and prioritization processes can contribute to differences in findings.

Input on Previous CHNA

No written comments were received regarding the previous CHNA or Implementation Strategy.

Prioritized Significant Community Health Needs

The significant community health needs prioritized for this CHNA are, in alphabetical order, as follows:

- Access to Mental Health Care and Poor Mental Health Status;
- Access to Primary Health Care Services by Individuals with Limited Resources;
- Aging Population;
- Chronic Diseases and Contributing Lifestyle Factors;
- Environmental Determinants of Health;
- Homelessness;
- Navigating a Changing Health Care Provider Environment;
- Poverty, Financial Hardship, and Basic Needs Insecurity;
- Safe and Affordable Housing;
- Socio-Economic, Racial, Cultural, Ethnic, and Linguistic Barriers to Care; and
- Substance Use Disorder.

A summary of each of the health needs is below, along with supporting data and references to exhibit numbers that contain additional information.

Access to Mental Health Care and Poor Mental Health Status

Mental health status is poor for many residents because of lingering trauma from the COVID-19 pandemic, day-to-day pressures, substance use, and psychiatric disorders. The supply of mental health providers is insufficient to meet the demand for mental health services.

- The suicide mortality rates for White residents were higher in Manhattan and New York State than the overall state rate (**Exhibit 47**).
- In the CDC's Youth Risk Behavior Surveillance System (YRBSS), more than one-third of all boroughs reported that they "felt sad every day for two weeks and stopped regular activities due to sadness", and this condition was reported by a greater percent of respondents in Manhattan than New York overall (**Exhibit 48**).
- There were many areas designated as Health Professional Shortage Areas for Mental Health throughout the community (**Exhibit 59C**).

Many interviewees identified mental health as an issue in the community, including COVID-19-related trauma, depression, and substance use. The impact of social isolation was also identified as an issue by participants, especially among older adults.

Access to Primary Health Care Services by Individuals with Limited Resources

New York City has a robust health provider network. However, access to this network can be limited to individuals with limited financial resources, including lack of health insurance and relatively high deductibles / co-pays.

- Rates for ambulatory care sensitive conditions (ACSCs) are prevalent throughout the community (**Exhibit 52**). ACSCs can indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.
- CDC's PLACES data identified areas of unfavorable health outcomes throughout the community (**Exhibit 56A**) as well as areas of low utilization of preventive services (**Exhibit 56B**).
- Federally designated Medically Underserved Areas (MUAs) and Primary Care Health Professional Shortage Areas (HPSAs) were present (**Exhibits 58 and 59A**).
- Interviewees indicated that the primary health care services could be challenging to access by individuals without adequate insurance, community members that cannot afford co-pays and deductibles, and new arrivals to the community.

Aging Population

The number of older adults in the community is growing rapidly. This growth will increase needed support for healthcare, housing, transportation, and nutrition assistance.

- The asthma hospitalization rates for residents aged 65 years and older was higher in Manhattan and New York City than New York State (**Exhibit 39**),
- ACSC discharges for many conditions were higher for patients aged 65 years and older than any other cohort in New York City (**Exhibit 53**).
- Many interviewees identified older adults as a community group that is especially vulnerable to unmet health needs and expressed concern that issues in older adults can arise quickly.

Chronic Diseases and Contributing Lifestyle Factors

Chronic diseases in the community include arthritis, asthma, cancers, cardiovascular disease, diabetes, hypertension, kidney disease, and pulmonary issues. Contributing lifestyle factors might also include poor nutrition, alcohol consumption, and physical inactivity.

- Rates of HIV and AIDS were more than 50 percent greater than the state average in Manhattan and New York City as a whole (**Exhibit 37**).
- Asthma hospitalizations were significantly higher in New York City as a whole than the state average (**Exhibit 39**), and rates were higher in Manhattan for most age cohorts.
- In Take Care New York 2024, the New York City Department of Health and Mental Hygiene identified “Chronic Disease Preventive Care and Management” as one of the two priorities.
- Interviewees indicated that chronic diseases are prevalent across the community and that disparities in outcomes are influenced by a myriad of factors, including social determinants, behavioral health, and age.

Environmental Determinants of Health

Residents of local neighborhoods experience considerable traffic, pollution, crime, and noise. Transportation is difficult for individuals with limited mobility.

- Rates of robbery and aggravated assault in New York City were 50 percent or greater than state rates, and rates for total violent crime, homicide, total property crime, larceny, and motor vehicle theft were higher than overall state rates (**Exhibit 23**).
- In County Health Rankings, all boroughs ranked in the bottom half of all New York counties in Physical Environment. All boroughs also ranked in the bottom quartile in Air Pollution – Particulate Matter (**Exhibit 29A**).
- Interviewees identified environmental factors as negatively impacting the health of community members and contributing to prevalence of chronic diseases and conditions.

Homelessness

Homelessness is problematic within the community and access to stable housing is a critical challenge to the most vulnerable community members. Homelessness is complex and intertwines with other issues including affordable housing, access to mental health care, substance abuse, and poverty.

- The number of unsheltered individuals in New York City overall increased by over 75 percent between 2021 and 2023 and the number of unsheltered individuals in the subways increased by over 65 percent during the same period (**Exhibit 27**).
- In County Health Rankings, Manhattan ranked in the bottom quartile of all New York counties in Severe Housing Problems (**Exhibit 29A**).
- Interviewees indicated that uneven economic opportunity throughout the community contributes to housing insecurity, especially among low-income residents and community members of racial/ethnic minority groups. Interviewees also indicated that homelessness is a confounding social concern for some residents with serious and persistent mental illness.

Navigating a Changing Health Care Provider Environment

Navigating the healthcare system, already challenging for residents with limited access to technology and limited English literacy, is increasingly difficult due to changes in the healthcare and social support environment. A lack of understanding of how to access health care is an issue for many community members, including migrants and refugees, generations of families without a regular provider, and adult children caring for aging parents.

- Rates for ambulatory care sensitive conditions (ACSCs) in Central Harlem-Morningside Heights were high compared to other Manhattan neighborhoods (**Exhibit 51**). High rates indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.
- Many interviewees detailed issues in navigating the changing health care provider environment. Specific issues identified include limited English literacy, low levels of health literacy, and difficulty accessing digital communication formats. Additionally, requirements of healthcare systems complicate navigation, as do insurance restrictions and administrative burdens, including paperwork requirements.

Poverty, Financial Hardship, and Basic Needs Insecurity

Lower-income residents can experience considerable difficulty in accessing basic needs, including healthy food and safe, affordable housing. Primary care access can be limited due to the relatively high cost of deductible / co-pays. Unmet mental health needs may be an issue due to daily stress.

- Poverty rates in Manhattan were worse than the state and national averages (**Exhibit 12**). The poverty percentages for Black and Hispanic or Latino residents were particularly higher than state and national comparisons (**Exhibit 13**).
- Over 19 percent of residents in Manhattan had an annual income of less than \$25,000, compared to 17 percent nationwide (**Exhibit 14**).
- Unemployment rates in all boroughs and New York City have been higher than state and national averages in 2020, 2021, and 2022 (**Exhibit 16**). Rates were particularly high for Black and Hispanic or Latino residents (**Exhibit 17**).
- High school graduation rates were lower in New York City compared to New York State (**Exhibit 29B**).
- Interviewees indicated that low-income residents are especially prone to encountering challenges to healthy living conditions and utilization of health services, as are individuals with disabilities and new arrivals to the community.

Safe and Affordable Housing

Inadequate housing contributes to poor health outcomes. Demand for housing in the community is contributing to increases in rent prices.

- The average number of years in public housing was longer in Manhattan than the New York City average (**Exhibit 26B**).
- In County Health Rankings, all boroughs ranked in the bottom quartile of all New York counties in Severe Housing Problems (**Exhibit 29A**).
- Interviewees indicated that housing instability is especially prevalent among low-income residents and community members of racial/ethnic minority groups, as well as vulnerable populations, including homeless residents, individuals with addiction, and some older adults.

Socio-Economic, Racial, Cultural, Ethnic, and Linguistic Barriers to Care

Social and cultural factors may contribute to access challenges. Some residents may hesitate or find it difficult to engage with healthcare providers who do not speak their native language or are not culturally sensitive with care. Social factors may be especially evident in residents with low health literacy, language barriers, and individuals with substance use disorders. Such issues are exacerbated by a lack of diversity among healthcare providers.

- Neighborhoods in the MSM & MSW community are racially and ethnically diverse. Approximately 18.8 percent of residents were Black, 8.1 percent of residents were Asian, and 33.2 percent were Hispanic or Latino (**Exhibit 6**).
- The percentages of community members who are linguistically isolated are higher in all boroughs and New York City than the national average and the linguistic isolation rate is more than 50 percent higher in the MSM & MSW community (**Exhibit 10**).
- More than 30 percent of the MSM & MSW community residents were foreign born, compared to 23 percent statewide and 14 percent nationally (**Exhibit 11**).
- The rates for cardiovascular disease mortality, diabetes mortality, and respiratory diseases greatly varied by race and ethnicity, with Black and Hispanic residents comparing particularly unfavorably to other cohorts in New York City (**Exhibits 34 and 40**).
- Interviewees indicated numerous factors contribute to unequal access to healthcare including lack of adequate insurance, high co-pays and deductibles, locations of services, and transportation challenges. Factors also include limited English literacy, lack of computer literacy and access to technology, and disabilities, such as hearing, vision, and/or cognitive limitations.

Substance Use Disorder

Substance use disorder has proliferated within the community due to a myriad of factors, including unmet mental health issues and widespread availability of substances, including alcohol.

- Manhattan ranked last among all counties in New York for excessive drinking (**Exhibit 29A**).
- The percentage of adults who reported binge drinking during the past month was higher in Manhattan than the state average (**Exhibit 49D**).
- Interviews indicated that the prescribing of pharmaceuticals for injury pain and the proliferation of sales outlets following the legalization of marijuana have contributed to substance use disorder within the community. Alcohol misuse is underacknowledged as problematic, including binge drinking among older adults.

CHNA DATA AND ANALYSIS

DEFINITION OF COMMUNITY ASSESSED

This section identifies and describes the community assessed Mount Sinai Morningside & Mount Sinai West (MSM & MSW) and how it was determined.

MSM & MSW's community is comprised of 20 ZIP Codes encompassing sections of the borough of Manhattan (**Exhibit 1**). The community is divided into neighborhoods utilized by the New York State Department of Health;⁵ four of the 42 neighborhoods in New York City are in the MSM & MSW community.

The Hospital is comprised of two campuses, Mount Sinai Morningside and Mount Sinai West, both in Manhattan. To enhance clarity, we use the following acronyms throughout this document:

Acronym	Entity
MSM	Mount Sinai Morningside, the campus in the Upper West Side neighborhood, Manhattan
MSW	Mount Sinai West, the campus in the Chelsea and Clinton neighborhood, Manhattan
MSM & MSW	Mount Sinai Morningside & Mount Sinai West, the hospital facility with two campuses in Manhattan

The MSM & MSW community was estimated to have a population of approximately 850,000 persons in 2021.

The community definition was validated based on the geographic origins of discharges from MSM and MSW. In 2022, the community collectively accounted for 48 percent of MSM & MSW's overall inpatient discharges (**Exhibit 1A**), 55 percent of MSM & MSW's New York City inpatient discharges, and 71 percent of MSM & MSW's Emergency Room visits (**Exhibit 1B**).

⁵ New York State Department of Health. (2006). ZIP Code Definitions of New York City Neighborhoods. Retrieved 2013, from: www.health.ny.gov/statistics/cancer/registry/appendix/neighborhoods.htm

Exhibit 1A: Community Population, 2021, and Inpatient Discharges, 2022

Location	2021 Population	2022 Discharges	Percent of Total Discharges	Percent of NYC Discharges
Central Harlem-Morningside Heights	183,460	4,465	11.8%	13.3%
Chelsea-Clinton	161,322	3,804	10.0%	11.4%
Upper West Side	232,499	7,507	19.8%	22.4%
Washington Heights-Inwood	272,205	2,548	6.7%	7.6%
Total MSM & MSW Community	849,486	18,324	48.4%	54.7%
Other New York City Discharges		15,175	40.0%	45.3%
Other non-New York City Discharges		4,398	11.6%	
Total Discharges		37,897	100.0%	

Source: U.S. Census ACS 2021 5-year estimates and the Mount Sinai Health System.

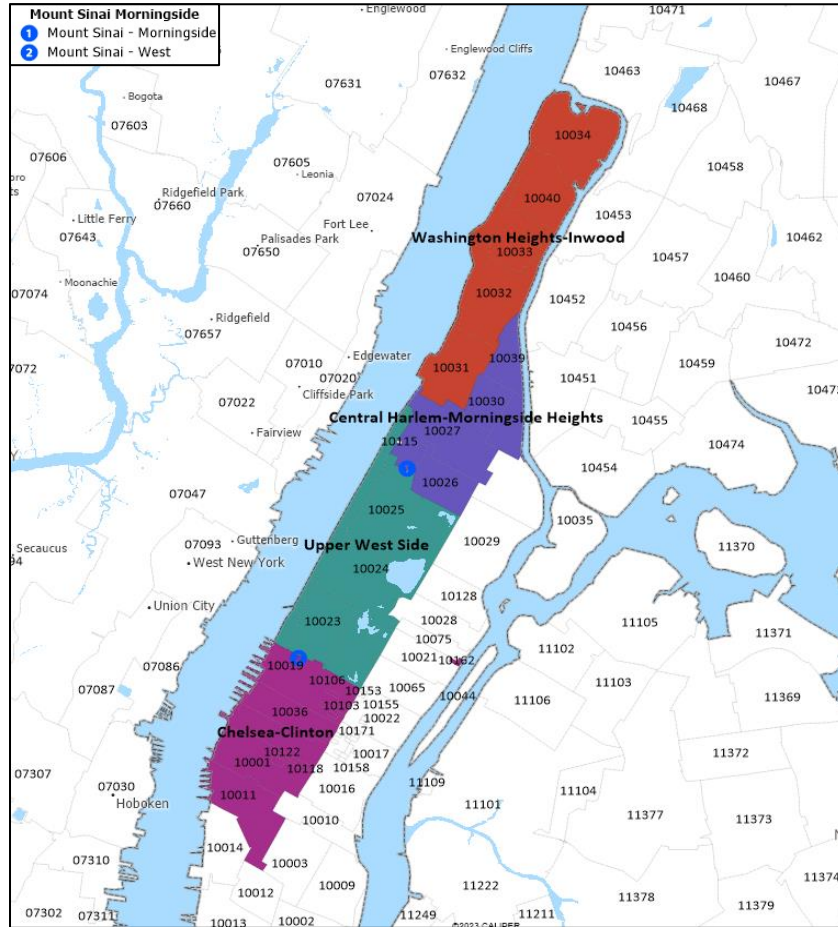
Exhibit 1B: Community Population by Neighborhood 2021, and ER Visits, 2022

Location	2021 Population	2022 ER Visits	Percent of Total ER Visits	Percent of NYC ER Visits
Central Harlem-Morningside Heights	183,460	19,907	17.5%	19.4%
Chelsea-Clinton	161,322	16,530	14.6%	16.1%
Upper West Side	232,499	25,776	22.7%	25.1%
Washington Heights-Inwood	272,205	10,959	9.7%	10.7%
Total MSM & MSW Community	849,486	73,172	64.5%	71.1%
Other New York City ER Visits		29,684	26.2%	28.9%
Other non-New York City ER Visits		10,576	9.3%	
Total Discharges		113,432	100.0%	

Source: U.S. Census ACS 2021 5-year estimates and the Mount Sinai Health System.

Exhibit 2 presents a map displaying the four neighborhoods that comprise the MSM & MSW community.

Exhibit 2: MSM & MSW Community



Sources: Caliper Maptitude (2023) and the Mount Sinai Health System.

SECONDARY DATA ASSESSMENT

This section presents secondary data regarding demographics, economic indicators, and health needs in the MSM & MSW community.

Demographics

Population characteristics and changes influence health issues in and services needed by communities. A total of 849,486 people were estimated to reside in the four neighborhoods that comprise the MSM & MSW community in 2021.

Exhibit 3 illustrates the total number of residents living in the community by neighborhood, and their distribution by sex and age in 2021.

Exhibit 3: Community Population by Age and Sex, 2021

Location	Ages 0-17	Ages 18-44	Ages 45-64	Ages 65+	Total Population
Central Harlem-Morningside Heights	19.5%	45.5%	23.4%	11.7%	183,460
Male	21.6%	45.4%	24.0%	9.0%	84,872
Female	17.6%	45.6%	22.8%	14.0%	98,588
Chelsea-Clinton	8.3%	49.6%	26.0%	16.1%	161,322
Male	8.0%	48.6%	28.4%	15.0%	83,922
Female	8.7%	50.6%	23.4%	17.3%	77,400
Upper West Side	16.0%	38.7%	24.9%	20.4%	232,499
Male	17.2%	38.0%	25.9%	18.8%	105,234
Female	15.0%	39.3%	24.0%	21.7%	127,265
Washington Heights-Inwood	16.2%	45.3%	24.3%	14.2%	272,205
Male	16.7%	48.0%	23.9%	11.4%	133,201
Female	15.7%	42.8%	24.6%	16.9%	139,004
Total MSM & MSW Community	15.4%	44.4%	24.6%	15.7%	849,486
Male	16.1%	45.0%	25.4%	13.6%	407,229
Female	14.7%	43.8%	23.8%	17.7%	442,257

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

In 2021, all neighborhoods except for Chelsea-Clinton had a higher proportion of women in the community. Chelsea-Clinton also had a lower proportion of residents aged 0 to 17 years and a higher proportion of those aged 18 to 44 than any neighborhood in the community.

Exhibit 4 illustrates the total number of residents living in the community by neighborhood and their distributions by age in 2021.

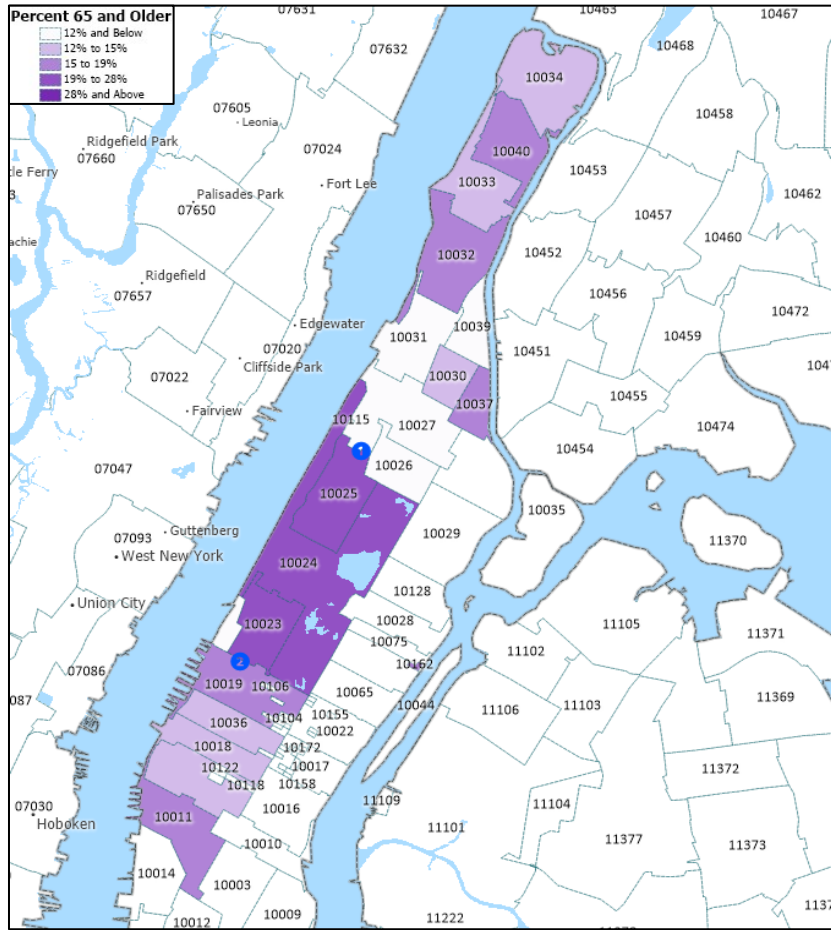
Exhibit 4: Population by Age, 2021

Location	Ages 0-17	Ages 18-44	Ages 45-64	Ages 65+	Total Population
Central Harlem-Morningside Heights	35,727	83,406	42,867	21,460	183,460
Chelsea-Clinton	13,436	80,015	41,909	25,962	161,322
Upper West Side	37,148	90,089	57,796	47,466	232,499
Washington Heights-Inwood	44,093	123,351	66,032	38,729	272,205
Total MSM & MSW Community	130,404	376,861	208,604	133,617	849,486

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

The age distribution of community members varies by neighborhood. For instance, residents Ages 0-17 total 44,093 in Washington Heights-Inwood and 13,436 in Chelsea-Clinton.

Exhibit 5: Residents Aged 65+, 2021



Sources: Caliper Maptitude (2023) and U.S. Census Bureau, ACS 5-year estimates, 2017-2021.
 Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

The proportion of the population 65 years of age and older varies by ZIP Code. Upper West Side ZIP Codes of 10023, 10024, and 10025 had comparatively high proportions of this population cohort, each over 20 percent.

Exhibit 6 indicates the distribution of the population by race in the MSM & MSW community.

Exhibit 6: Distribution of Population by Race, 2021

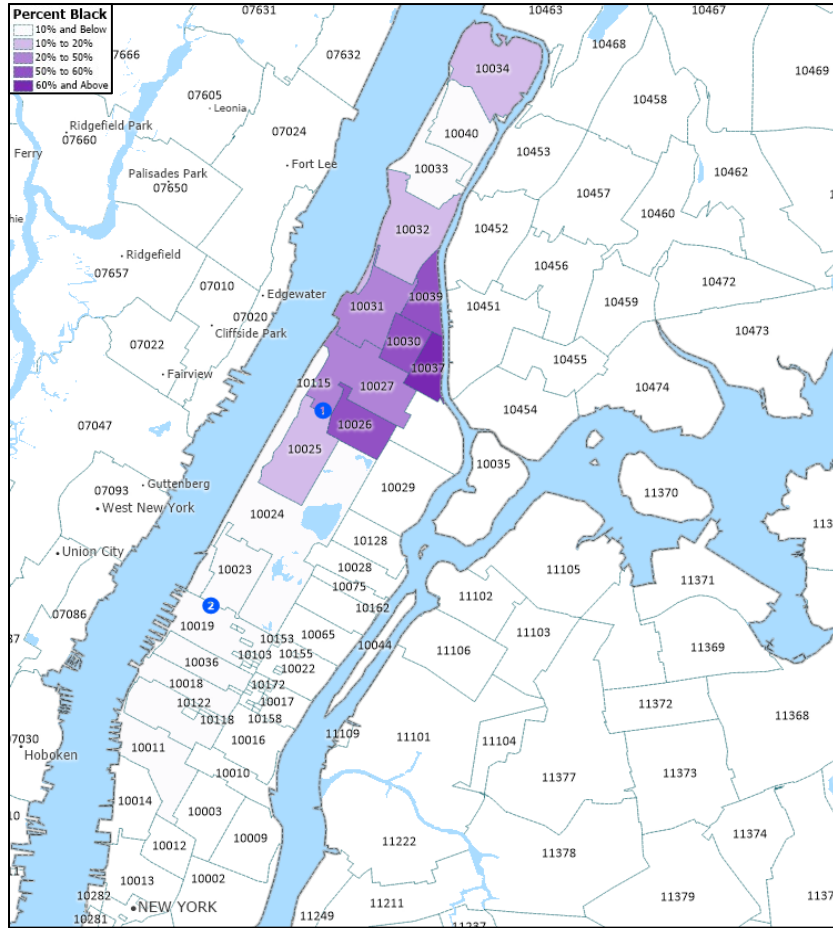
Location	Total Population 2021	White	Black	Asian	Other Race*	Two or More Races	Hispanic or Latino (Any Race)
Central Harlem-Morningside Heights	183,460	22.6%	50.0%	5.7%	13.7%	7.9%	25.3%
Chelsea-Clinton	161,322	66.4%	6.1%	15.6%	4.8%	7.2%	16.6%
Upper West Side	232,499	70.0%	7.0%	10.1%	6.3%	6.5%	15.1%
Washington Heights-Inwood	272,205	29.5%	15.4%	3.6%	37.8%	13.8%	63.9%
Total MSM & MSW Community	849,486	46.1%	18.8%	8.1%	17.7%	9.3%	33.2%

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021, and Verité analysis. * “Other Race” includes the following Census-designated race groups: American Indian / Alaska Native, Native Hawaiian / Pacific Islander, and Some Other Race

The MSM & MSW community is very diverse. In 2021, 46.1 percent of the population was White, 18.8 percent was Black, 8.1 percent was Asian, and 33.2 percent was Hispanic (or Latino). Identifying diversity within the community is important to assess health disparities and barriers to health care access experienced by different populations, including various racial and ethnic groups.

Black populations were most prevalent in Central Harlem-Morningside Heights. Chelsea-Clinton and the Upper West Side had a higher proportion of Asian residents. Washington Heights-Inwood had a larger concentration of Hispanic or Latino residents (**Exhibits 7, 8, and 9**).

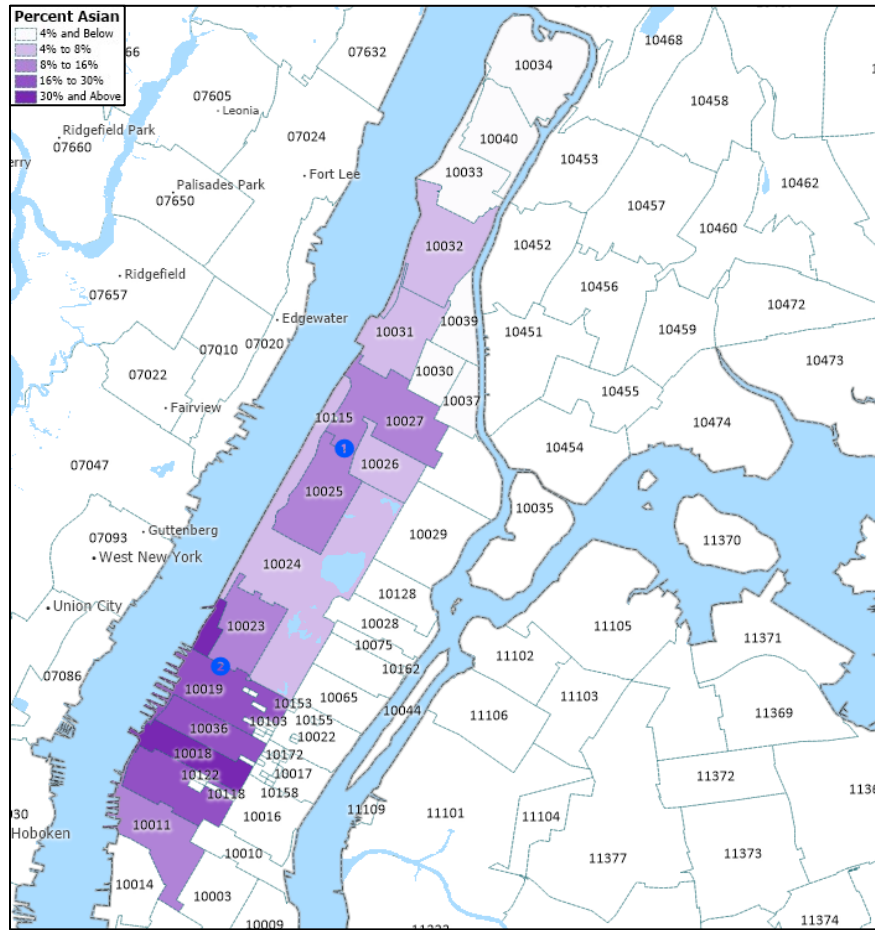
Exhibit 7: Percent of Population – Black, 2021



Sources: Caliper Maptitude (2023) and U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

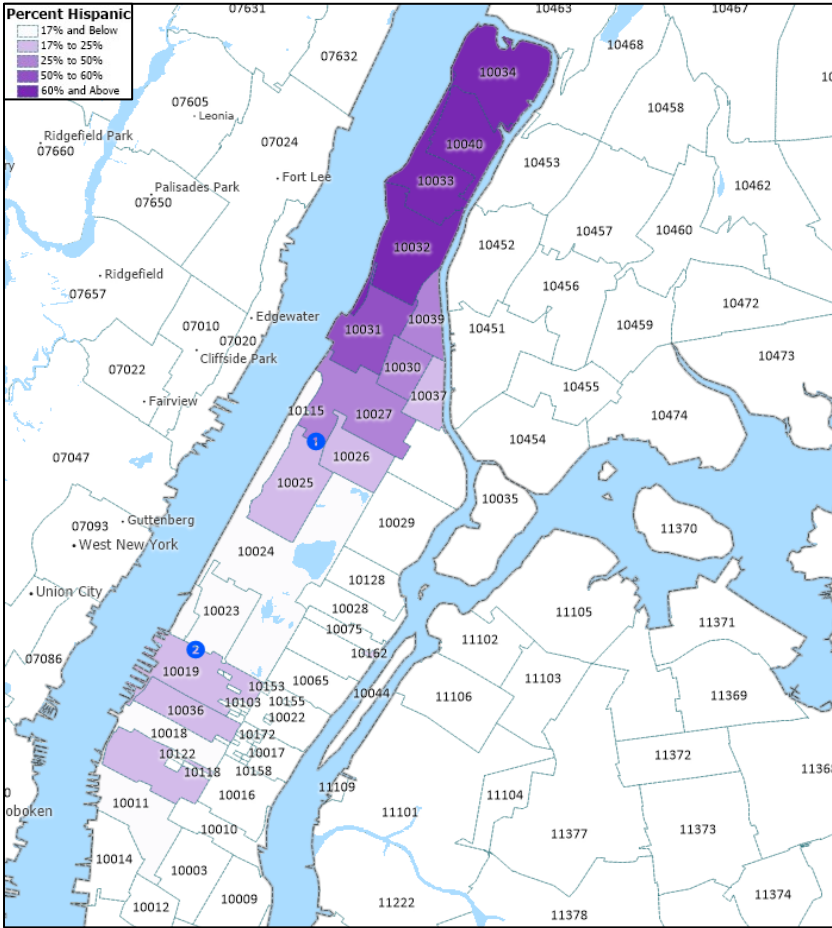
Exhibit 8: Percent of Population – Asian, 2021



Sources: Caliper Maptitude (2023) and U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

Exhibit 9: Percent of Population – Hispanic (or Latino), 2021



Sources: Caliper Maptitude (2023) and U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

Other community demographic indicators are presented in **Exhibit 10**.

Exhibit 10: Other Socioeconomic Indicators, 2017-2021

Location	Population 25+ without High School Diploma	Population with a Disability	Population Linguistically Isolated
Total MSM & MSW Community	13.0%	11.6%	16.0%
Central Harlem-Morningside Heights	15.0%	11.5%	10.9%
Chelsea-Clinton	5.1%	11.0%	8.1%
Upper West Side	5.3%	9.2%	7.9%
Washington Heights-Inwood	23.9%	14.0%	31.1%
New York	12.6%	11.6%	13.1%
United States	11.1%	12.6%	8.2%

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021, and Verité analysis.

Note: Light grey shading denotes worse than national average; dark grey denotes 50 percent worse than national average

Key findings include:

- Central Harlem-Morningside Heights and Washington Heights-Inwood compared unfavorably to New York State and the U.S. for the percentage of residents aged 25 and older who did not graduate high school. Washington Heights-Inwood was particularly unfavorable.
- Washington Heights-Inwood compared unfavorably to New York State for the percentage of residents with a disability.
- The percentage of residents who were linguistically isolated was higher than the state and U.S. average in the community overall. The rate in Washington Heights-Inwood was more than double the state average and almost four times the U.S. average. Linguistic isolation is defined as the population aged five and older who speak a language other than English and speak English less than “very well.”

Exhibit 11 presents the percentage of residents by borough and neighborhood who are foreign born, and their geographic region of origin.

Exhibit 11: World Region of Birth of Foreign-Born Residents as a Percent of Total Population, 2017-2021

Location	Total Population	Europe	Asia	Africa	Oceania	Latin America	Northern America	Total Foreign Born
Total MSM & MSW Community	849,486	4.5%	6.0%	1.8%	0.4%	17.1%	0.7%	30.5%
Central Harlem-Morningside Heights	183,460	2.3%	4.3%	4.8%	0.2%	11.9%	0.4%	23.8%
Chelsea-Clinton	161,322	7.2%	11.5%	1.0%	0.6%	7.0%	1.3%	28.7%
Upper West Side	232,499	6.7%	7.2%	1.0%	0.7%	6.3%	0.9%	22.9%
Washington Heights-Inwood	272,205	2.5%	2.7%	1.2%	0.1%	35.7%	0.3%	42.5%
New York	20,114,745	3.6%	6.6%	1.0%	0.1%	10.9%	0.3%	22.5%
United States	329,725,481	1.5%	4.2%	0.8%	0.1%	6.8%	0.3%	13.6%

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021, and Verité analysis.

In New York State in 2017-2021, 22.5 percent of the population was foreign born compared to 13.6 percent in the U.S. as a whole. These New York residents were primarily from Latin America and Asia. Washington Heights-Inwood had the highest percentage of foreign-born residents in the community, at 42.5 percent. This neighborhood had 35.7 percent of residents born in Latin America. The total MSM & MSW community had 30.5 percent of foreign-born residents, higher than the state and national rates.

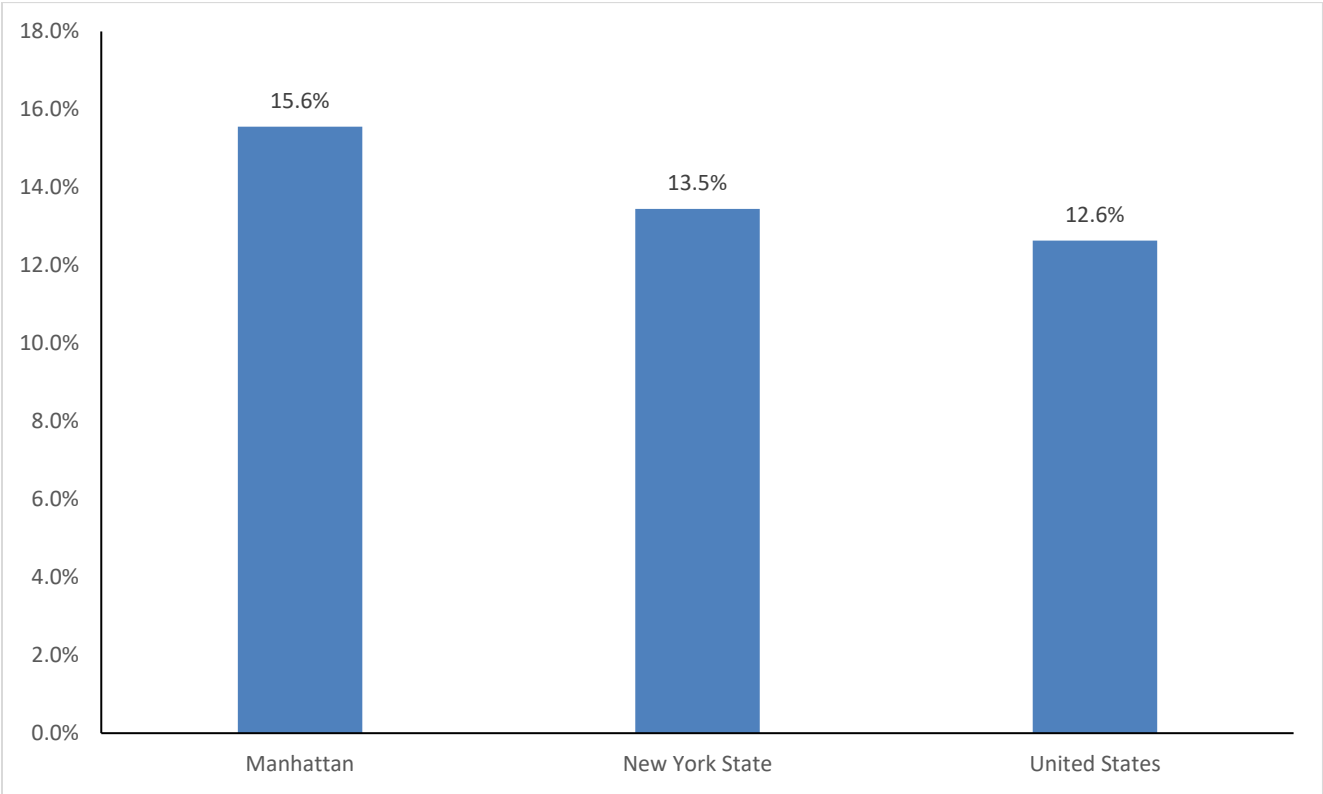
Economic Indicators

The following types of economic indicators with implications for health were assessed: (1) people in poverty; (2) household income; (3) unemployment rates; (4) insurance status; (5) crime; (6) housing and homelessness; and (7) State of New York and New York City budget trends.

People in Poverty

Many health needs are associated with poverty, making it important to understand poverty and other measures of economic well-being. According to the U.S. Census, in 2021 approximately 12.6 percent of people in the U.S., and 13.5 percent of people in New York State lived in poverty. Manhattan reported higher a poverty rate than the New York State and U.S. averages (**Exhibit 12**).

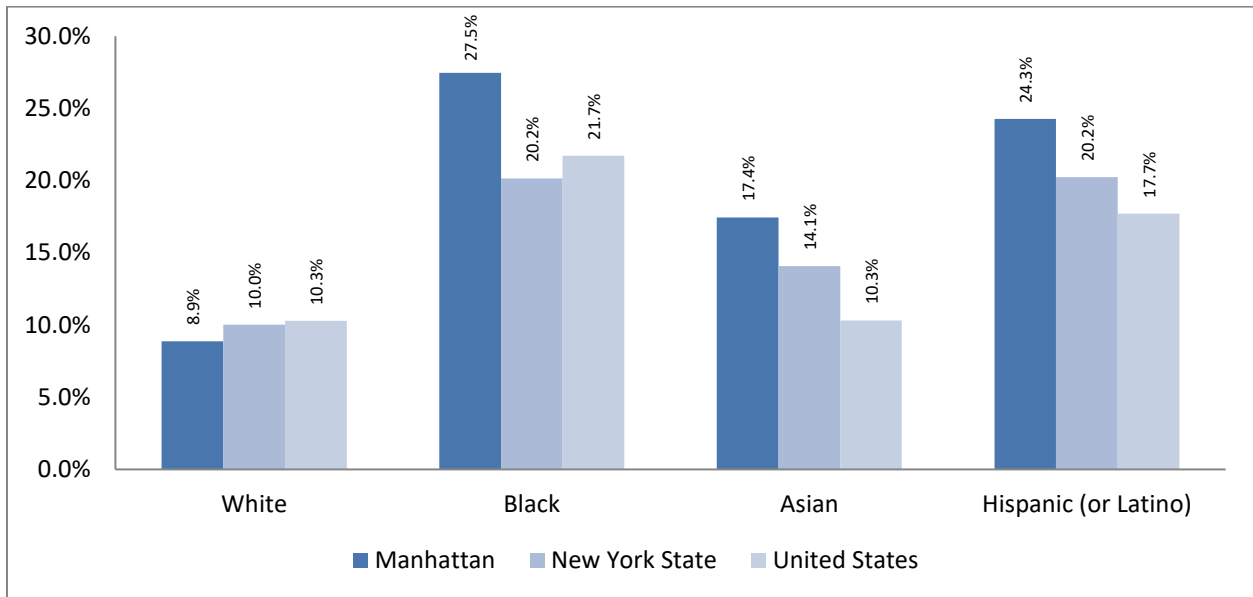
Exhibit 12: Percent of People in Poverty, 2017-2021



Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

Exhibit 13 presents poverty rates by race and ethnicity in each borough.

Exhibit 13: Percent of People in Poverty, by Borough and Race / Ethnicity, 2017-2021



Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

In Manhattan, Black, Asian, and Hispanic or Latino populations had higher poverty rates compared to state and national averages. Manhattan also showed high disparities between White and non-White poverty rates.

Household Income

Household income is assessed by many public and private agencies to determine household needs for low-income assistance programs. In 2021, MSM & MSW neighborhoods had a greater percentage of households with incomes below \$25,000, an approximation of the federal poverty level (FPL) for a family of four compared to both New York State and the U.S. (**Exhibit 14**).

Exhibit 14: Percent Low-Income Households by Neighborhood, 2017-2021

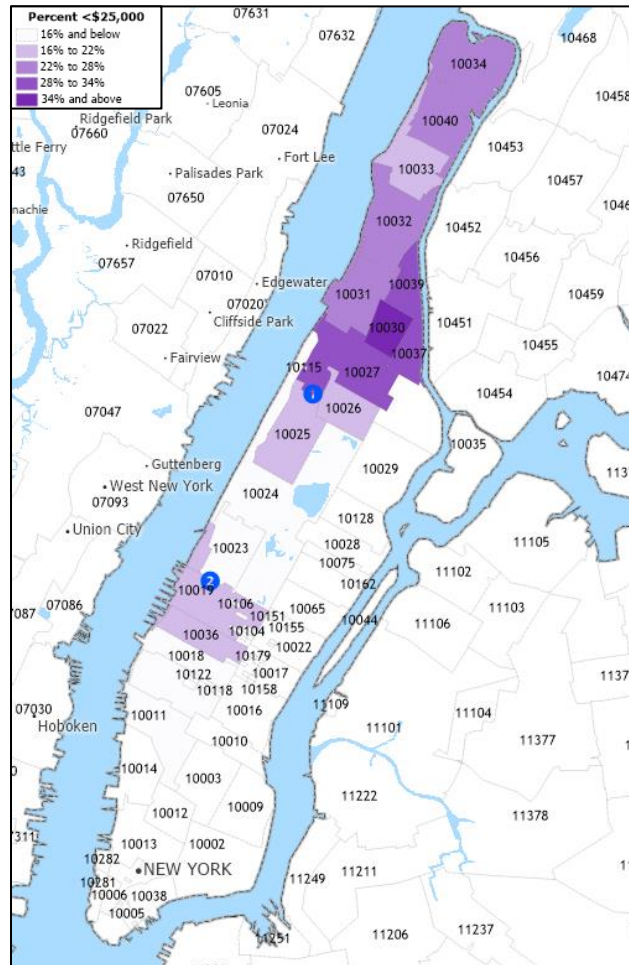
Location	Occupied Housing Units	Average Median Income	Percent less than \$25,000 per year	Percent less than \$50,000 per year
Total MSM & MSW Community	371,086	\$93,255	20.7%	34.9%
Central Harlem-Morningside Heights	73,255	\$54,386	29.0%	47.4%
Chelsea-Clinton	93,031	\$115,266	17.2%	29.1%
Upper West Side	109,024	\$129,457	14.8%	24.3%
Washington Heights-Inwood	95,776	\$60,394	24.6%	42.9%
New York	7,530,150	\$75,157	18.0%	35.1%
United States	124,010,992	\$69,021	17.2%	36.8%

Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021, and Verité analysis.

There was significant variation in low-income households among neighborhoods in the MSM & MSW community. The percentage of households with incomes below \$25,000 was 29.0 percent in Central Harlem-Morningside Heights, for instance, compared to 14.8 percent in the Upper West Side.

Exhibit 15 presents a map of the percentage of households in the community with incomes under \$25,000.

Exhibit 15: Percent Households Less Than \$25,000 Annual Income, by ZIP Code, 2021

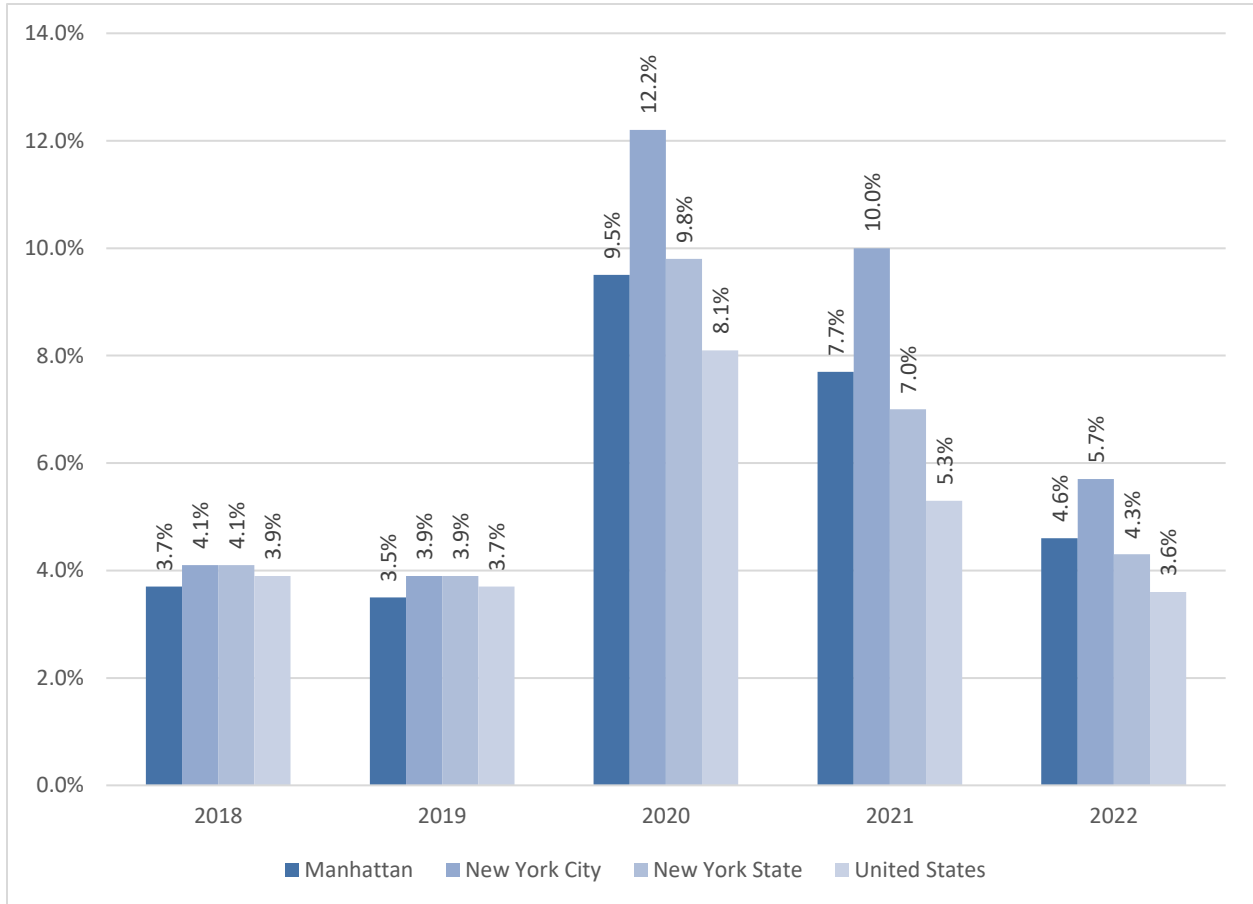


Sources: Caliper Maptitude (2023) and U.S. Census Bureau, ACS 5-year estimates, 2017-2021.
Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

Unemployment Rate

Exhibit 16 shows the unemployment rate for Manhattan, with New York City, New York State, and national averages for comparison.

Exhibit 16: Unemployment Rates, 2018-2022

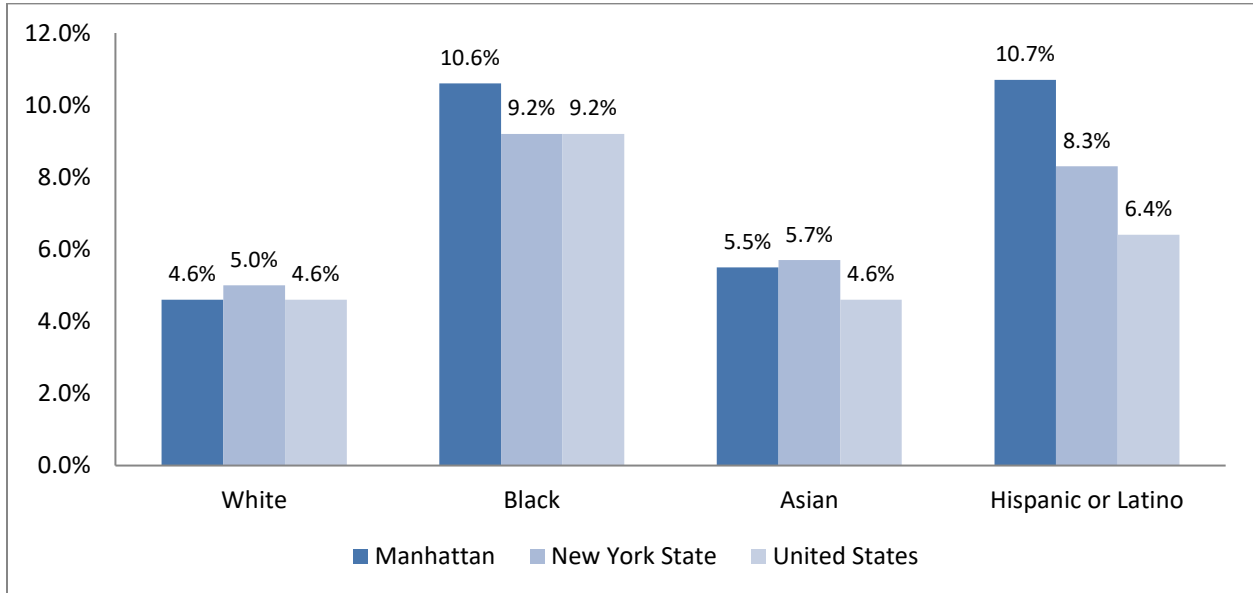


Source: U.S. Bureau of Labor Statistics, 2023.

Since 2018, Manhattan has experienced lower unemployment rates than New York City, New York State, and national averages. All areas show an increase in unemployment in 2020, reflecting the impact of the COVID-19 pandemic, with unemployment decreasing in subsequent years.

Exhibit 17 presents unemployment rates by race and ethnicity in Manhattan, with New York City, New York State, and national averages for comparison.

Exhibit 17: Unemployment Rates by Race and Ethnicity, 2017-2021



Source: U.S. Census Bureau, ACS 5-year estimates, 2017-2021.

Black and Hispanic or Latino populations reported higher unemployment rates than other cohorts over the period 2017-2021.

Insurance Status

Exhibit 18 displays the percent of the population in the MSM & MSW community that is uninsured, with New York State and United States averages for comparison.

Exhibit 18: Uninsured Population, 2017-2021

Location	Uninsured Population
Total MSM & MSW Community	5.5%
Central Harlem-Morningside Heights	6.1%
Chelsea-Clinton	3.0%
Upper West Side	3.2%
Washington Heights-Inwood	8.5%
Manhattan (entire borough)	4.7%
New York State	5.3%
United States	8.8%

Source: U.S. Census ACS 5-year estimates 2017-2021.

Central Harlem-Morningside Heights and Washington Heights-Inwood had a higher uninsured rate than overall Manhattan and New York State State's averages.

Exhibit 19 portrays the distribution of MSM & MSW community discharges by neighborhood and by payer. This information helps to identify where higher percentages of self-pay individuals and Medicaid recipients live within the community.

Exhibit 19: MSM & MSW Discharges by Neighborhood and Payer, 2022

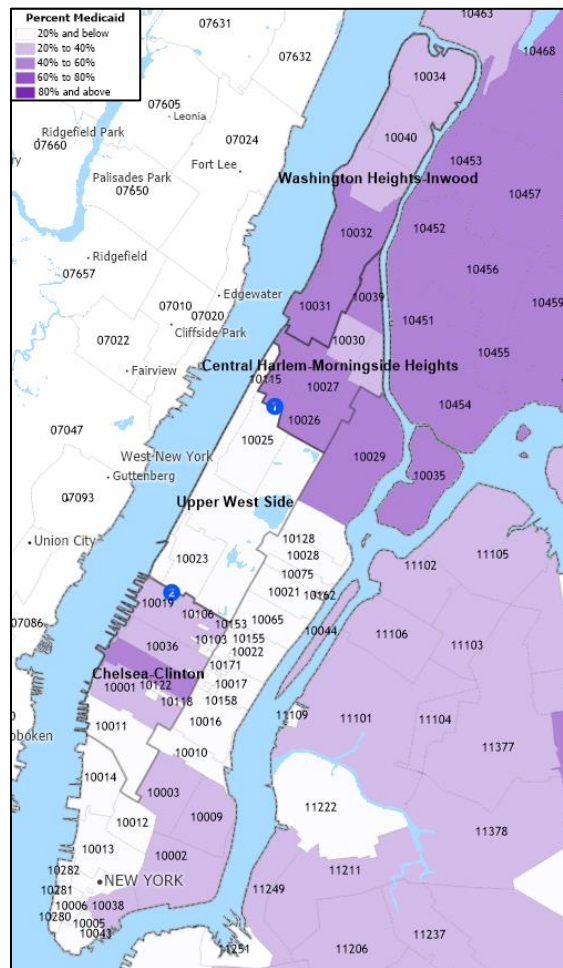
Location	Private Insurance	Medicaid	Medicare	Exchange	Self-Pay / Other
Central Harlem-Morningside Heights	16.3%	31.9%	49.8%	1.1%	1.0%
Chelsea-Clinton	21.0%	32.5%	42.4%	2.3%	1.9%
Upper West Side	18.0%	19.0%	61.0%	1.0%	1.0%
Washington Heights-Inwood	17.2%	33.8%	46.4%	1.1%	1.5%
Total MSM & MSW Community	18.1%	27.0%	52.4%	1.3%	1.3%

Source: Verité analysis dataset via the Mount Sinai Health System

Medicare and Medicaid represented the highest percentages of discharges across the community.

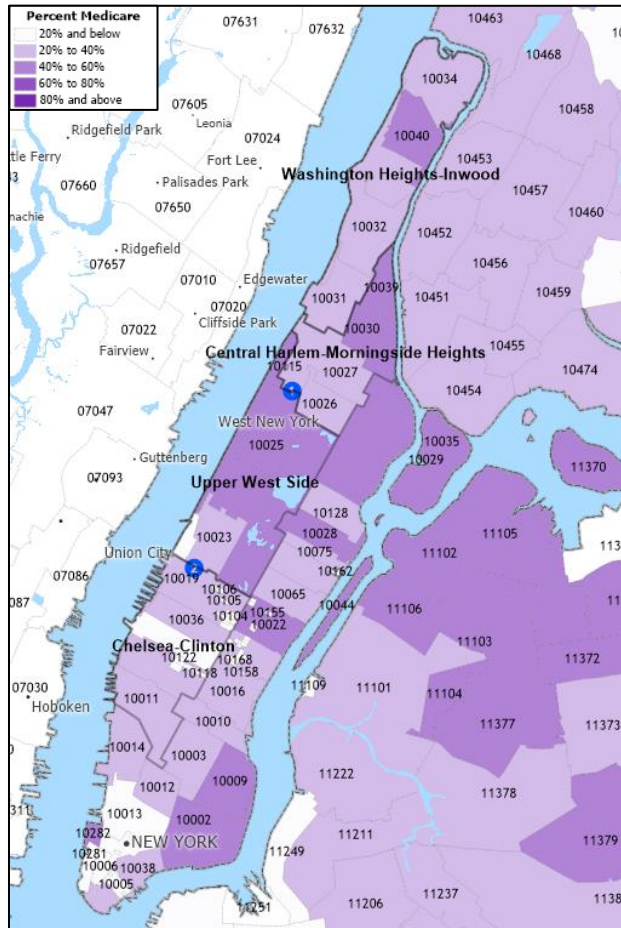
Exhibits 20, 21, and 22 present MSM & MSW community discharges at a ZIP Code level.

Exhibit 20A: Medicaid Discharges by ZIP Code, 2022



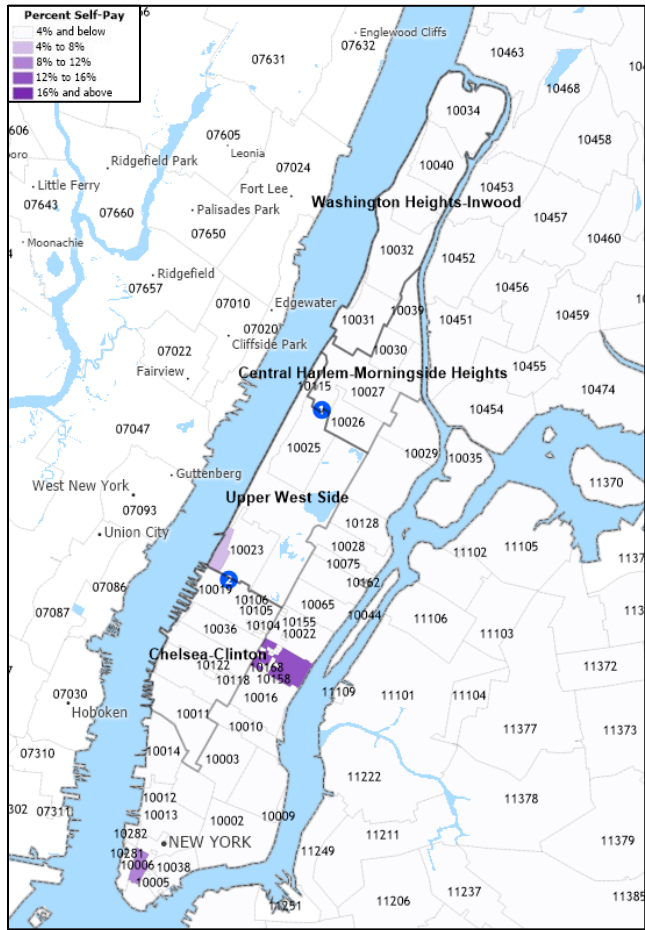
Source: Caliper Maptitude (2023) and Verité analysis of 2022 data from the Mount Sinai Health System.

Exhibit 20B: Medicare Discharges by ZIP Code, 2022



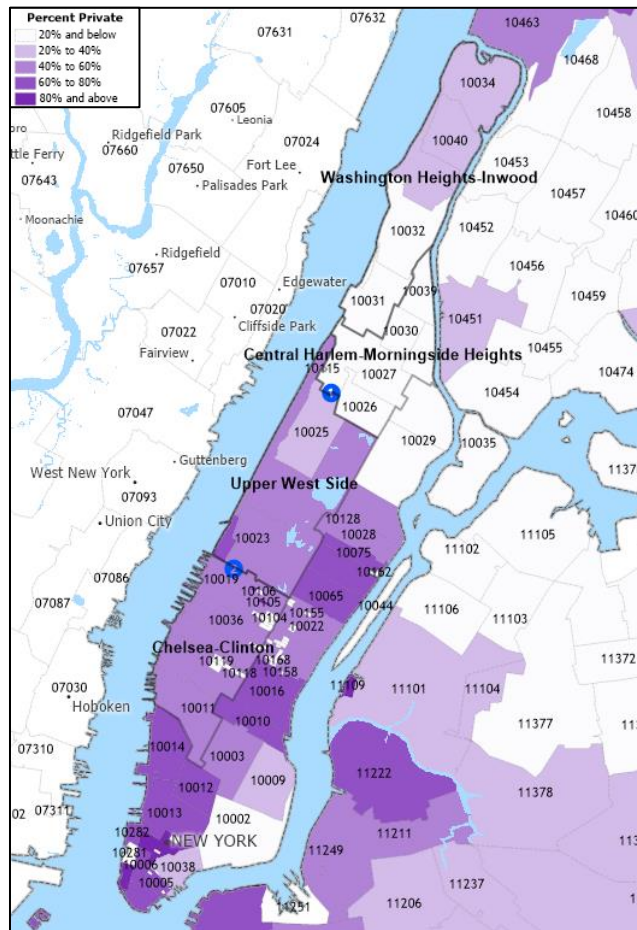
Source: Caliper Maptitude (2023) and Verité analysis of 2022 data from the Mount Sinai Health System.

Exhibit 21: Self-Pay Discharges by ZIP Code, 2022



Source: Caliper Maptitude (2023) and Verité analysis of 2022 data from the Mount Sinai Health System.

Exhibit 22: Private Discharges by ZIP Code, 2022



Source: Caliper Maptitude (2023) and Verité analysis of 2022 data from the Mount Sinai Health System.

Crime

A safe environment supports community health by helping to prevent injury and promote recreation and good mental health. The Federal Bureau of Investigation’s Uniform Crime Reporting Program provides data on violent and property crimes (**Exhibit 23**).

Exhibit 23: Crime Rates per 100,000 Population, 2020

Indicator	New York City	New York State	United States
Total Violent Crime	544.7	363.8	398.5
Homicide	5.3	4.2	6.5
Rape	25.6	28.3	38.4
Robbery	149.7	90.6	73.9
Aggravated Assault	364.1	240.7	279.7
Total Property Crime	1,469.3	1,410.7	1,958.2
Burglary	158.0	165.5	314.2
Larceny	1,206.2	1,143.6	1,398.0
MV Theft	105.2	101.7	246.0

Source: Federal Bureau of Investigation, Uniform Crime Reporting Program, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

New York City had comparatively high rates of violent crime in 2020, including homicide, robbery, and aggravated assault. The City also had high rates of property crimes when compared to New York State, but lower rates compared to the United States overall.

Exhibit 24 presents crime rates among the young adult population aged 16-21, by borough in the community.

Exhibit 24: Young Adult Crime Rates per 10,000 Population, 2020

Location	Young Adults - Driving While Intoxicated		Young Adult Arrests - Drug Use/Possession/Sale Arrests		Young Adult Arrests - Property Crimes Arrests		Young Adult Arrests - Violent Crimes Arrests	
	Number	Rate	Number	Rate	Number	Rate	Number	Rate
Manhattan	32.0	2.3	363.0	25.9	1,284.0	91.6	918.0	65.5
New York City	287.0	4.3	1,851.0	27.6	3,834.0	57.1	5,049.0	75.2
New York State	3,401.0	19.8	5,837.0	33.9	9,441.0	54.8	7,344.0	42.7

Source: NYS Division of Criminal Justice Services via Kids' Well-being Indicators Clearinghouse, 2023.
 Rates are per 10,000 young adults aged 16-21 years. Data were presented by county, see Introduction.
 Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Young adult rates of driving while intoxicated compared well to the state. Property crime rates were more than 50 percent higher than the state average in Manhattan and higher in New York City overall. Violent crime arrests were more than 50 percent higher than the state in Manhattan and New York City overall.

Housing and Homelessness

According to the U.S. Department of Housing and Urban Development (HUD), approximately 150,000 people in the Manhattan lived in HUD-subsidized housing in 2022. **Exhibit 25** provides average costs and wait times across all HUD programs.

Exhibit 25: HUD-Subsidized Housing Estimates, All Programs, 2022

Location	People in Subsidized Housing	Average Household Income	Expenditure per Month		Average Months on Waiting List
			Average Family Expenditure	Average HUD Expenditure	
Manhattan	146,308	\$22,353	\$531	\$1,437	21
New York City	649,704	\$21,092	\$508	\$1,282	30
New York State	985,056	\$19,983	\$481	\$1,154	30
United States	9,027,284	\$16,019	\$386	\$899	25

Source: U.S. Department of Housing and Urban Development, 2023.

Household and federal rent contributions per housing unit were higher in Manhattan than the state and U.S. averages. The average months on the waiting list for subsidized housing in Manhattan was lower than city, state, and national averages.

The New York City Housing Authority (NYCHA) is responsible for administering the City’s Public Housing program and certain Section 8 Programs.⁶ **Exhibit 26A** presents characteristics of NYCHA residents.

Exhibit 26A: Characteristics of Families and Individuals Served by NYCHA, 2022

Location	Percentage of NYCHA Population Under 18	Percentage of NYCHA Families with Head of Household 62+	Percentage of NYCHA Population 62+ and Living Alone	Percentage of NYCHA Families with One Parent and Minors Under 18	Percentage of NYCHA Families with One or More Employed
Manhattan	22.0%	46.9%	12.6%	18.3%	41.9%
New York City	25.2%	42.0%	11.5%	21.9%	43.5%

Source: New York City Housing Authority, Resident Data Book Summary, 2022.
 Note: Light grey shading denotes higher than New York City average.

Of the NYCHA population, Manhattan residents are more likely to have a head of household that is over the age of 62 than New York City as a whole. Manhattan also reports a high percentage of NYCHA residents who are 62 years and older and living alone.

Exhibit 26B presents additional characteristics of NYCHA residents.

Exhibit 26B: Characteristics of Families and Individuals Served by NYCHA, 2022

Borough	Average Family Size	All Average Total Gross Income	All Families Average Years in Public Housing
Manhattan	2.1	\$25,232	27.6
New York City	2.2	\$24,454	24.7

Source: New York City Housing Authority, Resident Data Book Summary, 2022.

The average NYCHA family size was 2.1 persons in Manhattan and average gross income is approximately \$25,000. Manhattan residents served by NYCHA report longer tenures in public housing at an average of 27.6 years compared to the New York City average of 24.7 years.

⁶ New York City Housing Authority (NYCHA). (2017, April). About NYCHA Fact Sheet. Retrieved 2017, from: <https://www1.nyc.gov/assets/nycha/downloads/pdf/factsheet.pdf>

The New York City Department of Homeless Services provides short-term, emergency shelter for individuals and families and engages in homelessness prevention initiatives. Each year, the Department conducts the Homeless Outreach Population Estimate (HOPE) survey, a point-in-time-estimate of unsheltered individuals. **Exhibit 27** provides the results of the 2023 estimate.

Exhibit 27: Unsheltered Individuals, 2021-2023

Borough	Unsheltered 2021	Unsheltered 2022	Unsheltered 2023	Percent Change 2021-2023	Percent Change 2022-2023
Surface Areas	1,096	1,297	1,919	75.1%	48.0%
Manhattan	700	571	1,188	69.7%	108.1%
Bronx	145	163	283	95.2%	73.6%
Brooklyn	117	228	187	59.8%	-18.0%
Queens	88	283	222	152.3%	-21.6%
Staten Island	46	52	39	-15.2%	-25.0%
Subways	1,280	2,142	2,123	65.9%	-0.9%
Total Unsheltered Individuals	2,376	3,439	4,042	70.1%	17.5%

Source: New York City Department of Homeless Services, 2023.

In 2023, an estimated 4,042 people in New York City were unsheltered, a 70.1 percent increase from 2021 and a 17.5 percent increase from 2022. The number of unsheltered individuals increased in each borough, except Staten Island, from 2021 to 2023. From 2021 to 2022 there was an increase of 65.9 percent of unsheltered individuals in the subways, followed by a less than one percent decrease of unsheltered individuals in the subways from 2022 to 2023.

New York City's overall rate of homelessness (39.2 per 100,000) is lower than that of many other large cities (**Exhibit 28**).

Exhibit 28: Homelessness Rate, Selected Cities, 2022

City or Metropolitan Area	Total Population, 2022	Unsheltered Homeless, 2022	Rate per 100,000
San Francisco	808,437	4,397	543.9
Los Angeles City & County	10,014,042	45,878	458.1
Seattle/King County	2,266,789	7,685	339.0
District of Columbia	689,546	690	100.1
Philadelphia	1,603,799	788	49.1
Chicago	2,746,352	1,263	46.0
New York City	8,804,194	3,455	39.2
Miami/Dade County	2,673,837	970	36.3
Boston	675,632	119	17.6

Source: Verité analysis of data from the U.S. Department of Housing and Urban Development, 2023 and the U.S. Census, 2023

State of New York and New York City Budget Trends

Examining recent trends in public budgets for health care, public health, and social services can illuminate the availability of public services that support the health of the community.

New York State Budget Changes between FY 2023 and FY 2024⁷

The State of New York provides “download disbursement information for the budget year and prior years going back to FY 1995 for all governmental funds.”⁸ The estimated FY 2023-2024 expenditures budget includes both funding increases and decreases from FY 2023-2024 for health-related services. Changes include:

- **Health**
 - The overall estimated expenditures for health increased \$7.8 billion, or 8.6 percent;
 - The Office for the Aging budget increased \$9.5 million, or 3.2 percent;
 - The Department of Health budget increased \$7.8 billion, or 8.6 percent; and
 - The Office of the Medicaid Inspector General increased \$1.9 million, or 4.0 percent.
- **Social Welfare**
 - The overall Social Welfare budget decreased \$0.4 billion, or -3.0 percent;
 - The Office of Children and Family Services budget decreased \$643.4 million, or -14.6 percent;
 - The Division of Housing and Community Renewal budget increased \$421.2 million, or 33.0 percent;
 - The Division of Human Rights budget increased \$10.0 million, or 65.0 percent;
 - The Department of Labor budget decreased \$55.6 million, or -7.5 percent;
 - The National and Community Service budget increased \$7.0 million, or 62.5 percent;
 - The Nonprofit Infrastructure Capital Investment Program budget increased \$26.0 million, or 391.3 percent;
 - The Office of Temporary and Disability Assistance budget decreased \$175.4 million, or -2.4 percent.
- **Mental Hygiene**
 - The overall Mental Hygiene budget increased \$3.0 billion, or 33.8 percent;
 - The Office of Addiction Services and Supports budget increased \$314.7 million, or 39.6 percent;
 - The Justice Center for the Protection of People with Special Needs budget increased \$0.5 million, or 1.0 percent;
 - The Office of Mental Health budget increased \$854.3 million, or 21.8 percent;
 - The Office for People with Developmental Disabilities increased \$1.9 billion, or 44.1 percent.

⁷ New York State Department of the Budget. (2023). *New York State Budget*. Retrieved 2023, from: <https://openbudget.ny.gov/spendingForm.html>

⁸ <https://openbudget.ny.gov/spendingForm.html>

New York City Budget Changes between FY 2023 and FY 2024

The New York City Council budget for FY 2024 “demonstrates the Council's commitment to protecting the essential services that underpin the health, safety, and success of New Yorkers.” While “New York City faces a number of fiscal challenges ... the response does not merit sweeping cuts, but thoughtful decisions and investments.”⁹

Included in the budget are Council initiatives for programs and services which are intended to meet community needs and fill gaps in services provided through the New York City government. Such programs and services are provided by community-based organizations, non-profit entities, and public service agencies, which are allocated discretionary funds from the Council.

The Council funded multiple organizations for numerous programs across various budget categories. FY 2024 budget categories that related to health are as follows:

- Anti-Poverty
- Community Development
- Community Safety and Victim Services
- Criminal Justice Services
- Domestic Violence Services
- Education
- Food Initiatives
- Health Services
- Homeless Services
- Housing
- Immigrant Services
- Mental Health Services
- Older Adult Services (formerly Senior Services)
- Veteran Services
- Youth Services
- Young Women’s Initiative

A summary of programs by budget category, including a comparison to the FY 2023 budget, is below.

- **Anti-Poverty** – Purposes of funds distributed through the initiative include numerous grants for food assistance, housing preservation, nutrition education, workforce development, and social service resources. For FY 2024, \$2,800,000 is budgeted for the initiative, which is unchanged from FY 2023.

⁹ New York City Council Finance Division (2023), *Fiscal Year 2024 Adopted Expense Budget, Adjustment Summary* [Schedule C].

- **Community Development** – Initiatives are as follows:
 - AAPI Community Support, “programming for Asian American and Pacific Islander communities including direct services, mental health support, youth programs, racial literacy, and other culturally competent services,” administered by Department of Youth and Community Development (DYCD), is budgeted for FY 2024 at \$5,060,000, an increase of \$60,000 from FY 2023;
 - The Adult Literacy Initiative, support for “basic literacy, English for Speakers of Other Languages and High School Equivalency classes, as well as civics education classes, for adults who cannot read, write or speak English,” administered by DYCD, is budgeted for FY 2024 at \$4,000,000, which is unchanged from FY 2023;
 - The Adult Literacy Pilot Project, “support services to students and fund digital literacy, professional development, and contextualized curriculum and instruction,” administered by DYCD, is budgeted for FY 2024 at \$2,500,000, which is unchanged from FY 2023;
 - The Communities of Color Nonprofit Stabilization Fund, “capacity building, strengthening and rescuing of nonprofit human service providers that serve communities of color,” administered by DYCD, is budgeted for FY 2024 at \$3,700,000, which is unchanged from FY 2023;
 - The Digital Inclusion and Literacy Initiative, “computer-based training and learning, technical skill development, improve internet access, and offer free public streaming services,” is budgeted for FY 2024 at \$4,590,000, which is unchanged from FY 2023;
 - The Diversity, Inclusion and Equity in Tech Initiative, “career readiness training for residents of the New York City Housing Authority (NYCHA) pursuing careers in the technology industry,” administered by DYCD, is budgeted for FY 2024 at \$700,000, which is unchanged from FY 2023;
 - LGBTQIA+ Community Services, “programs that increase coordinated delivery of health and human services for LGBT people and families,” administered by DYCD, is budgeted for FY 2024 at \$4,405,625, a decrease of \$819,375 from FY 2023; and
 - Trans Equity Programs, “services to help empower the transgender and gender non-conforming (TGNC) community, administered by the Department of Health and Mental Hygiene (DOHMH), is budgeted for FY 2024 at \$3,225,000, a decrease of \$50,000 from FY 2023.

- **Community Safety and Victim Services**
 - Community Safety and Victim Services Initiatives are supports for “essential services that strengthen communities and make them safer. Initiatives include “services for victims of crime, as well as programs for youth, economic opportunity, housing stability, physical and mental health, community and recreational programs, and expanded access to services. Initiatives, administered by multiple agencies, are budgeted at \$5,100,000, which is unchanged from FY 2023.

- **Criminal Justice Services** – Initiatives are as follows:
 - Alternatives to Incarceration (ATI), “alternative-to-incarceration (ATI) programs that provide individuals involved in the criminal justice system with intermediate sanctions,” administered by the Mayor’s Office of Criminal Justice (MOCJ), is budgeted for FY 2024 at \$14,487,000, which is unchanged from FY 2023;
 - Discharge Planning, post-incarceration programming “to support reentry into communities,” administered by DYCD, is budgeted for FY 2024 at \$350,000, an increase of \$100,000 from FY 2023;
 - Diversion Programs, various diversion programs across the City, administered by MOCJ, are budgeted for FY 2024 at \$ 2,525,000, which is unchanged from FY 2023;
 - The Initiative to Combat Sexual Assault, support to “community-based organizations that provide physical and sexual assault related services,” administered by ACS and DYCD, is budgeted for FY 2024 at \$4,160,000, which is decrease of \$50,000 from FY 2023;
 - Innovative Criminal Justice Programs, support to “criminal justice programs and reform efforts,” administered through multiple City agencies, is budgeted for FY 2024 at \$2,637,948, which is unchanged from FY 2023;
 - Support for Victims of Human Trafficking, “counseling and assistance with mental health, education, immigration, housing and employment services,” administered by MOCJ, is budgeted for FY 2024 at \$1,022,065, which is a decrease of \$177,935 from FY 2023; and
 - Supports for Persons Involved in the Sex Trade, support to “organizations that offer services including health care, legal assistance, housing, emergency shelter, and case management to persons involved in the sex trade,” administered through multiple City agencies, are budgeted for FY 2024 at \$3,476,697, a decrease of \$958,000 from FY 2023.

- **Domestic Violence Services** – Initiatives are as follows:
 - The Domestic Violence and Empowerment (DoVE) Initiative “supports a range of services that include case management, crisis intervention, referrals, counseling, empowerment workshops, legal advocacy and referrals,” administered by multiple agencies, is budgeted for FY 2024 at \$12,010,000, an increase of \$510,000 from FY 2023; and
 - The Supportive Alternatives to Violent Encounters (SAVE), support for domestic violence programs, administered by multiple City agencies, is budgeted for FY 2024 at \$2,450,000, which is unchanged from FY 2023.

- **Education** – Initiatives are as follows:
 - City’s First Readers, support for “organizations that foster literacy development through direct programming, book distribution, parent engagement and in-home training,” administered by multiple agencies, is budgeted for FY 2024 at \$5,449,667, which is unchanged from FY 2023;
 - College and Career Readiness, support for “programs that ensure students are college and career ready,” administered by DOE, is budgeted for FY 2024 at \$1,740,000, which is unchanged from FY 2023;

- Community Schools initiatives, “funding supports community schools,” administered by DOE, is budgeted for FY 2024 at \$3,750,000, which is unchanged from FY 2023;
- Education Equity Action Plan, supports for “the creation of a K-12 Black Studies curriculum as well as support professional development of educators to support the effective implementation of the curriculum,” administered by DOE, is budgeted for FY 2024 at \$5,000,000, a decrease of \$5,000,000 from FY 2023;
- Education Equity Action Plan, supports for “the creation of a K-12 Black Studies curriculum as well as support professional development of educators to support the effective implementation of the curriculum,” administered by DOE, is budgeted for FY 2024 at \$5,000,000, a decrease of \$5,000,000 from FY 2023;
- Educational Programs for Students, support for “direct educational programs for students in areas such as literacy, math, science and technology,” administered by DOE and DYCD, is budgeted for FY 2024 at \$7,143,133, which is unchanged from FY 2023;
- The Jill Chaifetz Helpline, support for a helpline that “provides information about the policies, programs and practices of the Department of Education and its schools,” administered by DYCD, is budgeted for FY 2024 at \$500,000, which is unchanged from FY 2023;
- The LGBTQ Inclusive Curriculum, the “DOE’s effort to support the needs of LGBTQIA+ youth and address the intersectionality of race, sexual orientation and gender identity through DOE’s general curriculum,” administered by DOE and DYCD, is budgeted for FY 2024 at \$2,800,000, which is unchanged from FY 2023;
- Physical Education and Fitness, support “to improve fitness levels and the overall health of students by providing physical activity and fitness programs,” administered by DOE and DYCD, is budgeted for FY 2024 at \$925,000, a decrease of \$250,000 from FY 2023;
- Social and Emotional Supports for Students, “a range of social-emotional supports to students experiencing severe adversity and trauma,” administered by DOE, is budgeted for FY 2024 at \$ 2,016,500, an increase of \$100,00 from FY 2023;
- Substance Abuse Prevention and Intervention Specialists, support for “a range of prevention and intervention services in grades K-12,” is budgeted for FY 2024 for \$0, a decrease of \$2,000,000 from 2023;
- Support for Arts Instruction, “funding to support K-12 arts instruction, administered by DOE, is budgeted for FY 2024 at \$4,000,000, an increase of \$1,000,000 from FY 2023; and
- Support for Educators, funding support for “professional development, training, and mentorship for educators and school leaders,” administered by DOE, is budgeted for FY 2021 at \$4,400,000, which is unchanged from FY 2023.

- **Food Initiatives** – Initiatives are as follows:
 - Access to Healthy Food and Nutritional Education, support for “programs that expand access to healthy food and improve understanding of nutrition and wholesome food choices,” administered by the City University of New York (CUNY) and DYCD, is budgeted for FY 2024 at \$2,133,750, which is unchanged from FY 2023;
 - Food Access and Benefits, support for “technical assistance” “and SNAP eligibility screening, application, and recertification assistance,” administered by DSS and the Human Resources Administration (HRA), is budgeted for FY 2024 at \$1,500,000, which is unchanged from FY 2023; and
 - Food Pantries, support for “food and hygiene product purchases and operational expenses for food pantries and soup kitchens,” administered by DYCD, is budgeted for FY 2024 at \$7,260,000, which is a decrease of \$370,203 from FY 2023.

- **Health Services** – Initiatives are as follows:
 - Abortion Access Fund support for “referral-based services that provides travel, food, lodging, childcare and other logistical support for individuals seeking abortions,” administered by DOHMH, is budgeted for FY 2024 at \$850,000 and appears to be a new initiative;
 - Access Health, support to “culturally and linguistically competent community-based organizations to conduct outreach and education efforts,” administered by the DOHMH, is budgeted for FY 2024 at \$3,620,210, a decrease of \$78,969 from FY 2023;
 - Cancer Services, support for “various educational and supportive services for breast, colon, and ovarian cancer,” administered by DOHMH, is budgeted for FY 2024 at \$743,908, which is unchanged from FY 2023;
 - Child Health and Wellness, support for “child health and wellness through various programs and services,” administered by DOHMH, is budgeted for FY 2024 at \$664,719, which is unchanged from FY 2023;
 - Ending the Epidemic, “prevention, education, outreach, and support services ... to decrease new HIV infections is budgeted for FY 2024 at \$9,373,342, a decrease of \$179,688 from FY 2023;
 - HIV/AIDS Faith Based, support for “HIV/AIDS prevention, education, outreach, advocacy, and support services in local religious institutions and community-based organizations,” administered by DOHMH, is budgeted for FY 2024 at \$1,966,311, a decrease of \$111,009 from FY 2023;
 - Maternal and Child Health Services, support for a “range of maternal and child health services and coordination efforts that aid expectant mothers and women of childbearing age,” administered by DOHMH, is budgeted for FY 2024 at \$3,728,525, which is unchanged from FY 2023;
 - Managed Care Consumer Assistance Program, support to “culturally and linguistically competent community-based organizations to conduct outreach, support and education efforts regarding healthcare access and coverage,” including Medicare, Medicaid, and other public programs, administered by

DOHMH, is budgeted for FY 2024 at \$953,787, which is a decrease of \$60,327 from FY 2023;

- Reproductive & Sexual Health Services, support for “a range of reproductive and sexual health services,” administered by DOHMH, is budgeted for FY 2024 at \$554,423, which is unchanged from FY 2023; and
 - Viral Hepatitis Prevention, support for a “a range of programs and services intended to combat the spread of Hepatitis B/C and HIV as passed through intravenous drug use,” administered by DOHMH, is budgeted for FY 2024 at \$2,247,454, a decrease of \$118,653 from FY 2023.
- **Homeless Services** – Initiatives are as follows:
 - Children and Families in NYC Homeless System, “comprehensive case management services incorporating trauma-informed care, evidence-based interventions, and aftercare programs to children and families in homeless shelters,” administered by the Department of Homeless Services (DHS), is budgeted for FY 2024 at \$1,350,000, which is unchanged from FY 2023; and
 - Citywide Homeless Prevention Fund, support for “homelessness prevention programs that provide emergency grants to families in crisis at risk of eviction in order to keep them in their homes and avoid the shelter system,” administered by HRA, is budgeted for FY 2024 at \$820,000, which is unchanged from FY 2023.
 - **Housing** –Initiatives are as follows:
 - Community Housing Preservation Strategies, support for “that work on a neighborhood level to combat the loss of affordable housing,” administered by the Department of Housing Preservation and Development (HPD), is budgeted for FY 2024 at \$3,651,000, which is unchanged from FY 2023;
 - Community Land Trust, support for “organizations that work on a neighborhood level to develop and expand the community land trust (CLT) model citywide,” administered by HPD, is budgeted for FY 2024 at \$1,500,000, which is unchanged from FY 2023;
 - Financial Empowerment for NYC Renters, supports “a financial empowerment program for New Yorkers looking to rent and apply for affordable housing,” administered by HPD and the Department of Consumer and Worker Protection (DCWP), is budgeted for FY 2024 at \$450,000, which is unchanged from FY 2023;
 - Foreclosure Prevention Programs, support for “foreclosure prevention programs, including the purchase of distressed mortgage notes, foreclosure prevention counseling and referral services, legal assistance, loan remediation assistance, mortgage modifications, outreach and education, training, research and advocacy around sub-prime lending and mortgage foreclosures,” administered by HPD, are budgeted for FY 2024 at \$4,150,000, a decrease of \$100,000 from FY 2023;
 - Home Loan Program, funding for “direct, low-interest home improvement loans to owners of one-to four-family homes in the five boroughs,” administered by HPD, is budgeted for FY 2024 at \$1,800,000, a decrease of \$200,000 from FY 2023;

- Housing Court Answers, support for “anti-eviction education and referral services at the City’s housing courts,” administered by DSS/HRA is budgeted for FY 2024 at \$650,000, which is unchanged from FY 2023;
 - Housing Information Project (SHIP), support for “the maintenance, management and expansion of a comprehensive database of New York City’s privately owned subsidized housing, dissemination of the information to the public, and maintenance of the technical platform,” administered by HPD, is budgeted for FY 2024 at \$300,000, which is unchanged from FY 2023; and
 - Stabilizing NYC, support to “combat the loss of affordable housing at the hands of predatory equity companies, and to defend low-income tenants in predatory equity building from harassment and eviction,” administered by HPD, is budgeted for FY 2024 at \$3,700,000, a decrease of \$50,000 from FY 2023.
- **Immigrant Services** – Initiatives are as follows:
 - The CUNY Citizenship NOW! Program, support for “free immigration law services to assist immigrants on their path to U.S. citizenship,” administered by CUNY and DYCD, is budgeted for FY 2024 at \$3,350,000, an increase of \$100,000 from FY 2023;
 - Immigrant Health Initiative, support for “programs that decrease health disparities among foreign-born New Yorkers by improving access to health care, addressing cultural and language barriers, and targeting resources and interventions,” administered by DOHMH and H+H, is budgeted for FY 2024 at \$2,430,341, which is unchanged from FY 2023;
 - Immigrant Opportunities Initiative, support for “legal services for recent immigrants to assist with applications for citizenship or permanent residency,” administered by DSS/HRA and CUNY, is budgeted for FY 2024 at \$2,600,000, which is unchanged from FY 2023;
 - Key to the City, support for “consulate identification services to overcome barriers to schools, financial institutions, higher education, and public safety; financial empowerment and access to sound financial services and college readiness workshops, immigration legal screenings, and other programs,” administered by DYCD and budgeted for FY 2024 at \$700,000, which is unchanged from FY 2023;
 - New York Immigrant Family Unity Project, support for “legal representation for New York immigrants detained and facing deportation who cannot afford an attorney,” administered by DSS/HRA, is budgeted for FY 2024 at \$16,600,000, which is unchanged from FY 2023;
 - Unaccompanied Minors and Families, support for “legal counsel for children in removal proceedings, and social services to children appearing on the Juvenile and Surge Dockets in New York Immigration court,” administered by HRA, is budgeted for FY 2024 at \$3,981,800, which is unchanged from FY 2023; and
 - Welcome NYC, support for “asylum seekers with workforce development programs, support literacy services, mentoring program, college awareness, youth leadership, social and educational programs, food services and other programs,” administered by DYCD, is budgeted for FY 2024 at \$1,175,000 and appears to be a new initiative.

- **Mental Health Services** – Initiatives are as follows:
 - Autism Awareness, support for “wraparound services for autistic children in after-school and summer programs and during school closings,” administered by DOHMH and DCLA, is budgeted for FY 2024 at \$3,261,846, a decrease of \$55,000 from FY 2023;
 - Children Under Five, support for “community-based outpatient mental health clinics that provide mental health treatment to children aged five years and younger,” administered by DOHMH, is budgeted for FY 2024 at \$1,556,231, a decrease of \$230,769 from FY 2023;
 - Court-Involved Youth Mental Health, support for “programs that utilize risk assessment tools to identify juveniles in the arrest process who require mental health services and that provide family counseling and respite services to families of court-involved youth,” administered by DOHMH, is budgeted for FY 2024 at \$3,425,000, which is unchanged from FY 2023;
 - Developmental, Psychological & Behavioral Health Services, support for “a range of programs and services that address the needs of individuals with chemical dependencies, developmental disabilities, and/or serious mental illnesses, as well as the needs of their families and caregivers,” administered by DOHMH, is budgeted for FY 2024 at \$2,255,493, which is unchanged from FY 2023;
 - Geriatric Mental Health, support to “organizations that provide a range of mental health services to older adults in ‘non-clinical settings,’ such as senior centers, drop-in centers, religious institutions, social clubs, homeless prevention programs, and individual homes,” administered by DOHMH and DCLA, is budgeted for FY 2024 at \$3,405,540, which is unchanged from FY 2023;
 - LGBTQIA+ Youth All-Borough Mental Health, support for “comprehensive mental health services for vulnerable LGBTQIA+ youth throughout the City,” administered by DOHMH, is budgeted for FY 2024 at \$1,200,000, which is unchanged from FY 2023;
 - Mental Health Services for Vulnerable Populations, support for “community-based organizations and advocacy networks that provide a range of mental health programs, services, trainings, and referrals throughout the City,” administered by DOHMH, is budgeted for FY 2024 at \$3,663,000, a decrease of \$270,000 from FY 2023;
 - Mental Health Workforce Retention and Development, support for “retention and recruitment of public-mental health professionals working at public-facing agencies/organizations,” administered by CUNY, is budgeted for FY 2024 at \$250,000 and appears to be a new initiative;
 - Opioid Prevention and Treatment, support for “community-based organizations to conduct localized prevention and treatment efforts around opioid abuse,” administered by DOHMH, is budgeted for FY 2024 at \$3,075,000, a decrease of \$425,000 from FY 2023; and
 - Trauma Recovery Centers, support for “the creation of New York City’s first trauma recovery centers (TRC) to provide trauma-informed healing support to survivors of violent crime from underserved communities,” administered by DOHMH, is budgeted for FY 2024 at \$2,400,000, which is unchanged from FY 2023.

- **Older Adult Services (formerly Senior Services)** – Initiatives are as follows:
 - Access to Critical Services for Older Adults (formerly Access to Critical Services for Seniors), “funds a range of emergency services for low-income older adults, including emergency food and clothing, employment and legal assistance, benefit connections, and home safety,” administered by DFTA, is budgeted for FY 2024 at \$1,180,000, which is unchanged from FY 2023;
 - Borough Presidents’ Discretionary Funding Restoration, “supports older adult services including older adult clubs, meals, case management, homecare, transportation, and other services,” administered by DFTA, is budgeted for FY 2024 at \$1,129,774, which is unchanged from FY 2023;
 - Case management, “case management services for eligible older adults” administered by DFTA, is budgeted for FY 2024 at \$2,000,000, which is unchanged from FY 2023;
 - Elder Abuse Prevention Programs, “prevention programs that provide services to victims of elder abuse for organizations that specialize in serving immigrant populations” administered by DFTA, is budgeted for FY 2021 at \$335,000, which is unchanged from FY 2023;
 - Elie Wiesel Holocaust Survivors, support for “Holocaust survivors living at or below the poverty line” administered by DFTA, is budgeted for FY 2024 at \$4,200,000, a decrease of \$50,000 from FY 2023;
 - Information and Referral Services, support for “information and referral services related to older adult services and other resources in the community” administered by DFTA, is budgeted for FY 2024 at \$407,811, which is unchanged from FY 2023;
 - LGBTQIA+ Older Adult Services in Every Borough (formerly LGBTQ Senior Services in Every Borough), support for “variety of LGBTQIA+ culturally competent services for older adults,” administered by DFTA, is budgeted for FY 2021 at \$1,755,000, an increase \$255,000 from FY 2023;
 - Naturally Occurring Retirement Communities (NORCs), support for “programs and nursing services offered by vertical and horizontal Naturally Occurring Retirement Communities (NORCs),” administered by DFTA, is budgeted for FY 2024 at \$5,181,768, a decrease of \$909,258 from FY 2023;
 - Older Adult Clubs for Immigrant Populations (formerly Senior Centers for Immigrant Populations) support “to culturally competent and linguistically accessible non-NYC Aging older adult clubs and programmatic support for NYC Aging older adult clubs that predominantly serve immigrant older adults,” administered by DFTA, is budgeted for FY 2024 at \$1,500,000, which is unchanged from FY 2023;
 - Older Adult Clubs, Programs, and Enhancements (formerly Senior Centers, Programs, and Enhancements), “operational and programmatic support for older adult clubs, meals, homecare, transportation, and other older adult services programs,” administered by DFTA, is budgeted for FY 2024 at \$2,145,415, a decrease of \$2,231,255 from FY 2023;
 - Social Adult Day Care, support for “non-medical adult day care services to individuals with cognitive or physical limitations” administered by DFTA, is budgeted for FY 2024 at \$1,505,556, which is unchanged from FY 2023;

- Support Our Older Adults (formerly Support Our Seniors), funding to “district-based older adult services,” administered by DFTA, is budgeted for FY 2024 at \$7,650,000, an increase of \$510,000 from FY 2023;
- **Veteran Services** – Initiatives are as follows:
 - Homeless Prevention Services for Veterans, support for “homeless prevention services, shelter services, vocational programs, and healthcare services to veterans,” administered by HRA, is budgeted for FY 2024 at \$340,000, an increase of \$40,000 from FY 2023;
 - Job Placement for Veterans, support for “curriculum and educational materials for veterans, National Guard members, and Reservists with job training and job placement services for green careers,” administered by SBS, is budgeted for FY 2024 at \$200,000, which is unchanged from FY 2023;
 - Legal Services for Veterans, support for “legal services for NYC veterans on a broad range of matters,” administered by HRA, is budgeted for FY 2024 at \$600,000, which is unchanged from FY 2023;
 - Mental Health Services for Veterans, support for “multifaceted mental health services for veterans,” administered by DOHMH, is budgeted for FY 2024 at \$420,000, a decrease of \$80,000 from FY 2023;
 - Veterans Community Development, support for “a variety of supportive programs for veterans and their families,” administered by multiple agencies, is budgeted for FY 2024 at \$1,270,000, which is unchanged from FY 2023.
- **Young Women’s Initiative** – Initiatives are as follows:
 - Dedicated Contraceptive Fund, “access to contraception, including Long-Acting Reversible Contraception (LARCs)” administered by DOHMH, is budgeted for FY 2024 at \$973,126, which is unchanged from FY 2023;
 - HRA Teen RAPP, support for “the Grow, Rise, Lead (G.R.L.) program that teaches adolescent girls empowering and preventive measures to deal with all forms of violence,” administered by HRA, is budgeted for FY 2024 at \$250,000, which is unchanged from FY 2023;
 - Initiative for Immigrant Survivors of Domestic Violence, support for “services specifically for immigrant survivors of domestic violence,” administered by DYCD, is budgeted for FY 2024 at \$530,000, which is unchanged from FY 2023;
 - Prevent Sexual Assault (PSA) Initiative for Young Adults, support for “prevention and intervention services to end sexual exploitation of young women, transgender, and LGBT youth,” administered by DYCD, is budgeted for FY 2024 at \$350,000, which is unchanged from FY 2023;
 - Step In and Stop It Initiative to Address Bystander Intervention, support for “bystander intervention programs, mediation, peer support, counseling and violence prevention,” administered by MOCJ, is budgeted for FY 2021 at \$174,000, which is unchanged from FY 2023;
 - Work-Based Learning Internships, support for “paid internships for students enrolled in DOE Career and Technical Education Programs (CTE),” administered by DOE, is budgeted for FY 2024 at \$714,500, which is unchanged from FY 2023;

- Wrap-Around Support for Transitional-Aged Foster Youth, support to “youth who are transitioning or have recently transitioned from foster care,” administered by ACS, is budgeted for FY 2021 at \$1,096,788, a decrease of \$133,212 from FY 2023; and
- Young Women’s Leadership Development, support for “leadership development training programs for young women and girls” administered by DYCD, is budgeted for FY 2021 at \$1,740,500, a decrease of \$65,000 from FY 2023; and
- **Youth Services** – Initiatives are as follows:
 - Afterschool Enrichment Initiative, support for “afterschool program providers that offer high-quality arts and athletic activities, as well as academic enrichment and support,” administered by DCLA and DYCD, is budgeted for FY 2024 at \$8,235,000, a decrease of \$65,000 from FY 2023;
 - Big Brothers Big Sisters of New York City, support for “mentoring services to New York City Youth,” administered by DYCD, is budgeted for FY 2024 at \$1,200,000, which is unchanged from FY 2023;
 - Citywide Young Adult Entrepreneurship Program Initiative, support for “Young adult entrepreneurship program for youth citywide,” administered by DYCD, is budgeted for FY 2024 at \$1,000,000, which is unchanged from FY 2023;
 - Civic Education in New York City Schools, support for “civic education programs that provide educators with content and expertise” administered by DYCD, is budgeted for FY 2024 at \$500,000, which is unchanged from FY 2023;
 - COMPASS, support for “programming for children in grades K-5 under the Comprehensive Afterschool System of New York City (COMPASS NYC)” administered by DYCD, is budgeted for FY 2024 at \$1,870,048, which is unchanged from FY 2023;
 - Sports Training and Rolemodels for Success Initiative (STARS), support for “afterschool programming that promotes physical activity, healthy living, and wellness for elementary, middle, and high school girls” administered by DYCD, is budgeted for FY 2024 at \$1,472,000, a decrease of \$350,000 from FY 2023; and
 - YouthBuild Project Initiative, support for “comprehensive education, training, service and leadership development program that gives young adults who have left high school without a diploma the opportunity to transform their life prospects and become responsible, contributing adults,” administered by DYCD, is budgeted for FY 2024 at \$1,750,000, a decrease of \$385,000 from FY 2023.

Local Health Status and Access Indicators

This section examines health status and access to care data for the Mount Sinai community from several sources. The data include: (1) County Health Rankings, (2) New York State Department of Health, (3) Youth Risk Behavioral Surveillance System, (4) New York Prevention Agenda 2019-2024, and (5) New York City Community Survey.

Note: New York City analyzes the health of community districts. Included in these comprehensive profiles are assessments of health, housing, air quality, and food accessibility. These New York City Community Health Profiles can be accessed at: <https://www1.nyc.gov/site/doh/data/data-publications/profiles.page>.

County Health Rankings

County Health Rankings, a University of Wisconsin Population Health Institute initiative funded by the Robert Wood Johnson Foundation, incorporates a variety of health status indicators into a system that ranks each county/city within each state in terms of “health factors” and “health outcomes.” These health factors and outcomes are composite measures based on several variables grouped into the following categories: health behaviors, clinical care, social and economic factors, and physical environment. *County Health Rankings* are updated annually. *County Health Rankings 2023* relies on data from 2014 to 2021, with most data from 2017 to 2021.

Exhibit 29A presents 2020 and 2023 rankings for each available indicator category. Rankings indicate how the county ranked in relation to all 62 counties in New York, with 1 indicating the most favorable rankings and 62 the least favorable. The table also indicates if rankings fell between 2020 and 2023.

Note: County Health Rankings present data by county rather than borough. As each borough corresponds to a whole county, data are labeled with the borough name. Specifically, Bronx County corresponds to the borough of the Bronx, Kings County corresponds to the borough of Brooklyn, New York County corresponds to the borough of Manhattan, Queens County corresponds to the borough of Queens, and Richmond County corresponds to the borough of Staten Island.

Exhibit 29A: County Rank among 62 New York Counties, 2020-2023

Measure	Manhattan		
	2020	2023	Fell?
Health Outcomes	6	7	↓
Health Factors	11	9	
Length of Life	1	1	
Quality of Life	48	23	
Poor or fair health	44	10	
Poor physical health days	31	5	
Poor mental health days	15	18	↓
Low birthweight	57	54	
Health Behaviors	7	3	
Adult smoking	4	3	
Adult obesity	1	1	
Food environment index	24	37	↓
Physical inactivity	2	6	↓
Access to exercise opportunities	1	1	
Excessive drinking	62	46	
Alcohol-impaired driving deaths	6	4	
Sexually transmitted infections	61	60	
Teen births	13	10	
Clinical Care	3	1	
Uninsured	48	16	
Primary care physicians	3	2	
Dentists	1	1	
Mental health providers	1	1	
Preventable hospital stays	3	3	
Mammography screening	57	56	
Flu Vaccination	53	18	
Social & Economic Factors	31	57	↓
High school graduation	60	49	
Some college	1	1	
Unemployment	6	58	↓
Children in poverty	40	53	↓
Income inequality	62	62	
Children in single-parent households	52	61	↓
Social associations	11	9	
Injury deaths	3	3	
Physical Environment	32	32	
Air pollution - particulate matter	61	59	
Severe housing problems	58	58	
Driving alone to work	1	1	
Long commute - driving alone	60	62	↓

Source: County Health Rankings, 2023.

In 2023, Manhattan ranked in the bottom 50th percentile among New York counties for 15 of the 40 indicators assessed. Of those 15 indicators ranking in the bottom 50th percentile, 12 of them ranked in the bottom quartile, specifically Low birthweight, Sexually transmitted infections, Mammography screening, Social and Economic Factors, High school graduation, Unemployment, Children in poverty, Income inequality, Children in single-parent households, Air pollution - particulate matter, Severe housing problems, and Long commute - driving alone. Rankings for nine indicators fell between the time periods.

Exhibit 29B provides data for each underlying indicator of the composite categories in the County Health Rankings.¹⁰ The County Health Rankings methodology provides a comparison of counties within a state to one another.

It also is important to analyze how these same indicators compare to the state and national averages. For example, the rate of annual mammography screening in female Medicare enrollees ages 65-74 that is lower than the state average, and the borough was shaded to reflect this relationship.

¹⁰County Health Rankings provides details about what each indicator measures, how it is defined, and data sources at http://www.countyhealthrankings.org/sites/default/files/resources/2013Measures_datasources_years.pdf

Exhibit 29B: Borough Data Compared to State and U.S. Average, 2023

Indicator Category	Data	Manhattan	New York State	United States
Health Outcomes				
Length of Life	Years of potential life lost before age 75 per 100,000 population*	4,412.9	5,952.2	7,300.0
Quality of Life	Percentage of adults reporting fair or poor health*	10.5%	11.8%	12.0%
	Average number of physically unhealthy days reported in past 30 days*	2.5	2.7	3.0
	Average number of mentally unhealthy days reported in past 30 days*	4.6	4.1	4.4
	Percentage of live births with low birthweight (< 2,500 grams).	8.1%	8.0%	8.0%
Health Factors				
Health Behaviors				
Adult Smoking	Percentage of adults who are current smokers*	11.4%	12.3%	16.0%
Adult Obesity	Percent of adults that report a BMI >= 30*	19.0%	26.5%	32.0%
Food Environment Index	Index of factors that contribute to a healthy food environment, from 0 (worst) to 10 (best).	8.0	8.9	7.0
Physical Inactivity	Percentage of adults age 18 and over reporting no leisure-time physical activity*	19.8%	25.2%	22.0%
Access to Exercise Opportunities	Percentage of population with adequate access to locations for physical activity	100.0%	93.2%	84.0%
Alcohol Impaired Driving Deaths	Percentage of driving deaths with alcohol involvement	8.9%	20.2%	27.0%
Excessive Drinking	Percentage of adults reporting binge or heavy drinking*	21.9%	17.6%	19.0%
STDs	Number of newly diagnosed chlamydia cases per 100,000 population	763.5	502.3	481.3
Teen Births	Number of births per 1,000 female population ages 15-19	8.8	12.8	19.0
Clinical Care				
Uninsured	Percentage of population under age 65 without health insurance.	4.7%	6.1%	10.0%
Primary Care Physicians	Ratio of population to primary care physicians	719:1	1174:1	1,310:1
Dentists	Ratio of population to dentists	530:1	1218:1	1,380:1
Mental Health Providers	Ratio of population to mental health providers	98:1	299:1	340:1
Preventable Hospital Stays	Rate of hospital stays for ambulatory-care sensitive conditions per 100,000 Medicare enrollees	1,973.0	2,586.0	2,809.0
Mammography Screening	Percentage of female Medicare enrollees ages 65-74 that received an annual mammography screening	34%	37%	37%
Flu Vaccination	Percentage of fee-for-service (FFS) Medicare enrollees that had an annual flu vaccination	55%	53%	51%

* Age-Adjusted

- Table Continued -

-- Table continued from prior page --

Indicator Category	Data	Manhattan	New York State	United States
Social & Economic Factors				
High School Graduation	Percentage of adults ages 25 and over with a high school diploma or equivalent	88.4%	87.4%	89.0%
Some College	Percentage of adults ages 25-44 with some post-secondary education	85%	70%	67%
Unemployment	Percentage of population ages 16 and older unemployed but seeking work	7.6%	6.9%	5.4%
Children in poverty	Percentage of people under age 18 in poverty	22.7%	18.8%	17.0%
Income Inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	9.3	5.8	4.9
Children in single-parent households	Percentage of children that live in a household headed by a single parent.	35.2%	26.5%	25.0%
Social Associations	Number of membership associations per 10,000 population	13.1	8.1	9.1
Injury Deaths	Number of deaths due to injury per 100,000 population	42.0	53.3	76.0
Physical Environment				
Air Pollution	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5)	8.6	6.9	7.4
Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities	23.9%	22.9%	17.0%
Drive Alone to Work	Percentage of the workforce that drives alone to work	5.8%	51.3%	73.0%
Long Commute- Drive Alone	Among workers who commute in their car alone, the percentage that commute more than 30 minutes	67.3%	38.9%	37.0%

Source: County Health Rankings, 2023

Manhattan compared unfavorably to the state average for number of mentally unhealthy days, low-birthweight, adults reporting binge or heavy drinking, sexually transmitted infections, mammography screening, high school graduation rate, unemployment, children in poverty, income inequality, children in single parent households, air pollution, severe housing problems, and long commute-drive alone. Sexually transmitted infections, income inequality, and long commute-drive alone were particularly problematic, with rates greater than 50 percent of the state average.

New York State Department of Health

The New York State Department of Health collects data regarding a number of health issues. **Exhibit 30** presents a summary of selected causes of death by borough. Data presented in **Exhibit 31** through **Exhibit 47** present more in-depth data analyses pertaining to cancer, cardiovascular disease, obesity, communicable diseases, respiratory-related indicators, maternal and infant health, and injury and substance abuse. Data by race and ethnicity are included, where available.

Exhibit 30: Selected Causes of Death, Rates per 100,000 Population, 2020

Area	Diseases of the Heart	Malignant Neoplasms	Cerebro-vascular Disease	Acquired Immune Deficiency Syndrome (AIDS)	Pneumonia	Chronic Lower Respiratory Diseases (CLRD)	Accidents (Total)	Diabetes Mellitus	Homicide / Legal Intervention	Cirrhosis of the Liver	Suicide	COVID-19
Manhattan	143.3	99.2	19.4	3.5	11.1	14.3	31.0	14.5	3.7	5.5	7.2	130.5
New York City	202.8	109.0	21.7	3.6	18.7	16.9	33.6	21.9	5.8	6.2	5.9	214.6
New York State	177.9	125.1	24.2	1.8	15.8	24.6	40.8	20.6	4.8	7.9	7.9	137.6

Source: New York State Department of Health, 2023.
Rates are age-sex adjusted.

Manhattan and New York City were more than 50 percent worse than the state for AIDS mortality.

Exhibit 31A: Cancer Indicators, 2017-2019

Indicator	Manhattan	New York City	New York State
All Cancers			
Incidence per 100,000	445.9	443.0	483.7
Mortality rate per 100,000	111.5	121.7	135.1
Lip, oral cavity, and pharynx cancer			
Incidence per 100,000	10.8	9.9	11.4
Mortality rate per 100,000	1.8	2.0	2.1
Colon and rectum cancer			
Incidence per 100,000	31.6	36.5	37.2
Mortality rate per 100,000	9.2	11.4	11.7
Lung and bronchus cancer			
Incidence per 100,000	44.1	45.6	56.9
Mortality rate per 100,000	20.4	22.5	29.7
Female breast cancer			
Incidence per 100,000	141.6	130.7	137.7
Mortality rate per 100,000	16.0	18.2	18.2
Cervix uteri cancer			
Incidence per 100,000	7.0	9.0	7.7
Mortality rate per 100,000	1.8	2.1	1.9
Ovarian cancer			
Incidence per 100,000	10.1	11.0	11.3
Mortality rate per 100,000	6.5	6.2	6.3
Prostate cancer			
Incidence per 100,000	129.1	128.9	134.5
Mortality rate per 100,000	16.0	17.8	16.7

Source: New York State Department of Health, 2023.
All rates are age-adjusted.

Manhattan compared relatively well to the state except for incidence of female breast cancer and mortality rate for ovarian cancer.

Exhibit 31B: Cancer Screening Indicators

Indicator	Manhattan	New York City	New York State
Screenings			
Percentage of women aged 21-65 years receiving cervical cancer screening	86.3	82.8	84.7
Percentage of women aged 50-74 years receiving breast cancer screening	78.6	77.1	78.2
Percentage of women (aged 50-74 years) who had a mammogram	68.8	68.8	66.5

Source: New York State Department of Health, 2023.

Note: Cervical cancer screening data are for 2018, breast cancer screening data are for 2021, and mammogram data are for 2020.

Manhattan compared favorably to the state for all cancer screenings.

Exhibit 32 presents cancer indicators by race and ethnicity.

Exhibit 32: Cancer Indicators by Race and Ethnicity, 2017-2019

Borough and Race/Ethnicity	Lung Cancer Incidence	Colorectal Cancer Mortality	Female Breast Cancer Mortality	Cervix Uteri Cancer Mortality
Manhattan				
White	43.1	7.1	14.9	1.0
Black	61.4	16.0	30.0	4.1
Asian/Pacific	54.3	8.3	8.6	2.0
Hispanic	30.5	9.9	12.2	1.8
Total	44.1	9.2	16.0	1.8
New York City				
White	52.4	11.2	18.7	1.3
Black	43.1	14.3	25.0	3.1
Asian/Pacific	52.0	7.9	9.7	1.7
Hispanic	30.9	9.9	13.6	2.2
Total	45.6	11.4	18.2	2.1
New York State				
White	64.3	11.8	18.2	1.6
Black	47.1	14.3	24.8	3.1
Asian/Pacific	46.6	8.0	9.7	1.7
Hispanic	31.9	9.4	13.5	2.0
Total	56.9	11.7	18.2	1.9

Source: New York State Department of Health, 2023.
All rates are age adjusted per 100,000 population.

In Manhattan, cancer mortality rates were higher for all cancer types for Black residents. Particularly problematic were female breast cancer and cervix uteri cancer mortality rates (**Exhibit 32**).

Exhibit 33 presents cardiovascular disease-related indicators by borough compared to the state.

Exhibit 33: Cardiovascular Disease Indicators, 2018-2020

Borough	Diseases of the Heart Mortality	Cerebrovascular Disease (stroke) Mortality	Coronary Heart Disease Mortality	Congestive Heart Failure Mortality	Diabetes Mortality
Manhattan	135.3	17.0	115.6	4.8	14.0
New York City	187.9	20.2	167.4	5.0	20.7
New York State	174.6	24.3	137.0	10.6	19.2

Source: New York State Department of Health, 2023.
All rates are age-adjusted and per 100,000 population.

Manhattan compared favorably to the state for all cancer screenings.

Exhibit 34 presents cardiovascular disease and diabetes indicators by borough, race, and ethnicity.

Exhibit 34: Cardiovascular Disease and Diabetes Mortality Rates by Race and Ethnicity, 2018-2020

Borough and Race/Ethnicity	Diseases of the Heart Mortality	Cerebrovascular Disease (stroke) Mortality	Coronary Heart Disease Mortality	Congestive Heart Failure Mortality	Diabetes Mortality
Manhattan					
White	109.4	12.0	92.5	4.0	6.0
Black	249.6	30.9	217.3	6.8	37.2
Asian/Pacific	97.1	16.0	83.3	2.8	9.5
Hispanic	130.1	18.2	111.0	5.8	18.8
Total	135.3	17.0	115.6	4.8	14.0
New York City					
White	183.5	15.1	164.3	5.1	11.5
Black	234.3	26.0	208.3	5.8	35.9
Asian/Pacific	110.2	16.5	100.3	2.1	13.0
Hispanic	153.6	21.4	135.1	4.7	22.2
Total	187.9	20.2	167.4	5.0	20.7
New York State					
White	170.5	23.4	128.5	12.3	15.4
Black	224.2	28.3	190.4	7.8	35.9
Asian/Pacific	104.3	17.2	93.2	2.6	13.3
Hispanic	144.6	22.5	123.5	5.6	21.1
Total	174.6	24.3	137.0	10.6	19.2

Source: New York State Department of Health, 2023.

All rates are age adjusted per 100,000 population.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average

In Manhattan and New York City overall, coronary heart disease and diabetes mortality rates for Black residents were more than 50 percent worse than the state average, and mortality rates were higher than the state for diseases of the heart and cerebrovascular disease (stroke).

Obesity increases the risk for many health conditions. Obesity measures, health behaviors that contribute to obesity, and obesity-related chronic diseases are reported in **Exhibit 35**.

Exhibit 35: Obesity-Related Indicators

Indicator	Manhattan	New York City	New York State
Percentage of pregnant women in WIC who were pre-pregnancy overweight or obese (BMI 25 or higher) [2015-2017]	53.7%	51.1%	54.2%
Percentage obese (95th percentile or higher) children (aged 2-4 years) in WIC [2015-2017]	12.3%	12.8%	13.8%
Percentage of WIC infants breastfeeding at least 6 months [2015-2017]	39.9%	48.1%	41.0%
Age-adjusted percentage of adults overweight or obese (BMI 25 or higher) [2021]	47.1%	59.4%	63.5%
Age-adjusted percentage of adults who participated in leisure time physical activity in the past 30 [2021]	80.0%	72.1%	74.6%
Age-adjusted percentage of adults with physician diagnosed diabetes [2021]	7.2	11.4	10.2
Age-adjusted cardiovascular disease mortality rate per 100,000 [2018-2020]	169.6	227.6	216.8
Age-adjusted cerebrovascular disease (stroke) mortality rate per 100,000 [2018-2020]	17.0	20.2	24.3
Age-adjusted diabetes mortality rate per 100,000 [2018-2020]	14.0	20.7	19.2

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average

Overall, Manhattan compared favorably to the state for obesity-related indicators, except the percentage of WIC infants breastfeeding at least 6 months.

Exhibit 36 presents communicable disease incidence rates for the MSM & MSW community.

Exhibit 36: Communicable Disease Indicators

Indicator	Manhattan	New York City	New York State
Pneumonia/flu hospitalization rate per 10,000 - Aged 65 years and older [2018-2020]	58.8	68.2	81.7
Pertussis incidence per 100,000 [2018-2020]	1.7	1.9	3.0
Mumps incidence per 100,000 [2018-2020]	3.3	1.7	1.0
Meningococcal incidence per 100,000 [2018-2020]	0.2	0.1	0.1
Haemophilus influenza incidence per 100,000 [2018-2020]	1.4	1.4	1.6
Hepatitis A incidence per 100,000 [2018-2020]	1.1	0.8	1.4
Acute hepatitis B incidence per 100,000 [2018-2020]	0.3	0.3	0.3
Chronic Hepatitis C cases per 100,000 [2018-2020]	52.1	44.3	45.2
Tuberculosis incidence per 100,000 [2018-2020]	4.4	6.2	3.6
E. coli Shiga Toxin incidence per 100,000 [2018-2020]	11.5	6.5	4.8
Salmonella incidence per 100,000 [2018-2020]	15.4	14.9	13.6
Shigella incidence per 100,000 [2018-2020]	18.1	10.3	6.2
Lyme disease incidence per 100,000 [2018-2020]	16.2	8.8	36.3
Age-adjusted percentage of fee-for-service Medicare enrollees that had an annual flu vaccination [2019]	49.0%	N/A	49.0%
Percentage of adults aged 65 years and older with pneumococcal immunization [2021]	71.0%	58.3%	65.6%

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than national average; dark grey denotes 50 percent worse than national average.

Incidence rates in Manhattan of mumps, meningococcal, E. coli Shiga Toxin, and shigella were more than 50 percent higher than state rates. Additionally, rates of Chronic Hepatitis C cases, tuberculosis incidence, and salmonella incidence were higher than the overall state rates.

Exhibits 37 and 38 present prevalence and new diagnosis rates for HIV and AIDS.

Exhibit 37: Living with HIV and AIDS Cases, Prevalence Rate per 100,000, 2021

Cohort	Manhattan	New York City	New York State
Male	2,072.0	1,392.8	739.4
Female	391.9	477.5	268.7
White	894.1	511.2	199.2
Black	3,040.4	1,914.1	1,549.1
Hispanic	1,323.7	1,058.6	815.3
Asian	269.2	154.8	134.2
Native American	1,102.5	538.3	319.4
Total	1,216.0	916.6	499.7

Source: New York State Department of Health, Bureau of HIV/AIDS Epidemiology, 2023.

All rates are age-adjusted.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average

The prevalence rate of HIV and AIDS in Manhattan was more than twice as high as the state average in 2021. In Manhattan, the rate for every demographic cohort was higher than state averages, and for all cohorts, except female, the rate was more than 50 percent higher than the state rate.

As illustrated in **Exhibit 38**, Manhattan and New York City overall reported new HIV and AIDS case rates that were more than 50 percent higher than the state average in 2021.

Exhibit 38: Newly Diagnosed HIV and AIDS Cases, 2021

Borough and Demographic Cohort	HIV Diagnoses	AIDS Diagnoses	HIV Case Rate per 100,000	AIDS Case Rate per 100,000
Manhattan - Total	335	157	18.9	9.2
Male	307	136	35.4	16.1
Female	28	21	3.5	2.6
White	87	37	10.6	4.8
Black	124	62	57.5	28.1
Hispanic	101	52	22.0	11.7
Asian/Pacific Islander	19	3	8.2	1.5
Native American	-	.	-	.
New York City - Total	1,579	779	18.0	8.8
Male	1,292	594	30.1	13.8
Female	287	185	6.6	4.1
White	211	93	7.4	3.3
Black	694	378	36.7	19.6
Hispanic	571	261	22.1	10.4
Asian/Pacific Islander	86	34	6.2	2.4
Native American	1	1	4.2	3.9
New York State - Total	2,123	1,056	10.8	5.3
Male	1,740	803	17.8	8.1
Female	383	253	3.9	2.5
White	421	211	4.1	2.0
Black	902	485	30.5	16.3
Hispanic	673	308	16.7	7.9
Asian	102	37	5.2	1.9
Native American	4	2	6.6	3.1

Source: New York State Department of Health, Bureau of HIV/AIDS Epidemiology, 2022. All rates are age-adjusted. Note: Light grey shading denotes worse than state average; dark grey shading denotes 50 percent worse than state average

Exhibit 39 presents data on chronic lower respiratory disease (CLRD) and asthma in Manhattan.

Exhibit 39: Respiratory-Related Indicators

Indicator	Manhattan	New York City	New York State
Chronic lower respiratory disease hospitalization rate per 10,000 [2018-2020]	17.8	25.6	24.0
Age-adjusted chronic lower respiratory disease mortality rate per 100,000 [2018-2020]	15.2	17.9	27.3
Asthma hospitalization rate per 10,000 [2018-2020]	8.4	12.3	8.2
Aged 0-4 years	31.8	37.0	27.4
Aged 5-14 years	21.5	21.1	13.2
Aged 0-17 years	23.2	24.3	15.9
Aged 5-64 years	6.8	10.0	6.8
Aged 15-24 years	5.3	7.4	4.4
Aged 25-44 years	2.9	5.2	4.5
Aged 45-64 years	8.7	12.3	7.6
Aged 65 years or older	9.8	14.3	8.2

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Data indicate that asthma is a health problem in Manhattan and New York City. Multiple asthma hospitalization and mortality rates in Manhattan were higher than the state rates. Asthma hospitalization rates were more than 50 percent higher than state averages for children aged 5-14 years.

Exhibit 40 presents respiratory asthma and CLRD indicators by race and ethnicity.

Exhibit 40: Respiratory Indicators by Race and Ethnicity, 2018-2020

Borough and Race/Ethnicity	Asthma hospitalizations	Asthma hospitalizations, aged 0-17 years	Chronic lower respiratory disease mortality	Chronic lower respiratory disease hospitalizations
Manhattan				
White	1.9	5.2	12.4	5.2
Black	25.1	49.2	28.3	41.1
Asian/Pacific	1.6	4.4	11.4	3.7
Hispanic	12.9	25.1	14.2	21.7
Total	10.2	23.2	15.2	17.7
New York City				
White	2.7	4.6	18.8	10.3
Black	20.3	39.7	19.7	35.2
Asian/Pacific	3.8	9.0	9.4	7.3
Hispanic	16.4	25.0	16.1	27.9
Total	12.8	24.3	17.9	24.0
New York State				
White	3.0	5.0	31.4	14.1
Black	18.1	32.8	21.2	34.1
Asian/Pacific	3.5	8.2	8.8	6.9
Hispanic	13.4	19.6	15.6	24.0
Total	8.5	15.9	27.3	20.7

Source: New York State Department of Health, 2023.

Rates are per 10,000 population, except chronic lower respiratory disease mortality is per 100,000 population.

Rates are age-adjusted, except "Asthma hospitalizations, aged 0-17 years."

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Asthma and CLRD hospitalizations were most severe for Black and Hispanic cohorts in Manhattan, as well as New York City overall.

Exhibits 41 through **46** present data related to maternal and infant health. **Exhibit 41** portrays maternal and infant health indicators by borough, New York City, and New York State.

Exhibit 41: Maternal and Infant Health Indicators, 2018-2020

Borough	Percentage of births with early (1st trimester) prenatal care	Percentage of births with adequate prenatal care (APNCU)	Percentage of premature births (< 37 weeks gestation - clinical estimate)	Percentage of low birthweight births (< 2.5 kg)	Teen pregnancies per 1,000 females aged under 18 years	Infant mortality per 1,000 live births
Manhattan	78.7%	77.9%	8.7%	8.0%	5.3	2.7
New York City	73.7%	72.7%	9.1%	8.5%	5.3	3.7
New York State	76.2%	75.1%	9.1%	8.1%	4.2	4.2

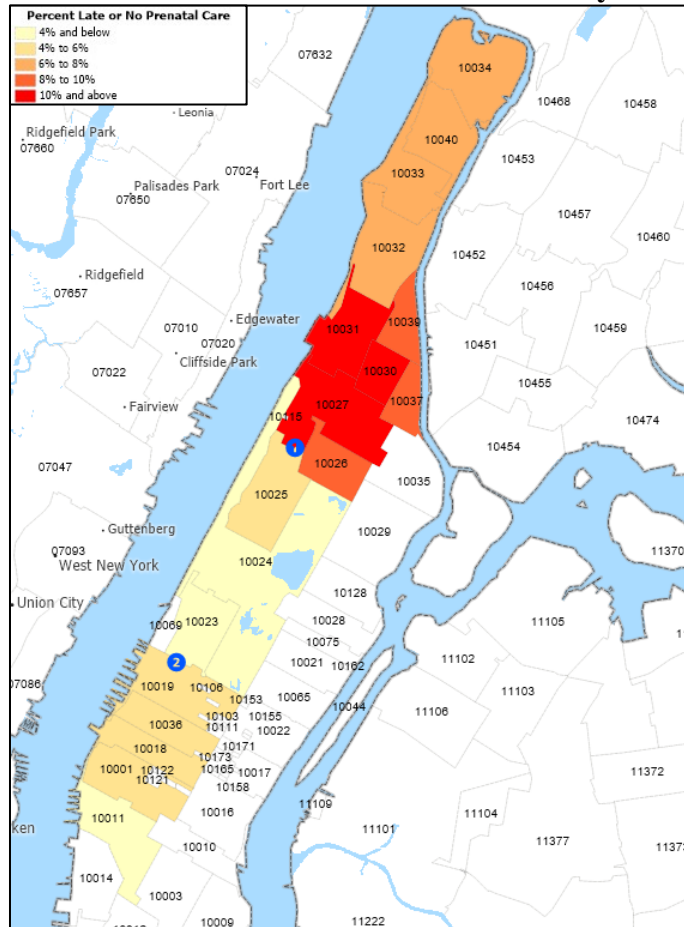
Sources: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Teen pregnancy (ages 15-19) rates were higher in Manhattan and New York City, compared to the state. New York City also compared unfavorably to New York State for early (1st trimester) prenatal care, births with adequate prenatal care (APNCU) and late or no prenatal care and low birth weight births.

Exhibit 43 illustrates late or no prenatal care by ZIP Code.

Exhibit 43: Mothers with Late or No Prenatal Care by ZIP Code, 2020



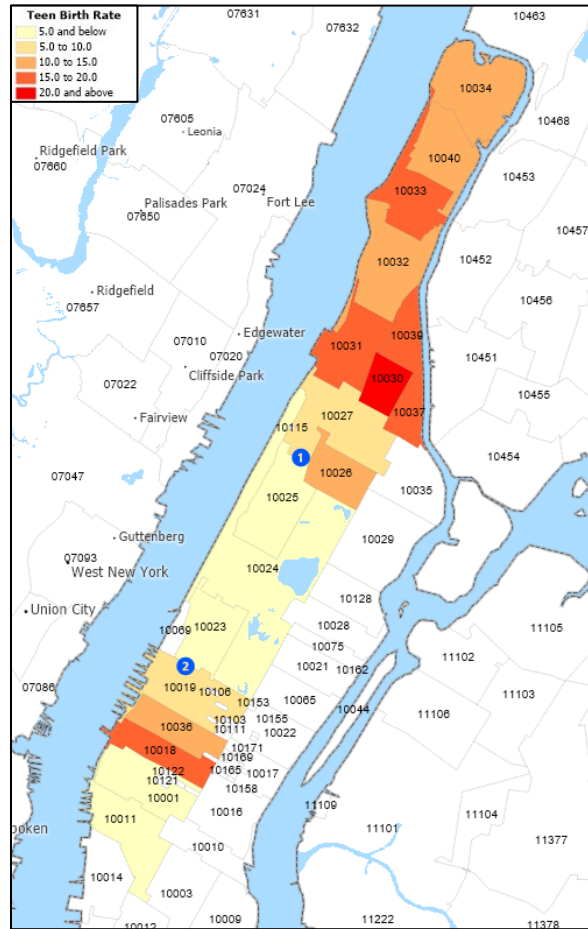
Sources: Caliper Maptitude (2023) and New York State Department of Health, 2020.

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

Within the MSM & MSW community, areas that display high rates of late or no prenatal care are concentrated in the Central Harlem-Morningside Heights and Washington Heights-Inwood neighborhoods. Low birthweight births exceeded ten percent of births in ZIP Codes 10031, 10030, and 10027.

Exhibit 44 illustrates teen pregnancy rates by ZIP Code.

Exhibit 44: Teen Pregnancy Rate 15-19 by ZIP Code, 2020*



Sources: Caliper Maptitude (2023) and New York State Department of Health, 2020.

* Teen pregnancy rates are per 1,000 females ages 15-19

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

Several locations throughout the community displayed high teen pregnancy rates. Rates of 10 or more teen pregnancies for 1,000 females, ages 15-19, occurred in Chelsea-Clinton ZIP Code 10018, Central Harlem Morningside ZIP Codes 10030, 10039, 10037, and 10026, and in all four ZIP Codes the Washington Heights-Inwood neighborhood.

Exhibit 45 presents maternal and child health indicators by race and ethnicity.

Exhibit 45: Maternal and Infant Health Indicators by Race and Ethnicity, 2018-2020

Borough and Race/Ethnicity	Percentage of births with early (1st trimester) prenatal care	Percentage of births with adequate prenatal care (APNCU)	Percentage of premature births (< 37 weeks gestation - clinical estimate)	Percentage of low birthweight births (< 2.5 kg)	Teen pregnancies per 1,000 females aged under 18 years	Infant mortality per 1,000 live births
Manhattan						
White	87.2%	84.5%	6.9%	6.2%	1.6	1.7
Black	62.5%	65.3%	12.9%	12.6%	9.3	6.6
Asian/Pacific	84.6%	81.5%	7.4%	7.9%	0.7	1.8
Hispanic	66.4%	68.5%	10.9%	9.3%	6.2	2.0
Total	78.7%	77.9%	8.7%	8.0%	5.3	2.7
New York City						
White	82.1%	77.7%	6.4%	5.7%	0.9	2.1
Black	63.6%	66.4%	12.9%	12.7%	7.8	7.0
Asian/Pacific	78.7%	77.4%	8.4%	8.9%	1.0	1.6
Hispanic	68.0%	68.4%	9.9%	8.6%	6.7	3.1
Total	73.7%	72.7%	9.1%	8.5%	5.3	3.7
New York State						
White	82.0%	79.6%	7.6%	6.2%	1.5	3.2
Black	65.8%	67.7%	13.1%	13.1%	7.7	8.4
Asian/Pacific	78.5%	77.4%	8.4%	8.7%	0.9	1.6
Hispanic	70.0%	69.8%	10.0%	8.5%	6.6	3.7
Total	76.2%	75.1%	9.1%	8.1%	4.2	4.2

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

In Manhattan, and New York City overall, teen pregnancy rates for Black and Hispanic residents were greater than 50 percent than the state averages. Also, for Manhattan and New York City overall, maternal and infant health indicators for Black and Hispanic cohorts compared unfavorably to state indicators.

Exhibit 46 presents data from the New York State Pregnancy Risk Assessment Monitoring System (PRAMS), which assesses maternal experiences and behaviors before, during, and after pregnancy. In 2020, the percentages of women who smoked during the last 3 months were higher than the New York City average for White and Hispanic women and more than 50 percent higher than the New York City average for women with less than a high school education and women who were 35 years and older.

Exhibit 46: PRAMS Indicators for New York City, 2020

Sociodemographic Characteristic	Women who report alcohol use in the three months before pregnancy	Women who were asked by a health care worker if they were drinking alcohol	Women who initiated breastfeeding	Women who report smoking in the last three months of pregnancy
Race / Ethnicity				
White, non-Hispanic	57.5%	84.2%	95.6%	1.1%
Black, non-Hispanic	33.4%	94.6%	91.0%	0.1%
Other, non-Hispanic	30.3%	85.5%	89.0%	0.7%
Hispanic	39.4%	93.7%	89.7%	0.9%
Education				
Less than high school	18.4%	87.3%	84.3%	2.0%
High school graduate	24.9%	90.2%	89.3%	0.0%
More than high school	57.9%	89.9%	94.9%	0.8%
Maternal Age				
Less than 20 years old	N/A	N/A	N/A	N/A
20-24 years old	33.3%	90.8%	89.5%	0.2%
25-34 years old	44.8%	91.0%	93.8%	0.7%
35 years old or more	46.9%	86.6%	89.4%	1.3%
Marital Status				
Married	43.8%	87.8%	93.7%	0.9%
Not Married	41.8%	92.6%	88.6%	0.5%
Medicaid Status				
On Medicaid	28.9%	89.9%	90.5%	1.1%
Not on Medicaid	58.6%	89.3%	93.3%	0.4%
New York City Total	43.1%	89.6%	91.8%	0.8%

Source: New York State Department of Health, Pregnancy Risk Assessment Monitoring System (PRAMS), 2023.
 Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Exhibit 47 presents injury and behavioral health indicators by race and ethnicity.

Exhibit 47: Injury and Substance Abuse/Mental Health Indicators by Race and Ethnicity, 2018-2020

Borough and Race/Ethnicity	Motor vehicle-related mortality per 100,000 population, age-adjusted	Unintentional injury mortality per 100,000 population, age-adjusted	Fall hospitalizations per 10,000 population, aged 65 years or older	Poisoning hospitalizations per 10,000 population, age-adjusted	Suicide mortality per 100,000 population, age-adjusted	Opioid burden per 100,000 population
Manhattan						
White	1.5	19.6	161.2	4.9	8.3	171.7
Black	2.3	48.5	115.2	22.0	5.6	658.3
Asian/Pacific	0.8	8.8	99.2	1.7	5.7	23.9
Hispanic	2.4	35.4	102.0	8.7	4.3	385.2
Total	1.8	26.8	164.7	10.0	6.9	327.8
New York City						
White	2.5	28.1	192.2	6.2	7.8	246.5
Black	3.4	30.7	97.0	13.1	4.2	292.6
Asian/Pacific	2.4	10.6	90.6	2.1	5.6	21.4
Hispanic	3.4	32.3	119.8	10.0	4.3	301.2
Total	3.2	28.4	166.1	10.1	5.9	277.1
New York State						
White	5.5	39.8	205.0	8.6	10.3	247.1
Black	5.1	35.0	100.6	13.2	4.5	269.4
Asian/Pacific	2.5	11.0	87.0	2.3	5.3	20.8
Hispanic	4.7	33.2	121.0	8.8	4.6	253.3
Total	5.2	36.1	192.6	10.0	8.1	254.0

Source: New York State Department of Health, 2023.

All rates are age adjusted. Mortality rates are per 100,000 population and hospitalization rates are per 10,000 population.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

In Manhattan and New York City overall, the opioid burden per 100,000 population was higher than the state average. The poisoning hospitalization rate was more than 50 percent above the state average for Black residents in Manhattan and the unintentional injury mortality rate was higher. Also in Manhattan, the suicide mortality rate was higher for the White population than the overall New York State rate.

Youth Risk Behavior Surveillance System

Data collected as part of the Centers for Disease Control and Prevention's (CDC) Youth Risk Behavior Surveillance System (YRBSS) are based on national, state, territorial, tribal, and neighborhood school-based surveys that gather data from young adults in grades 9 through 12 on health-risk behaviors such as drug and tobacco use, unhealthy dietary behaviors, sexual behavior, and the prevalence of asthma. The survey is conducted every two years.

New York City and borough-specific results from the 2019 Youth Risk Behavior Survey (YRBS) are available from the Centers for Disease Control and Prevention (CDC). Analysis of YRBS data can identify localized health issues and trends, and enable borough, state, or nationwide comparisons. **Exhibit 48** displays the prevalence of various indicators for Manhattan, New York City, New York State, and the U.S.

Exhibit 48: YRBS Indicators and Variation from New York State and the U.S., 2019

Category	Indicator	Manhattan	New York City	New York State	United States
Alcohol or Tobacco Use	Binge Drinking (5 or More Drinks in the Past Month)	10.6%	8.9%	12.7%	13.7%
	Consumed At Least One Alcoholic Drink in the Past Month	23.4%	20.8%	26.4%	29.2%
	Smoking in the Past Month	4.0%	3.3%	4.2%	6.0%
	Vaping in the Past Month	14.5%	15.2%	22.4%	32.7%
Mental Health	Attempted Suicide One or More Times During the Past 12 Months	8.0%	9.2%	8.5%	8.9%
	Felt Sad (Every Day for 2 weeks) & Stopped Regular Activities due to Sadness	38.4%	35.9%	35.1%	36.7%
Physical Activity	Not Physically Active for 60 Minutes Per Day at least once in the Past Week	18.7%	23.8%	20.0%	17.0%
	Did Not Attend Physical Education (PE) classes on 1 or more days in Average Week	9.4%	15.0%	10.3%	47.8%
Sexual Behaviors	Ever Had Sexual Intercourse	22.7%	25.5%	30.3%	38.4%
	Did Not Use a Condom During Last Sexual Intercourse	44.7%	45.3%	42.2%	45.7%
Substance Abuse	Cocaine Use During Lifetime	4.1%	5.0%	6.3%	3.9%
	Heroin Use During Lifetime	3.8%	5.5%	5.8%	1.8%
	Marijuana Use in the Past Month	19.3%	17.7%	19.1%	21.7%
	Methamphetamines Use During Lifetime	2.8%	4.9%	4.9%	2.1%
	Ever Used Synthetic Marijuana	8.5%	9.9%	10.3%	7.3%
	Ever Injected an Illegal Drug	2.9%	4.0%	3.8%	1.6%
Violence	Physical Fight One or More Times During the Past 12 Months	19.7%	22.5%	20.8%	21.9%
	Electronically Bullied	13.4%	14.3%	17.3%	15.7%
	Bullied on School Property	17.4%	17.1%	21.0%	19.5%
	Did Not Go to School because Felt Unsafe at least Once in the Past 30 days	7.5%	10.4%	10.9%	8.7%
Weight and Nutrition	Did Not Eat Fruit in Past 7 Days	8.9%	11.7%	9.4%	6.3%
	One or More Sugary Drinks Consumed in the Past 7 Days	64.4%	64.2%	64.7%	68.3%
	Overweight or Obese	26.3%	30.9%	29.7%	31.6%

Source: Centers for Disease Control and Prevention’s Youth Risk Behavior Surveillance System, 2023.

Note: Light grey shading denotes worse than state average; dark grey denotes 50 percent worse than state average.

Manhattan compared unfavorably to New York state for “Felt Sad (Every Day for 2 weeks) & Stopped Regular Activities due to Sadness,” “Did Not Use a Condom During Last Sexual Intercourse,” and “Marijuana Use in the Past Month.”

New York Prevention Agenda 2019-2024

The New York Prevention Agenda is the state’s health improvement plan for 2019-2024. Five priority areas were identified to improve the health of state residents and to reduce disparities:

- Prevent chronic diseases;
- Promote a healthy and safe environment;
- Promote healthy women, infants, and children;
- Promote well-being and prevent mental and substance use disorders; and
- Prevent communicable diseases.

The state developed tracking indicators or goals for indicators relating to each priority area. Baseline data are available for each borough along with a target for the year 2024. **Exhibits 49A, 49B, 49C, and 49D** compare each borough’s baseline data to the 2024 target. Manhattan had a large number of indicators that were worse than the 2024 target. The borough was worse than the 2024 target for the following indicators:

- Potentially preventable hospitalizations among adults
- Adults with health insurance, aged 18-64 years;
- Adults who have a regular health care provider, age-adjusted percentage;
- Assault-related hospitalizations;
- Work-related emergency department (ED) visits;
- Crash-related pedestrian fatalities;
- Children with obesity, among children aged 2-4 years participating in the WIC program;
- Adults with disabilities who participate in leisure-time physical activity;
- Adults who smoke cigarettes among adults with income less than \$25,000;
- Adults who had a test for high blood sugar or diabetes within the past three years;
- Adults with an annual household income less than \$25,000 who had a test for high blood sugar or diabetes within the past three years;
- Medicaid Managed Care members who were identified as having persistent asthma;
- Adults with hypertension who are currently taking medicine to manage their high blood pressure;
- Women with a preventive medical visit in the past year;
- Women ever talking with a health care provider to prepare for a healthy pregnancy;
- Maternal mortality;
- Frequent mental distress during the past month among adults;
- Binge drinking during the past month among adults;
- Overdose deaths involving any opioids; and
- Adults who have experienced two or more adverse childhood experiences (ACEs).

Exhibit 49A: Prevention Agenda 2019-2024 Indicators Compared to Objectives

Prevention Agenda 2019-2024 Priority Areas and Indicators	Data years	Manhattan	New York City	New York State	NYS Target
Improve Health Status and Reduce Health Disparities					
Percentage of deaths that are premature (before age 65 years)	2020	21.3%	25.9%	23.3%	22.8%
Premature deaths (before age 65 years), difference in percentages between Black non-Hispanics and White non-Hispanics	2020	15.9	16.6	16.5	17.3
Premature deaths (before age 65 years), difference in percentages between Hispanics and White non-Hispanics	2020	8.6	16.6	17.2	16.2
Age-adjusted preventable hospitalizations rate per 10,000 - Aged 18+ years	2020	75.4	101.7	96.2	115.0
Potentially preventable hospitalizations among adults, difference in age-adjusted rates per 10,000 between Black non-Hispanics and White non-Hispanics	2020	162.6	110.5	99.0	94.0
Potentially preventable hospitalizations among adults, difference in age-adjusted rates per 10,000 between Hispanics and White non-Hispanics	2020	54.4	54.8	29.7	23.9
Percentage of adults with health insurance, aged 18-64 years	2020	94.7%	N/A	92.7%	97.0%
Adults who have a regular health care provider, age-adjusted percentage	2021	79.5%	82.2%	85.0%	86.7%
Promote a Healthy and Safe Environment					
Hospitalizations due to falls among adults, rate per 10,000 population, aged 65+ years	2019	168.2	168.1	193.9	173.7
Assault-related hospitalizations, rate per 10,000 population	2019	3.7	4.3	3.1	3.0
Assault-related hospitalizations, ratio of rates between Black non-Hispanics and White non-Hispanics	2019	6.6	4.3	5.1	5.5
Assault-related hospitalizations, ratio of rates between Hispanics and White non-Hispanics	2019	2.7	2.4	2.4	2.5
Assault-related hospitalizations, ratio of rates between low-income ZIP Codes and non-low-income ZIP Codes	2019	2.1	2.2	2.8	2.7
Firearm assault-related hospitalizations, rate per 10,000 population	2019	0.2	0.3	0.3	0.4
Work-related emergency department (ED) visits, ratio of rates between Black non-Hispanics and White non-Hispanics	2020	4.2	1.9	1.4	1.3
Crash-related pedestrian fatalities, rate per 100,000 population	2019	1.1	1.7	1.7	1.4
Percentage of population living in a certified Climate Smart Community	2022	N/A	N/A	30%	8.6%
Percentage of people who commute to work using alternate modes of transportation (e.g., public transportation, carpool, bike/walk) or who telecommute	2016-2020	90.7%	75.8%	46.2%	47.9%

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state target; dark grey denotes 50 percent worse than state target.

Exhibit 49B: Prevention Agenda 2019-2024 Indicators Compared to Objectives

Prevention Agenda 2019-2024 Priority Areas and Indicators	Data years	Manhattan	New York City	New York State	NYS Target
Prevent Chronic Diseases					
Percentage of children with obesity, among children aged 2-4 years participating in the WIC program	2017	13.1%	13.1%	13.9%	13.0%
Percentage of children and adolescents with obesity	2018-2019	16.1%	20.9%	0.0%	19.4%
Percentage of adults with obesity	2021	17.2%	25.7%	29.1%	24.2%
Percentage of adults with an annual household income less than \$25,000 with obesity	2021	27.0%	32.6%	34.4%	29.0%
Percentage of adults with an annual household income less than \$25,000 who consume one or more sugary drinks per day	2021	26.3%	25.8%	27.5%	28.5%
Percentage of adults with an annual household income less than \$25,000 with perceived food security	2021	39.0%	45.0%	48.1%	61.4%
Percentage of adults who participate in leisure-time physical activity	2021	80.1%	72.1%	74.2%	77.4%
Percentage of adults with disabilities who participate in leisure-time physical activity	2021	60.4%	57.8%	58.3%	61.8%
Percentage of adults who participate in leisure-time physical activity, aged 65+ years	2021	78.2%	68.3%	68.4%	75.9%
Prevalence of cigarette smoking among adults	2021	9.8%	10.5%	12.0%	11.0%
Percentage of adults who smoke cigarettes among adults with income less than \$25,000	2021	15.8%	15.2%	20.4%	15.3%
Percentage of adults who receive a colorectal cancer screening based on the most recent guidelines, aged 50-64 years	2018	73.9%	63.8%	65.4%	66.3%
Percentage of adults who had a test for high blood sugar or diabetes within the past three years, aged 45+ years	2021	64.2%	65.6%	64.3%	71.7%
Percentage of adults with an annual household income less than \$25,000 who had a test for high blood sugar or diabetes within the past three years, aged 45+ years	2021	54.2%	57.8%	60.3%	67.4%
Asthma emergency department visits, rate per 10,000, aged 0-17 years	2020	66.0	61.2	39.0	131.1
Percentage of Medicaid Managed Care members who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of 0.50 or greater during the measurement year, aged 5-18 years	2020	60.5%	64.9%	67.6%	69.0%
Percentage of adults with hypertension who are currently taking medicine to manage their high blood pressure	2021	77.3%	78.6%	80.2%	80.7%
Percentage of adults with chronic conditions (arthritis, asthma, CVD, diabetes, CKD, cancer) who have taken a course or class to learn how to manage their condition	2021	9.2%	9.5%	9.8%	10.6%

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state target; dark grey denotes 50 percent worse than state target.

Exhibit 49C: Prevention Agenda 2019-2024 Indicators Compared to Objectives

Prevention Agenda 2019-2024 Priority Areas and Indicators	Data years	Manhattan	New York City	New York State	NYS Target
Promote Healthy Women, Infants, and Children					
Percentage of women with a preventive medical visit in the past year, aged 18-44 years	2021	70.1%	74.6%	75.9%	80.6%
Percentage of women with a preventive medical visit in the past year, aged 45+ years	2021	86.1%	88.2%	87.9%	85.0%
Percentage of women who report ever talking with a health care provider about ways to prepare for a healthy pregnancy, aged 18-44 years	2021	24.2%	21.7%	28.5%	38.1%
Maternal mortality, rate per 100,000 live births	2018-2020	19.2	19.2	19.3	16.0
Infant mortality, rate per 1,000 live births	2020	2.6	3.6	4.1	4.0
Percentage of births that are preterm	2020	8.8%	9.1%	9.2%	8.3%
Newborns with neonatal withdrawal symptoms and/or affected by maternal use of drugs of addiction (any diagnosis), crude rate per 1,000 newborn discharges	2020	4.4	3.2	8.8	9.1
Percentage of infants who are exclusively breastfed in the hospital among all infants	2020	62.4%	45.4%	47.3%	51.7%
Percentage of infants who are exclusively breastfed in the hospital among Hispanic infants	2020	38.0%	37.2%	36.1%	37.4%
Percentage of infants who are exclusively breastfed in the hospital among Black non-Hispanic infants	2020	48.1%	36.0%	34.9%	38.4%
Percentage of infants supplemented with formula in the hospital among breastfed infants	2020	34.5%	50.5%	46.2%	41.9%
Percentage of WIC enrolled infants who are breastfed at 6 months	2017	41.3%	0.0%	42.0%	45.5%
Suicide mortality among youth, rate per 100,000, aged 15-19 years	2018-2020	4.4	3.9	5.4	4.7
Percentage of families participating in the Early Intervention Program who meet the state's standard on the NY Impact on Family Scale	July 2020-June 2021	91.7%	92.0%	92.9%	73.9%
Percentage of residents served by community water systems that have optimally fluoridated water	2021	100.0%	100.0%	71.2%	77.5%

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state target; dark grey denotes 50 percent worse than state target.

Exhibit 49D: Prevention Agenda 2019-2024 Indicators Compared to Objectives

Prevention Agenda 2019-2024 Priority Areas and Indicators	Data years	Manhattan	New York City	New York State	NYS Target
Promote Well-Being and Prevent Mental and Substance Use Disorders					
Opportunity Index Score	2019	64.1	-	57.4	59.2
Frequent mental distress during the past month among adults, age-adjusted percentage	2021	14.7	13.6	13.4	10.7
Economy Score	2019	53.3	-	51.9	52.3
Community Score	2019	71.7	-	58.4	61.3
Binge drinking during the past month among adults, age-adjusted percentage	2021	20.9%	15.8%	16.0%	16.4%
Overdose deaths involving any opioids, age-adjusted rate per 100,000 population	2020	17.7	18.7	21.2	14.3
Patients who received at least one buprenorphine prescription for opioid use disorder, age-adjusted rate per 100,000 population	2021	169.9	173.7	427.0	415.6
Opioid analgesic prescription, age-adjusted rate per 1,000 population	2021	164.4	166.5	261.6	350.0
Emergency department visits (including outpatients and admitted patients) involving any opioid overdose, age-adjusted rate per 100,000 population	2020	49.9	49.2	60.9	53.3
Percentage of adults who have experienced two or more adverse childhood experiences (ACEs)	2021	45.1%	44.6%	41.9%	33.8%
Indicated reports of abuse/maltreatment, rate per 1,000 children, aged 0-17 years	2020	N/A	12.7	14.6	15.6
Suicide mortality, age-adjusted rate per 100,000 population	2018-2020	6.9	5.9	8.1	7.0

Source: New York State Department of Health, 2023.

Note: Light grey shading denotes worse than state target; dark grey denotes 50 percent worse than state target.

New York City Community Health Survey

The New York City Department of Health and Mental Hygiene (DOHMH) conducts an annual survey of City residents regarding health behaviors and chronic diseases.¹¹ The survey sample size is approximately 10,000 adults aged 18 years and older. Data are available at a city, borough, and neighborhood level. **Exhibits 50A, 50B, 50C, and 50D** present selected indicators related to health care access, chronic conditions, health behaviors, and mental health by borough and neighborhood.

Exhibit 50A summarizes access indicators for MSM & MSW neighborhoods.

Exhibit 50A: New York City Community Health Survey, Access Indicators, 2017

Borough and Neighborhood	Percentage Who Had Medicaid	Percentage Who Had Medicare	Percentage Who Were Uninsured	Did Not Receive Medical Care	No PCP
Manhattan	16.7%	17.0%	7.7%	8.7%	15.6%
Central Harlem - Morningside Heights	18.0%	19.5%	6.9%	9.7%	16.2%
Chelsea - Clinton	6.7%	16.6%	12.6%	8.1%	22.6%
Upper East Side	5.7%	13.3%	3.6%	7.5%	10.5%
Washington Heights - Inwood	34.4%	16.0%	12.0%	9.1%	18.8%
New York City	23.8%	16.1%	11.8%	10.3%	15.2%

Source: New York City Department of Health and Mental Hygiene, 2020.

Residents of Central Harlem - Morningside Heights are more likely to have Medicare and less likely to have a Primary Care Provider (PCP) than City residents overall. In Chelsea-Clinton, the percentage of residents with Medicare, the percentage of residents who are uninsured, and the percentage of residents with no PCP are higher than New York City overall. Residents of Washington Heights - Inwood are more likely to have Medicaid, more likely to be uninsured, and less likely to have a PCP than City residents overall.

¹¹ EpiQuery is an online tool for New York City from which Community Health Survey and other datasets can be accessed. The tool enhances user ability to access these data by various demographic categories, including age, sex, race/ethnicity, and geographic location, such as borough, and neighborhood. While the New York City Community Health Survey has been continued to be conducted recently, capacity constraints related to the COVID-19 pandemic have delayed EpiQuery updates of more recent Community Health Survey data.

NYC Community Health Survey data presented utilize the most recent data available from EpiQuery. While these data are from 2017, results can continue to inform assessments of community health across different neighborhoods.

The current webpage that summarizes New York City Community Health Survey data can via EpiQuery is <https://a816-health.nyc.gov/hdi/epiquery/visualizations?PageType=ps&PopulationSource=CHS>. The current webpage to access datasets for multiple years of the Community Health Survey is <https://www.nyc.gov/site/doh/data/data-sets/community-health-survey-public-use-data.page>.

Exhibit 50B summarizes chronic conditions within MSM & MSW neighborhoods.

Exhibit 50B: New York City Community Health Survey, Chronic Conditions, 2017

Borough and Neighborhood	Ever Been Told Had Asthma	Ever Had High Blood Pressure	Ever Told You Have Diabetes	Overweight and Obese
Manhattan	4.6%	23.9%	7.3%	44.6%
Central Harlem - Morningside Heights	1.9%	37.4%	11.9%	53.6%
Chelsea – Clinton	3.7%	18.3%	4.5%	37.4%
Upper West Side	1.1%	20.1%	2.3%	42.6%
Washington Heights – Inwood	7.2%	32.8%	12.1%	61.3%
New York City	4.3%	28.0%	11.5%	57.3%

Source: New York City Department of Health and Mental Hygiene, 2020.

Residents of Central Harlem - Morningside Heights are more likely to have ever had high blood pressure and ever told they have diabetes than New York City residents overall. Residents of Washington Heights – Inwood are more likely to have ever been told they have asthma, ever had high blood pressure, ever told they have diabetes, and be overweight and obese than New York City residents overall.

Exhibit 50C summarizes health behaviors within MSM & MSW neighborhoods.

Exhibit 50C: New York City Community Health Survey, Health Behaviors, 2017

Borough and Neighborhood	Binge Drinker*	Current Smoker	No Exercise in the Past 30 Days	Consumed on Average One or More Sugary Beverage	Consumed 0 Servings of Fruit and/or Vegetables Yesterday**
Manhattan	25.1%	12.0%	16.7%	16.6%	10.0%
Central Harlem - Morningside Heights	25.9%	16.9%	26.5%	32.7%	11.5%
Chelsea - Clinton	33.2%	12.5%	18.6%	10.0%	8.7%
Upper West Side	24.7%	14.0%	8.5%	16.2%	13.5%
Washington Heights - Inwood	19.3%	12.2%	24.5%	25.1%	16.7%
New York City	17.3%	13.4%	25.5%	23.0%	11.8%

Source: New York City Department of Health and Mental Hygiene, 2020. *Binge drinking is defined as five or more drinks on one occasion for males and four or more drinks on one occasion for females. **A serving equals one medium apple, a handful of broccoli, or a cup of carrots

Residents of Central Harlem - Morningside Heights are more likely binge drink, smoke, not exercise in the last 30 days, and consume sugary beverages than City residents overall. Residents of Chelsea - Clinton are more likely binge drink. Residents of the Upper West Side are more likely to binge drink, smoke, and not consume fruits and/or vegetables. Residents of Washington Heights – Inwood are more likely to binge drink, consume sugary beverages, and not consume fruits and/or vegetables.

Exhibit 50D summarizes mental health indicators within MSM & MSW neighborhoods.

Exhibit 50D: New York City Community Health Survey, Mental Health Indicators, 2017

Borough and Neighborhood	Current Depression	No mental health treatment (among those with depression)
Manhattan	9.8%	45.0%
Central Harlem - Morningside Heights	5.3%	53.4%
Chelsea - Clinton	11.3%	58.2%
Upper West Side	8.2%	37.8%
Washington Heights - Inwood	12.7%	50.4%
New York City	9.3%	57.3%

Source: New York City Department of Health and Mental Hygiene, 2020.

Residents of Chelsea - Clinton are more likely to report current depression and have no mental health treatment than City residents overall. Residents of Washington Heights – Inwood are more likely to report depression.

Ambulatory Care Sensitive Conditions

This section examines the frequency of discharges for Ambulatory Care Sensitive Conditions (ACSCs) from the MSM & MSW community.

ACSCs are health “conditions for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease.”¹² As such, rates of hospitalization for these conditions can “provide insight into the quality of the health care system outside of the hospital,” including the accessibility and utilization of primary care, preventive care and health education, as well as the ability to navigate to these services. Among these conditions are diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma. Disproportionately high rates of discharges for ACSC indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the community’s health care system and ways to improve outcomes.

Community/Neighborhood-Level Analysis

Exhibit 51 indicates the percentage of adult discharges from all hospitals in the MSM & MSW community that were for ACSCs, by payer.

Exhibit 51: Adult Discharges for ACSC by Neighborhood and Payer, 2022

Location	Private	Medicaid	Medicare	Self-Pay / Other	Total
Central Harlem-Morningside Heights	5.6%	10.8%	15.7%	0.0%	12.0%
Chelsea-Clinton	0.6%	8.0%	10.3%	0.0%	7.3%
Upper West Side	0.6%	8.5%	9.9%	0.0%	7.4%
Washington Heights-Inwood	4.2%	9.0%	14.9%	0.0%	10.7%
Total MSM & MSW Community	2.5%	9.3%	12.8%	0.0%	9.6%

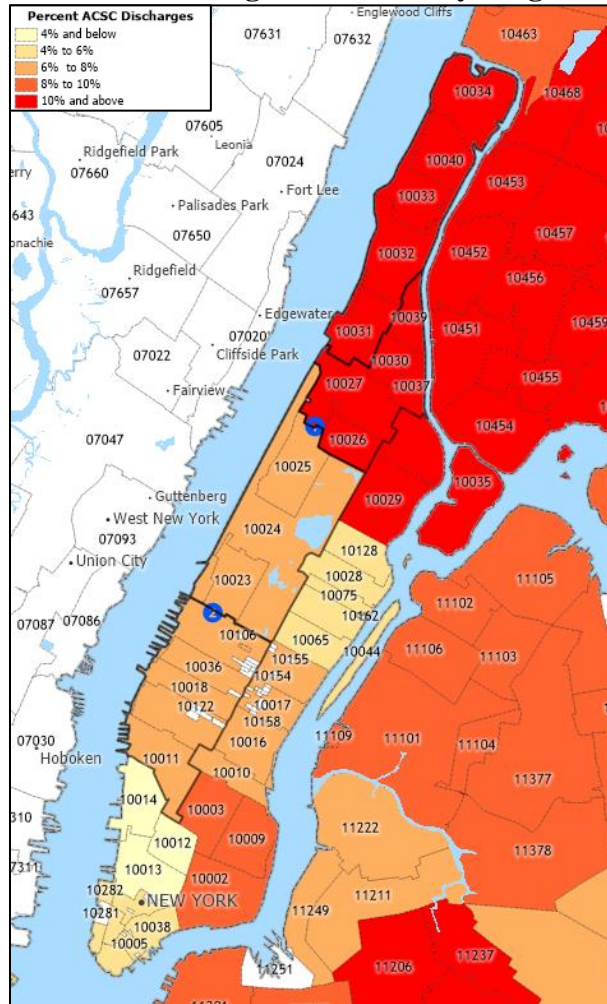
Source: DataGen®, Inc., 2023

The table indicates that 9.6 percent of adult discharges in the community were for ACSCs in 2022. Medicare patients, residents of Central Harlem-Morningside Heights, and residents of Washington Heights-Inwood had the highest proportions of discharges for ACSCs.

¹²Agency for Healthcare Research and Quality (AHRQ), *Prevention Quality Indicators Overview*. Retrieved 2020, from: https://www.qualityindicators.ahrq.gov/modules/pqi_overview.aspx.

Exhibit 52A illustrates the percentages of adult discharges from all hospitals in the community that were for ACSCs, by neighborhood.

Exhibit 52A: Adult Discharges for ACSC by Neighborhood, 2022



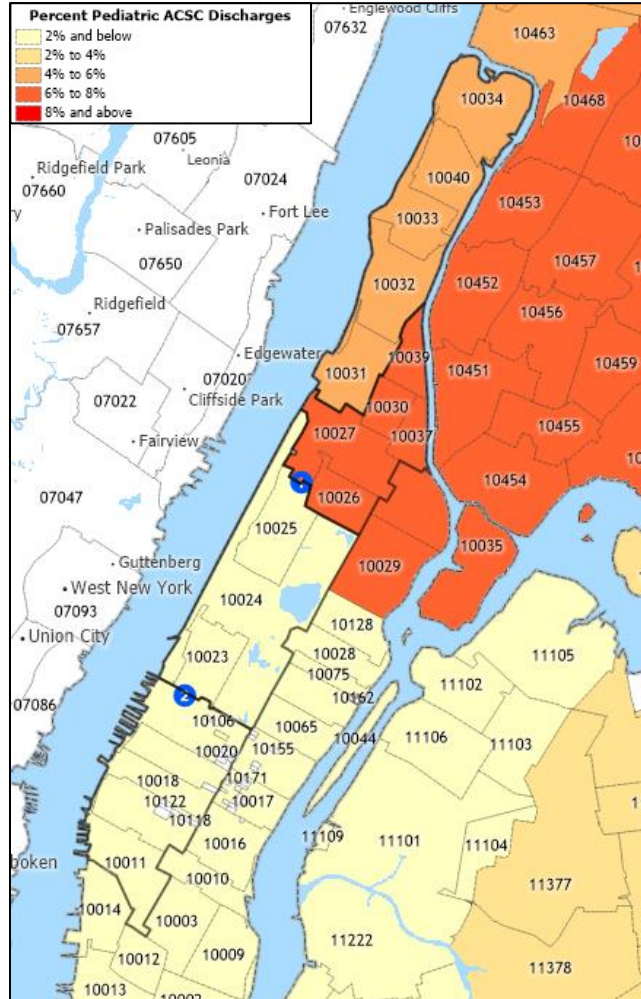
Sources: Caliper Maptitude (2023) and DataGen®, Inc., 2023

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

The ACSC discharge rates were higher in neighborhoods near Mount Sinai Morningside. ACSCs were more than ten percent of discharges in Washington Heights-Inwood and Central Harlem-Morningside neighborhoods.

Exhibit 52B illustrates the percentages of pediatric discharges from all hospitals in the community that were for ACSCs, by neighborhood.

Exhibit 52B: Pediatric Discharges for ACSC by Neighborhood, 2022



Sources: Caliper Maptitude (2023) and DataGen®, Inc., 2023

Note that density of shading on this map is not comparable to the density of shading of other maps. The legend is specific to this map.

The Pediatric ACSC discharge rates were higher in neighborhoods near Mount Sinai Morningside. In the Manhattan neighborhood of Central Harlem-Morningside Heights, Pediatric ACSCs were six to eight percent of discharges.

ACSC Conditions Analysis

Exhibit 53 displays the frequency and percentage of all hospital discharges of residents in the MSM & MSW community for ACSC by age and condition. For each condition, the percentage figures indicate the proportion of discharges in each age cohort.

Exhibit 53: ACSC Discharges of MSM & MSW Community Members from all hospitals by Condition and Age, 2022

Condition	0 to 17	18 to 39	40 to 64	65+	Total
Heart Failure	0.0%	1.5%	32.1%	66.4%	2,420
COPD or Asthma in Older Adults	0.0%	0.0%	46.4%	53.6%	1,022
Diabetes Long-Term Complications	0.0%	8.7%	43.3%	48.1%	959
Urinary Tract Infection	0.0%	6.9%	16.2%	76.8%	548
Diabetes Short-Term Complications	0.0%	6.6%	38.5%	54.9%	543
Hypertension	0.0%	39.3%	37.1%	23.6%	458
Pediatric Asthma	100.0%	0.0%	0.0%	0.0%	376
Uncontrolled Diabetes	0.0%	3.8%	29.3%	67.0%	345
Community-Acquired Pneumonia	0.0%	5.4%	35.3%	59.3%	312
Lower-Extremity Amputation - Patients with Diabetes	0.0%	0.0%	52.4%	47.6%	166
Asthma in Younger Adults	0.0%	100.0%	0.0%	0.0%	111
Pediatric Gastroenteritis	100.0%	0.0%	0.0%	0.0%	58
Pediatric Diabetes Short-Term Complications	0.0%	0.0%	0.0%	0.0%	0
Pediatric Urinary Tract Infection	0.0%	0.0%	0.0%	0.0%	0

Source: DataGen®, Inc., 2023

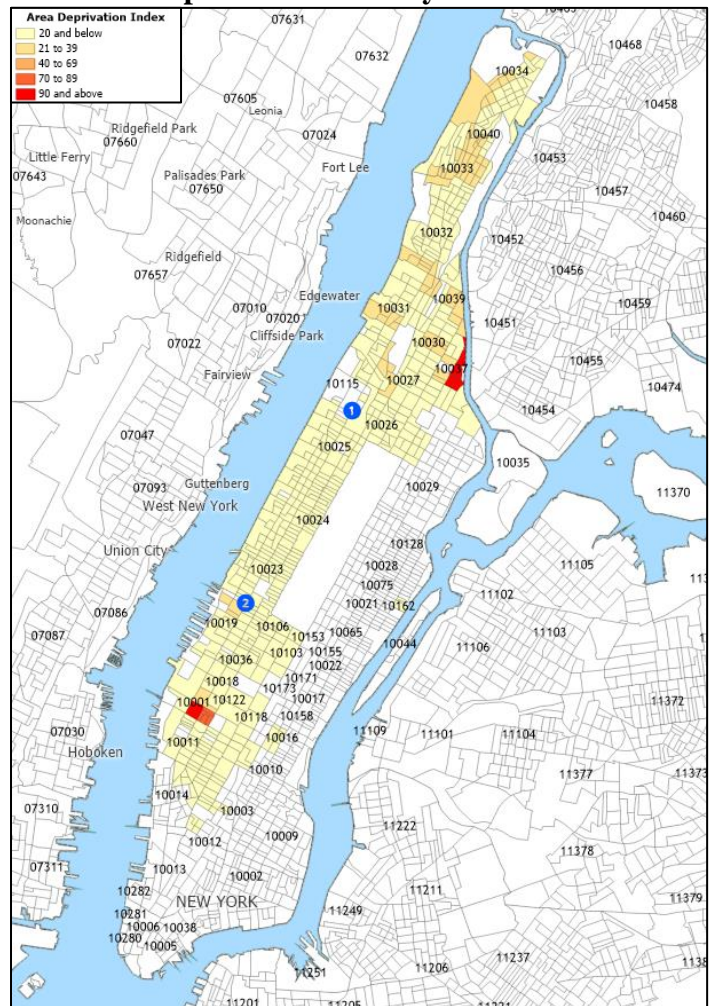
The top five ACSC conditions in the MSM & MSW community by number of discharges were heart failure, COPD or asthma in older adults, diabetes long-term complications, urinary tract infection, and diabetes short-term complications. Pediatric and younger adult asthma and pediatric gastroenteritis were 100 percent of discharges for ACSC conditions. Patients aged 65 years and over had the highest percentage of discharges for ACSC conditions, followed by the 40- to 64 year-old cohort.

Area Deprivation Index, Social Vulnerability Index, CDC PLACES, and Food Deserts

Area Deprivation Index

Exhibit 54 presents the University of Wisconsin, School of Medicine and Public Health, Center for Health Disparities Research’s Area Deprivation Index (ADI) for the MSM & MSW community. The ADI ranks neighborhoods by level of socioeconomic disadvantage and includes factors for income, education, employment, and housing quality. ADIs are calculated for census block groups in national percentile rankings from 1 to 100. A block group ranking of 1 indicates the lowest level of disadvantage within the nation and an ADI ranking of 100 indicates the highest level of disadvantage.

Exhibit 54: Area Deprivation Index by Census Block Group, 2020



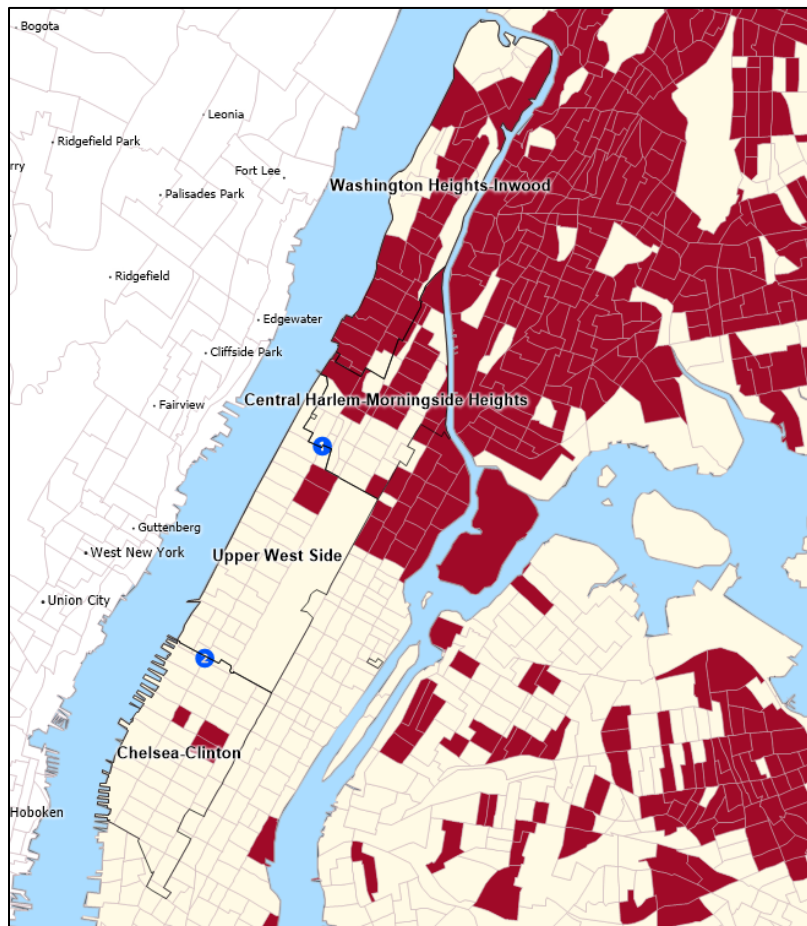
Source: University of Wisconsin School of Medicine and Public Health. Area Deprivation Index, 2020, as downloaded from <https://www.neighborhoodatlas.medicine.wisc.edu/>, on March 28, 2023, and Caliper Maptitude, 2023.

Social Vulnerability Index

The CDC has developed the *Social Vulnerability Index* (CDC SVI) that assesses the “potential negative effects on communities caused by external stresses on human health.”¹³ The CDC SVI is determined from fifteen variables reported by the U.S. Census Bureau. Variables are grouped into the following four themes: Socioeconomic status; Household composition; Race, Ethnicity, and Language; and Housing and transportation.

Exhibit 55A identifies the top quartile of CDC SVI for socioeconomic vulnerability for census tracts in MSM & MSW community.

Exhibit 55A: Top Quartile Census Tracts for Socioeconomic Vulnerability



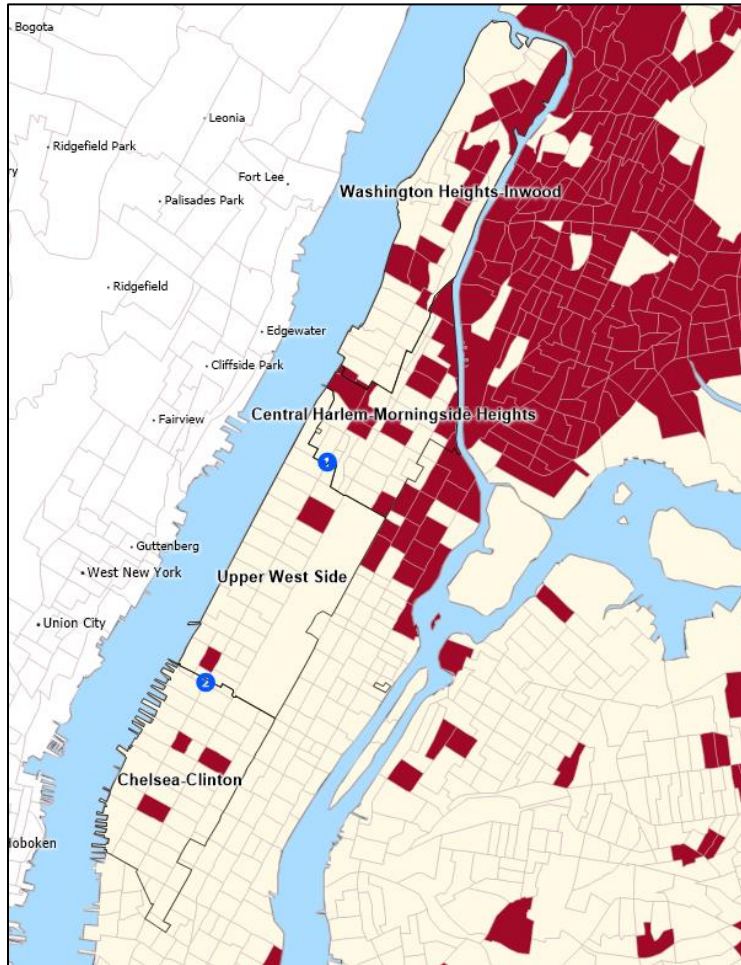
Sources: Caliper Maptitude (2023) and CDC, 2020.

Census tracts in the top quartile for socioeconomic vulnerability are present throughout the community, with concentrations in Washington Heights-Inwood and Central Harlem-Morningside.

¹³ CDC. Social Vulnerability Index. Retrieved from <https://www.atsdr.cdc.gov/placeandhealth/svi/index.html>.

Exhibit 55B identifies the top quartile of CDC SVI for household vulnerability for census tracts in MSM & MSW community.

Exhibit 55B: Top Quartile Census Tracts for Household Vulnerability

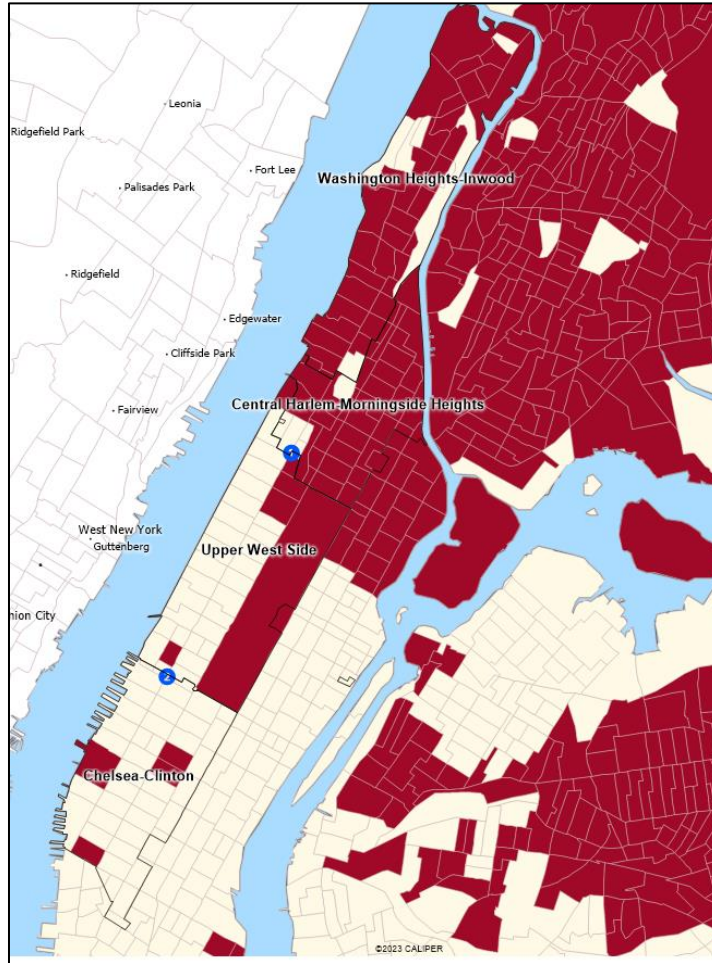


Sources: Caliper Maptitude (2023) and CDC, 2020.

Census tracts in the top quartile for household vulnerability are present throughout the MSM & MSW community.

Exhibit 55C identifies the top quartile of CDC SVI for minority vulnerability for census tracts in MSM & MSW community.

Exhibit 55C: Top Quartile Census Tracts for Minority Vulnerability

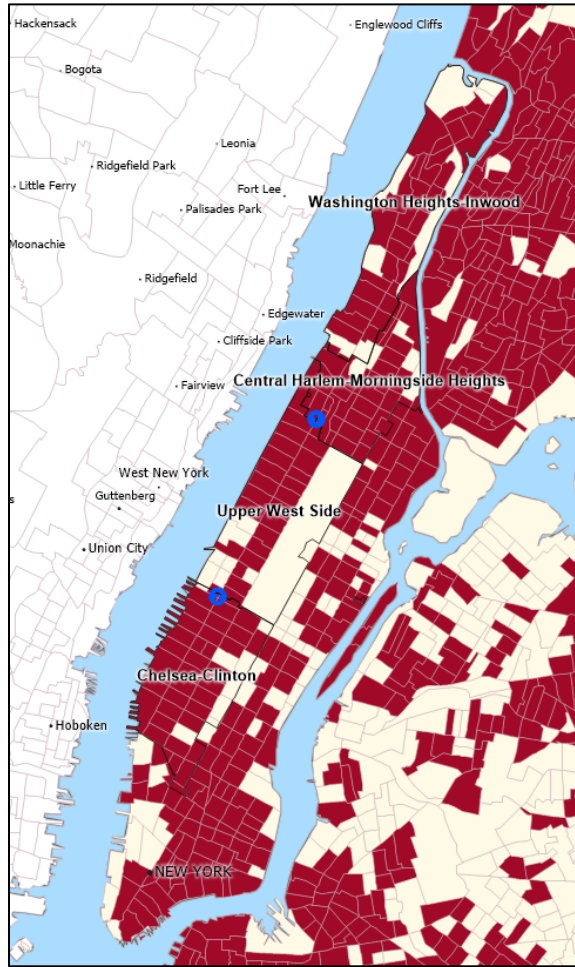


Sources: Caliper Maptitude (2023) and CDC, 2020.

Census tracts in the top quartile for minority vulnerability are present throughout the community, with concentrations in the Upper West Side, Central Harlem-Morningside Heights, and Washington Heights-Inwood.

Exhibit 55D identifies the top quartile of CDC SVI for housing vulnerability for census tracts in the MSM & MSW community.

Exhibit 55D: Top Quartile Census Tracts for Housing Vulnerability



Sources: Caliper Maptitude (2023) and CDC, 2020.

Census tracts in the top quartile for housing vulnerability are present throughout the community.

CDC PLACES

PLACES, a collaboration between the CDC and the Robert Wood Johnson Foundation, provides health-related data for the United States at several geographies, including census tract, ZIP Code Tabulation Area, and county. Categories of data variables provided are health outcomes, prevention, health risk behaviors, health status disabilities, and disabilities.

Exhibit 56A.1 identifies neighborhoods that compare unfavorably for health outcomes.

Exhibit 56A.1: CDC PLACES - Health Outcomes, 2023

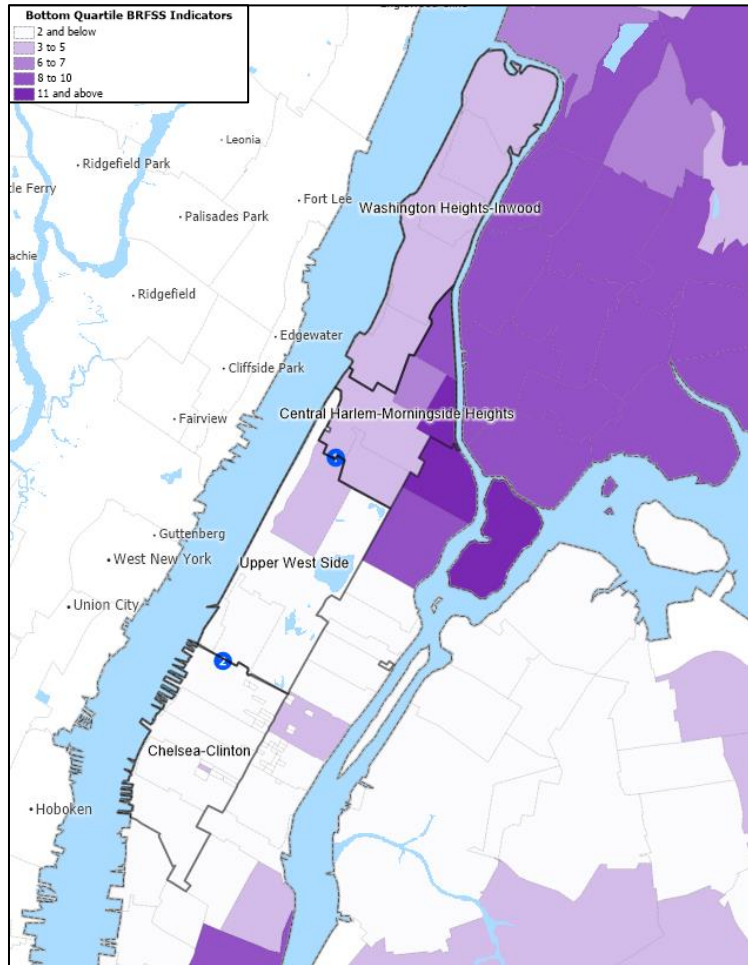
Location	All Teeth Lost 65+	Arthritis	Cancer	Chronic Kidney Disease	COPD	Coronary Heart Disease	Current Asthma	Depression	Diagnosed Diabetes	High Blood Pressure	High Cholesterol	Obesity	Stroke
Central Harlem - Morningside Heights	17.7%	19.3%	4.7%	3.2%	5.8%	4.7%	12.7%	20.9%	11.5%	29.9%	31.3%	26.7%	3.3%
Chelsea - Clinton	6.8%	15.6%	5.2%	2.1%	3.5%	3.5%	9.6%	20.4%	6.2%	20.4%	30.9%	17.5%	1.8%
Upper West Side	6.8%	19.3%	6.7%	2.6%	4.1%	4.2%	10.0%	20.7%	7.3%	23.7%	34.1%	18.3%	2.2%
Washington Heights - Inwood	14.6%	18.4%	4.9%	3.3%	5.4%	5.0%	11.2%	21.3%	11.7%	26.1%	34.1%	25.0%	2.9%
Total MSM & MSW Community	11.6%	18.3%	5.4%	2.9%	4.7%	4.4%	10.9%	20.9%	9.4%	25.2%	32.9%	22.1%	2.6%
New York City	14.7%	19.0%	5.2%	3.0%	5.6%	5.0%	10.7%	18.5%	11.6%	28.2%	32.8%	27.6%	2.9%

Source: CDC, 2023, and Verité analysis.

Neighborhoods with unfavorable health outcomes, compared to New York City overall, are present throughout the community.

Exhibit 56A.2 presents a map of neighborhoods with a count of unfavorable health outcome indicators, compared to New York City.

Exhibit 56A.2: CDC Places – Map of Health Outcome Indicators, 2023



Sources: Caliper Maptitude (2023), CDC (2023) and Verité analysis.

The distribution of unfavorable health outcome indicators, compared to New York City overall, varies throughout the community.

Exhibit 56B.1 identifies neighborhoods that compare unfavorably for prevention indicators.

Exhibit 56B.1: CDC Places - Prevention Indicators, 2023

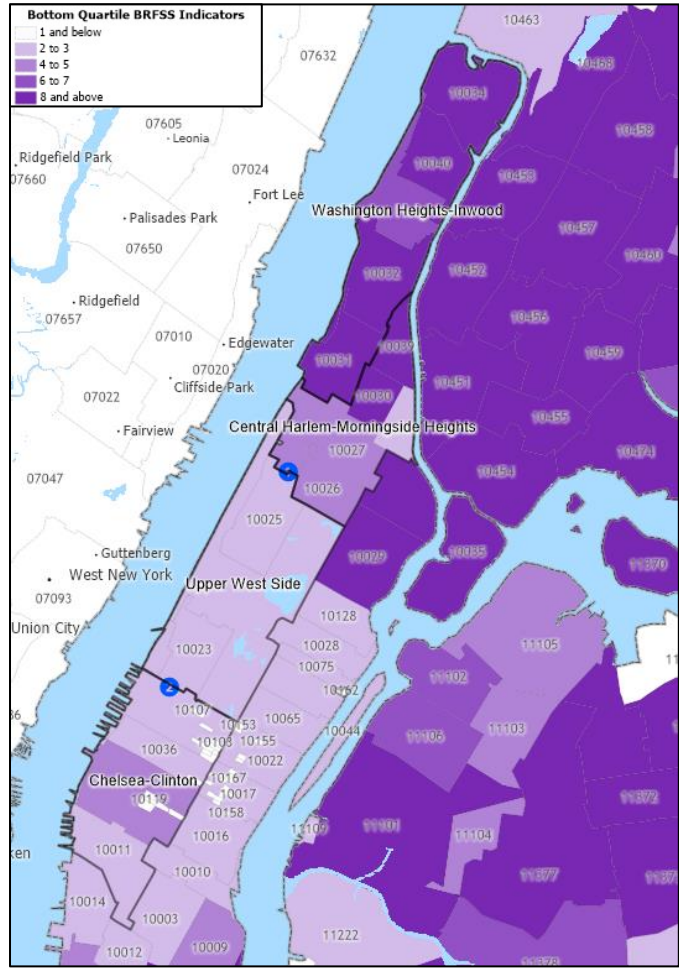
Location	Cervical Cancer Screening	Cholesterol Screening	Current Lack of Health Insurance	Colon Cancer Test	Mammogram	Preventive Services in Men	Preventive Services in Women	High Blood Pressure Rx	Dental Visit	Routine Checkup
Central Harlem - Morningside Heights	84.3%	85.2%	10.2%	75.2%	81.7%	28.0%	31.8%	74.5%	58.3%	75.9%
Chelsea - Clinton	85.1%	88.0%	4.5%	78.7%	79.8%	39.3%	41.4%	70.7%	73.6%	72.0%
Upper West Side	87.0%	89.8%	4.6%	80.2%	80.2%	40.1%	41.6%	75.3%	74.7%	74.8%
Washington Heights - Inwood	82.7%	84.5%	16.3%	71.4%	79.0%	27.3%	31.1%	73.2%	57.7%	72.5%
Total MSM & MSW Community	84.7%	86.8%	9.5%	76.0%	80.0%	33.3%	36.1%	73.6%	65.6%	73.8%
New York City	81.9%	86.0%	11.1%	73.3%	80.1%	33.5%	31.3%	74.0%	59.8%	76.3%

Source: CDC, 2023, and Verité analysis.

Neighborhoods with unfavorable prevention indicators, compared to New York City overall, are present throughout the community.

Exhibit 56B.2 presents a map of neighborhoods with a count of unfavorable prevention indicators, compared to New York City.

Exhibit 56B.2: CDC Places – Map of Prevention Indicators, 2023



Sources: Caliper Maptitude (2023), CDC (2023) and Verité analysis.

The distribution of unfavorable prevention indicators, compared to New York City overall, varies throughout the community.

Exhibit 56C.1 identifies neighborhoods that compare unfavorably for health risk behaviors.

Exhibit 56C.1: CDC Places - Health Risk Behaviors, 2023

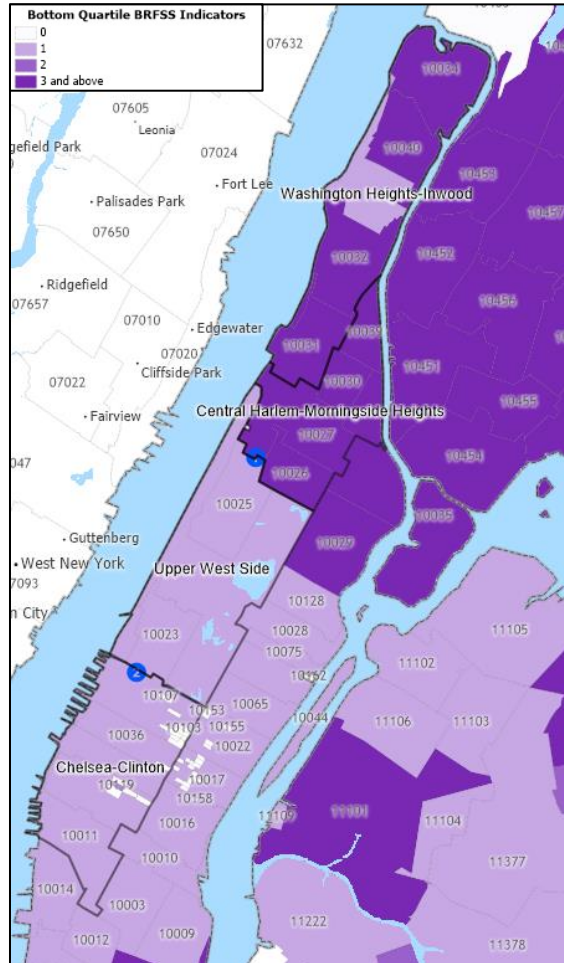
Location	Binge Drinking	Current Smoking	No Leisure-Time Physical Activity	Chronic Kidney Disease
Central Harlem - Morningside Heights	18.2%	16.2%	27.1%	38.6%
Chelsea - Clinton	22.7%	9.1%	15.3%	29.8%
Upper West Side	20.7%	8.9%	16.2%	29.1%
Washington Heights - Inwood	19.2%	14.6%	29.4%	34.0%
Total MSM & MSW Community	20.0%	12.3%	22.6%	32.8%
New York City	16.2%	14.2%	28.6%	35.6%

Source: CDC, 2023, and Verité analysis.

Neighborhoods with unfavorable health risk behaviors, compared to New York City overall, are present throughout the community.

Exhibit 56C.2 presents a map of neighborhoods with a count of unfavorable health risk behavior indicators, compared to New York City.

Exhibit 56C.2: CDC Places – Map of Health Risk Behavior Indicators, 2023



Sources: Caliper Maptitude (2023), CDC (2023) and Verité analysis.

The distribution of unfavorable health risk behavior indicators, compared to New York City overall, varies throughout the community.

Exhibit 56D.1 identifies neighborhoods that compare unfavorably for health status.

Exhibit 56D.1: CDC Places - Health Status, 2023

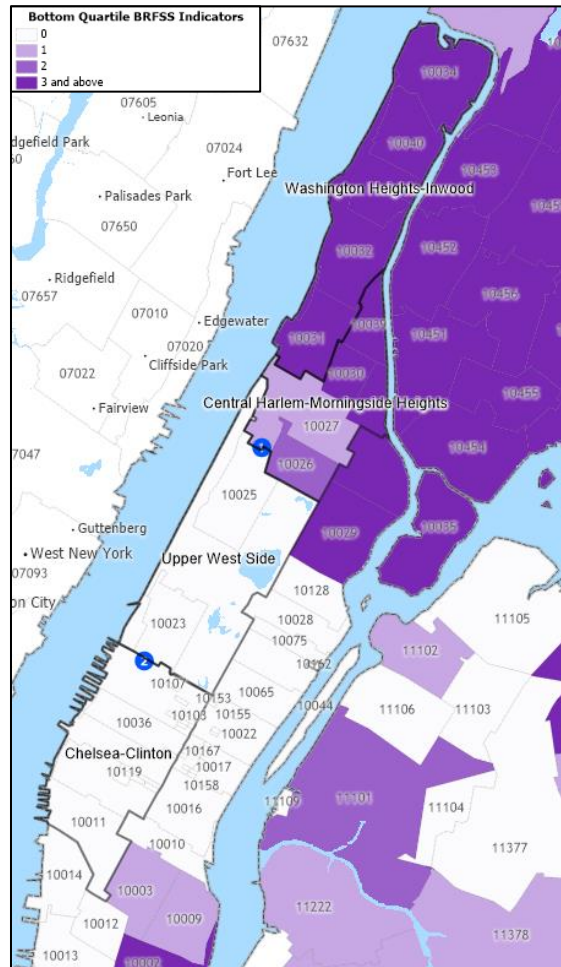
Location	Fair or poor self-rated health status	Mental Health Not Good >=14 days	Physical health not good >=14 days
Central Harlem - Morningside Heights	19.2%	17.9%	11.2%
Chelsea - Clinton	9.0%	13.3%	6.9%
Upper West Side	10.1%	13.0%	7.7%
Washington Heights - Inwood	20.8%	16.8%	12.0%
Total MSM & MSW Community	15.3%	15.3%	9.7%
New York City	17.4%	14.4%	10.9%

Source: CDC, 2023, and Verité analysis.

Neighborhoods with unfavorable health status, compared to New York City overall, are present throughout the community.

Exhibit 56D.2 presents a map of neighborhoods with a count of unfavorable health status indicators, compared to New York City.

Exhibit 56D.2: CDC Places – Map of Health Status Indicators, 2023



Sources: Caliper Maptitude (2023), CDC (2023) and Verité analysis.

The distribution of unfavorable health status indicators, compared to New York City overall, varies throughout the community.

Exhibit 56E.1 identifies neighborhoods that compare unfavorably for disability status.

Exhibit 56E.1: CDC Places – Disability Status, 2023

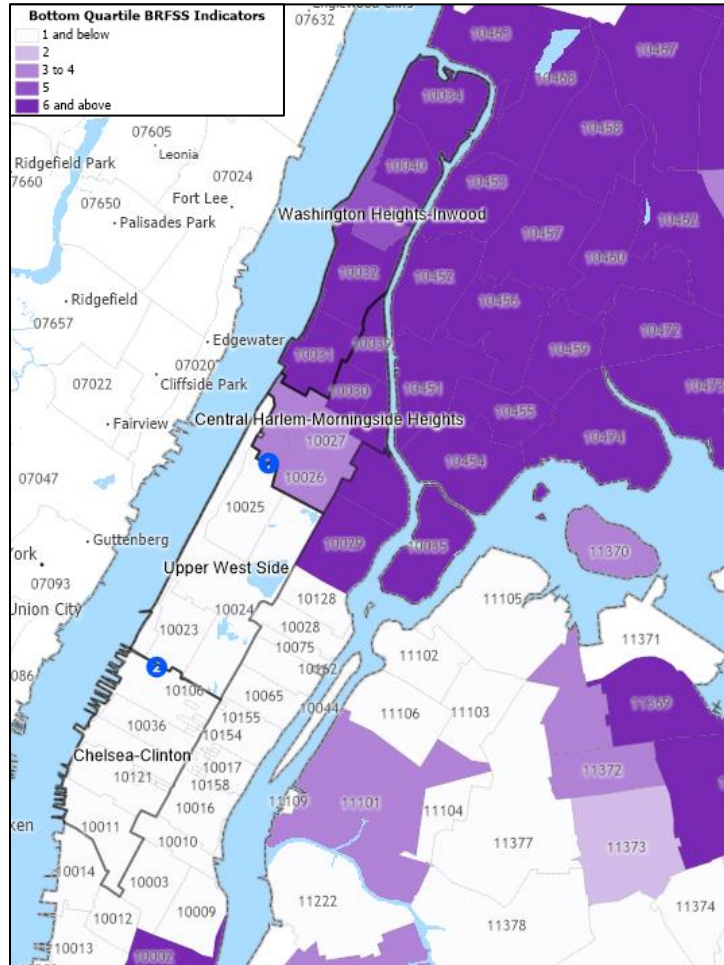
Location	Any Disability	Cognitive Disability	Hearing Disability	Independent Living Disability	Mobility Disability	Self-Care Disability	Vision Disability
Central Harlem - Morningside Heights	30.7%	14.8%	4.3%	10.2%	15.7%	5.3%	7.7%
Chelsea - Clinton	19.2%	8.5%	4.1%	4.7%	7.9%	2.1%	3.0%
Upper West Side	21.1%	8.5%	4.7%	5.3%	9.8%	2.5%	3.5%
Washington Heights - Inwood	32.4%	15.2%	5.6%	9.7%	16.0%	5.3%	8.4%
Total MSM & MSW Community	26.4%	12.0%	4.8%	7.6%	12.7%	3.9%	5.9%
New York City	29.0%	13.5%	5.2%	9.0%	14.4%	4.6%	6.8%

Source: CDC, 2023, and Verité analysis.

Neighborhoods with unfavorable disability status, compared to New York City overall, are present throughout the community.

Exhibit 56E.2 presents a map of neighborhoods with a count of unfavorable disability status indicators, compared to New York City.

Exhibit 56E.2: CDC Places – Map of Disability Status Indicators, 2023



Sources: Caliper Maptitude (2023), CDC (2023) and Verité analysis.

The distribution of unfavorable disability status indicators, compared to New York City overall, varies throughout the community.

Food Deserts (Lack of Access to Nutritious and Affordable Food)

The U.S. Department of Agriculture’s Economic Research Service estimates the number of people in each census tract that live in a “food desert,” defined as low-income areas more than one-half mile from a supermarket or large grocery store in urban areas and more than 10 miles from a supermarket or large grocery store in rural areas. Many government-led initiatives aim to increase the availability of nutritious and affordable foods to people living in these food deserts.

Exhibit 57 illustrates the location of food deserts in the MSM & MSW community.

Exhibit 57: Food Deserts by Census Tract, 2019



Source: Caliper Maptitude (2023) and Economic Research Services, U.S. Department of Agriculture, 2021

There are no food deserts present in Manhattan.

Medically Underserved Areas and Populations

HRSA calculates an Index of Medical Underservice (IMU) score for communities across the U.S. The IMU score calculation includes the ratio of primary medical care physicians per 1,000 persons, the infant mortality rate, the percentage of the population with incomes below the poverty level, and the percentage of the population greater than age 64. IMU scores range from zero to 100, where 100 represents the least underserved and zero represents the most underserved.¹⁴

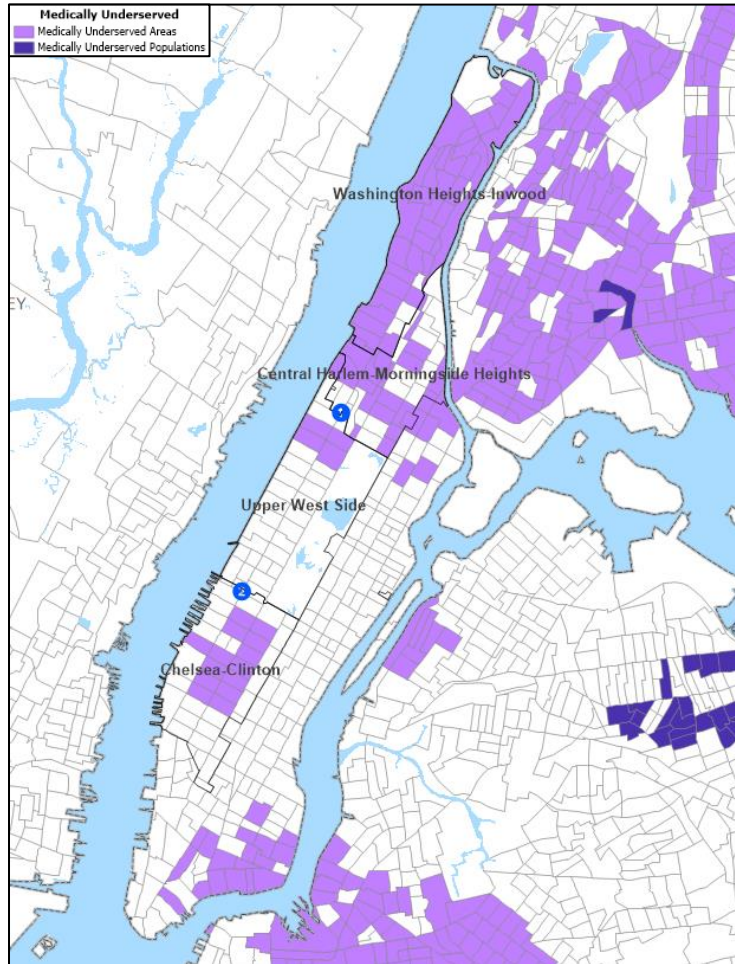
Any area or population receiving an IMU score of 62.0 or less qualifies for Medically Underserved Area (MUA) or Medically Underserved Population (MUP) designation. Federally Qualified Health Centers (FQHCs) may be established to serve MUAs and MUPs. Populations receiving MUP designation include groups within a geographic area with economic barriers or cultural and/or linguistic access barriers to receiving primary care. When a population group does not qualify for MUP status based on the IMU score, a MUP designation is made if “unusual local conditions which are a barrier to access to or the availability of personal health services exist and are documented, and if such a designation is recommended by the chief executive officer and local officials of the state where the requested population resides.”¹⁵

Exhibit 58 shows parts of the community designated by HRSA as medically underserved.

¹⁴ U.S. Health Resources and Services Administration. (n.d.) *Guidelines for Medically Underserved Area and Population Designation*. Retrieved 2013, from <http://bhpr.hrsa.gov/shortage/muaps/index.html>.

¹⁵ *Ibid.*

Exhibit 58: Location of Federally Designated as Medically Underserved Areas and Medically Underserved Populations, 2023



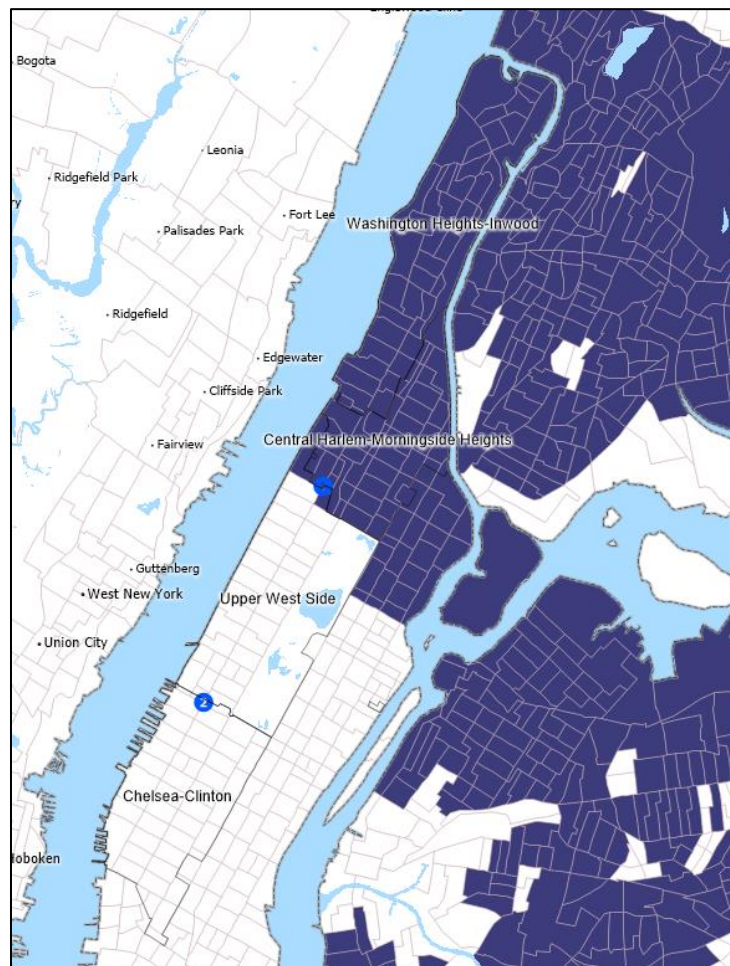
Sources: Caliper Maptitude (2023) and HRSA, 2023.

Census tracts designated as Medically Underserved Areas appear in Manhattan with concentrations in the Washington Heights-Inwood, Central Harlem-Morningside Heights, and Chelsea-Clinton neighborhoods. No Medically Underserved Populations appear in Manhattan.

Health Professional Shortage Areas

An area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is found to be present. In addition to areas and populations that can be designated as HPSAs, a facility can receive federal HPSA designation and an additional Medicare payment if it provides primary medical care services to an area or population group identified as having inadequate access to primary care, dental, or mental health services. HPSAs can be: “(1) An urban or rural area (which need not conform to the geographic boundaries of a political subdivision and which is a rational area for the delivery of health services); (2) a population group; or (3) a public or nonprofit private medical facility.”¹⁶ Areas and populations in the MSM & MSW community are designated as HPSAs (**Exhibit 59**)

Exhibit 59A: Location of Federally Designated Primary Care HPSA Census Tracts in the MSM & MSW Community, 2023

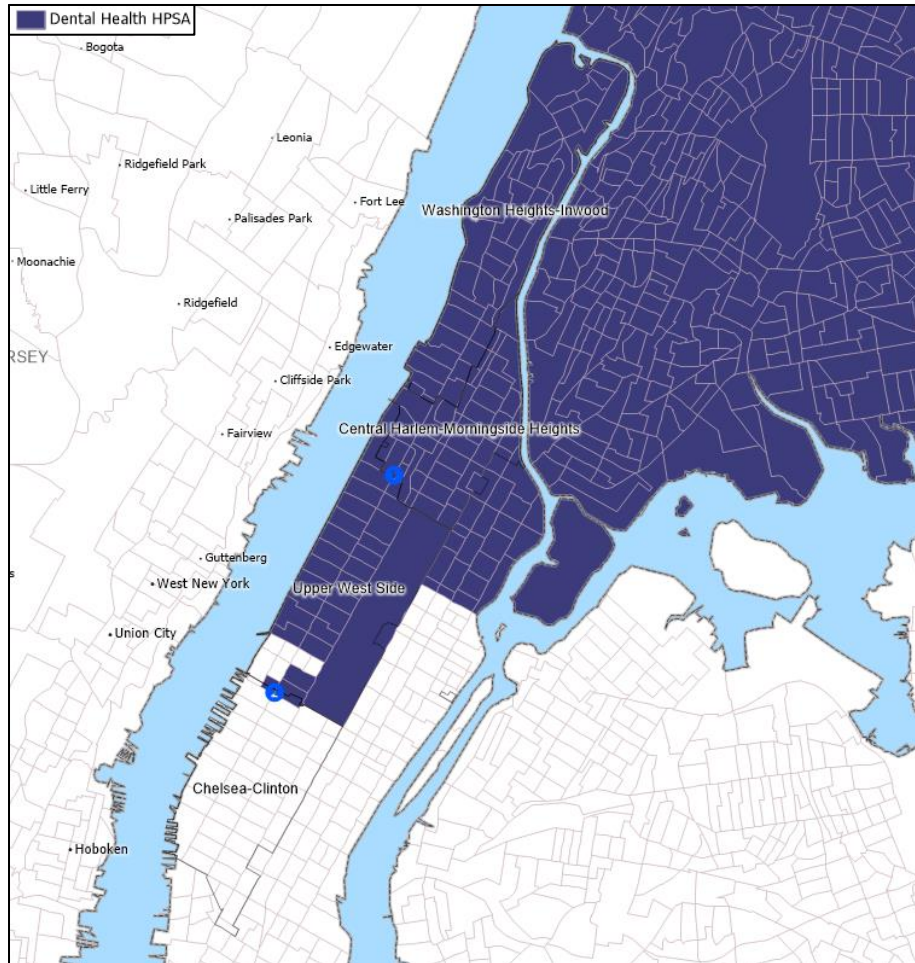


Sources: Caliper Maptitude (2023) and HRSA, 2023.

¹⁶ U.S. Health Resources and Services Administration, Bureau of Health Professionals. (n.d.). *Health Professional Shortage Area Designation Criteria*. Retrieved 2013, from <http://bhpr.hrsa.gov/shortage/hpsas/designationcriteria/index.html>

Census tracts designated as Primary Care HPSAs are located throughout the community, with concentrations in Washington Heights-Inwood and Central Harlem-Morningside Heights neighborhoods.

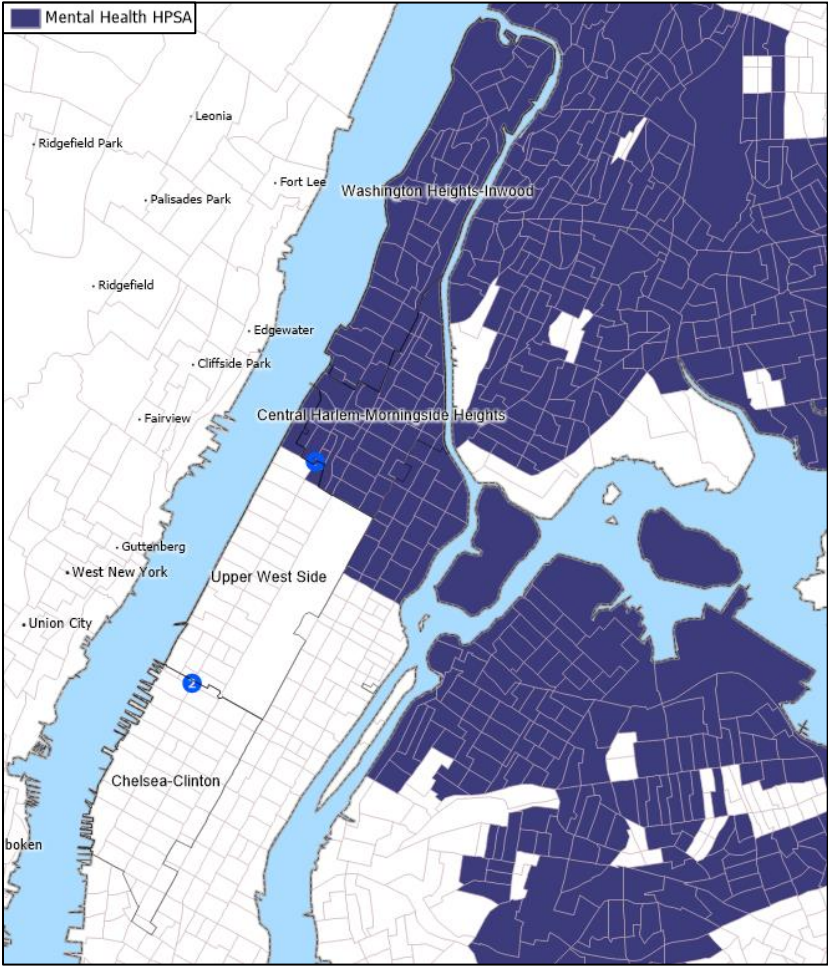
Exhibit 59B: Location of Federally Designated Dental Health HPSA Census Tracts in the MSM & MSW Community, 2023



Sources: Caliper Maptitude (2023) and HRSA, 2023.

Census tracts designated as Dental Health HPSAs are located throughout the community, with concentrations in the Upper West Side, Central Harlem-Morningside Heights, and Washington Heights-Inwood neighborhoods.

Exhibit 59C: Location of Federally Designated Mental Health HPSA Census Tracts in the MSM & MSW Community, 2023



Sources: Caliper Maptitude (2023) and HRSA, 2023.

Census tracts designated as Mental Health HPSAs are located throughout the community, with concentrations in Central Harlem-Morningside Heights and Washington Heights-Inwood neighborhoods.

Description of Other Facilities and Resources within the Community

The MSM & MSW community contains a variety of resources that are available to meet the health needs identified in this CHNA. These resources include facilities designated as HPSAs, hospitals, FQHCs, health professionals, and other agencies and organizations. Multiple facilities in the community are designated as HPSA facilities (**Exhibit 60**).

Exhibit 60: List of HPSA Facilities in the MSM & MSW Community

Borough and Name	Facility Type	Primary Care	Dental Health	Mental Health
Manhattan				
Apicha Community Health Center	Federally Qualified Health Center		•	•
Bellevue Hospital	State Mental Hospital			•
Bellevue Hospital Center	Other Facility	•		
Betances Health Center	Federally Qualified Health Center	•	•	•
Care For The Homeless	Federally Qualified Health Center	•	•	•
Charles B. Wang Community Health Center, Inc.	Federally Qualified Health Center	•	•	•
Community Health Project, Inc.	Federally Qualified Health Center	•	•	•
Community Healthcare Network, Inc.	Federally Qualified Health Center	•	•	•
East Harlem Council For Human Services, Inc.	Federally Qualified Health Center	•	•	•
Heritage Health And Housing, Inc.	Federally Qualified Health Center	•	•	•
Institute For Family Health, The	Federally Qualified Health Center	•	•	•
Margaret Sanger Health Center	Other Facility	•		
Metropolitan Correctional Center (MCC)	Correctional Facility	•	•	•
New York City Health And Hospitals Corporation	Federally Qualified Health Center	•	•	•
Project Renewal, Inc.	Federally Qualified Health Center	•	•	•
Settlement Health And Medical Services, Inc.	Federally Qualified Health Center	•	•	•
Under 21	Federally Qualified Health Center	•	•	•
Upper Room AIDS Ministry, Inc.: Adult Day	Federally Qualified Health Center	•	•	•
William F. Ryan Community Health Center, Inc.	Federally Qualified Health Center	•	•	•

* Indian Health Service, Tribal Health, and Urban Indian Health Organizations
Source: Health Resources and Services Administration, 2023.

Federally Qualified Health Centers (FQHCs) were created by Congress to promote access to ambulatory care in areas designated as “medically underserved.” There are 119 FQHC and Look-A-Like site locations in Manhattan, many of which also are designated as HPSAs.

There are numerous locations for community residents to receive hospital services in Manhattan. **Exhibit 61** lists 22 hospital locations where community residents can receive services in Manhattan.

Exhibit 61: Hospitals in the MSM & MSW Community

Borough	Name
Manhattan	Bellevue Hospital Center
Manhattan	David H. Koch Center For Cancer Care
Manhattan	Harlem Hospital Center
Manhattan	Henry J. Carter Specialty Hospital
Manhattan	Hospital for Special Surgery
Manhattan	Lenox Health Greenwich Village
Manhattan	Lenox Hill Hospital
Manhattan	Memorial Hospital for Cancer and Allied Diseases
Manhattan	Metropolitan Hospital Center
Manhattan	Mount Sinai Beth Israel
Manhattan	Mount Sinai Hospital
Manhattan	Mount Sinai Morningside
Manhattan	Mount Sinai West
Manhattan	New York Eye and Ear Infirmary of Mount Sinai
Manhattan	New York-Presbyterian David H. Koch Center
Manhattan	New York-Presbyterian Hospital - Allen Hospital
Manhattan	New York-Presbyterian Hospital - Columbia Presbyterian Center
Manhattan	New York-Presbyterian Hospital - New York Weill Cornell Center
Manhattan	New York-Presbyterian/Lower Manhattan Hospital
Manhattan	NYU Langone Hospitals
Manhattan	NYU Langone Orthopedic Hospital
Manhattan	Rockefeller University Hospital

Source: New York State Department of Health, 2023.

Exhibit 62 presents the rates of primary care physicians, mental health providers, and dentists in the community per 100,000 population. The rates of primary care, mental health providers, and dentists per 100,000 population are higher in Manhattan, compared to the state.

Exhibit 62: Health Professionals Rates per 100,000 Population by Borough

Location	Primary Care Physicians		Mental Health Providers		Dentists	
	Number	Rate per 100,000	Number	Rate per 100,000	Number	Rate per 100,000
Manhattan	2,243	139.1	16,157	1,024.6	2,974	188.6
New York State	16,477	85.2	66,260	334.0	16,286	82.1

Source: Data provided by County Health Rankings, 2023.

Other resources

A wide range of other agencies and organizations are available in the community to assist in meeting health needs. NYC311 provides “access to non-emergency City services and information about City government programs” and is accessible by phone (311 and 212-639-9675), online (<https://portal.311.nyc.gov/> and social media sites), and by mobile app (NYC311 App). NYC311 is accessible to non-English speakers with assistance in 175 languages.¹⁷

The New York City Department of Health and Mental Hygiene (NYC Health) provides information about and resources available for a wide range of issues at <https://www1.nyc.gov/site/doh/health/health-topics.page>.

In addition, community resources that assist residents in meeting health needs include:

- Local chapters of national organizations, such as the Alzheimer’s Association, American Cancer Society, American Heart Association, American Red Cross, Habitat for Humanity, YMCA, and YWCA;
- Local places of worship;
- Local first responders, including fire departments, police departments, and Emergency Medical Services (EMS);
- Local FQHCs and HPSA facilities (**Exhibit 58**);
- Local government agencies, Chambers of Commerce, and City Councils; and
- Local schools, colleges, and universities.

¹⁷ See <https://portal.311.nyc.gov/article/?kanumber=KA-02498>. Accessed September 2023.

Findings of the NYC Health Department Community Health Assessment

In 2019, the New York City Department of Health and Mental Hygiene (NYC Health Department) prepared its 2019-2021 Community Health Assessment and Community Health Improvement Plan: Take Care New York 2024 (TCNY 2024). TCNY 2024 is the NYC Health Department’s “blueprint for advancing health equity and giving everyone the chance to lead a healthier life.”¹⁸ The two TCNY 2024 prevention priorities are (1) Prevent Chronic Diseases, and (2) Promote Healthy Women, Infants, and Children. Goals and objectives of these two prevention priorities are below.

- 1. Chronic Disease Preventive Care and Management.** Promotion of evidence-based chronic disease prevention and management, include the following objectives:
 - a. Increase percentage of adults with adequately controlled hypertension;
 - b. Increase percentage of adult Black patients with adequately controlled hypertension;
 - c. Decrease percentage of adults with poor control of diabetes;
 - d. Decrease percentage of adult Black Medicaid patients with poor control of diabetes;
 - e. Maintain fruit and vegetable consumption levels among low-income residents.

- 2. Perinatal and Infant Health.** Reducing infant mortality and morbidity by decreasing the Sudden Unexpected Infant Death (SUID) mortality rate, including the following objectives:
 - a. Increase percentage of infants sleeping in an environment that meets American Academy of Pediatrics recommendations; and
 - b. Increase percentage of women reporting that their baby is most often laid down to sleep on their back.

¹⁸ 2019-2021 Community Health Assessment and Community Health Improvement Plan: Take Care New York 2024, New York City Department of Health and Mental Hygiene. See <https://www1.nyc.gov/assets/doh/downloads/pdf/tcny/community-health-assessment-plan.pdf>.

Prevention Agenda 2019-2024: New York State's Health Improvement Plan by the New York State Public Health and Health Planning Council and the New York State Department of Health

In 2018, the New York State Public Health and Health Planning Council accepted the Prevention Agenda 2019-2024. This plan established health priorities for state and local action. The Prevention Agenda has been updated seven times since its acceptance, most recently in June 2023. Action plans were developed for five topics: (1) Chronic disease, (2) a healthy and safe environment, (3) healthy women, infants and children, (4) well-being and prevent mental and substance use disorders, and (5) communicable diseases. Focus areas for these five topics are below.

1. Prevent Chronic Diseases Action Plan

Focus Area 1 - Healthy Eating and Food Security

Focus Area 2 - Physical Activity

Focus Area 3 - Tobacco Prevention

Focus Area 4 - Chronic Disease Preventive Care and Management

2. Promote a Healthy and Safe Environment Action Plan

Focus Area 1 - Injuries, Violence, and Occupational Health

Focus Area 2 - Outdoor Air Quality

Focus Area 3 - Built and Indoor Environments

Focus Area 4 - Water Quality

Focus Area 5 - Food and Consumer Products

3. Promote Healthy Women, Infants and Children Action Plan

Focus Area 1 - Maternal and Women's Health

Focus Area 2 - Perinatal and Infant Health

Focus Area 3 - Child and Adolescent Health

Focus Area 4 - Cross Cutting Healthy Women, Infants, and Children

4. Promote Well-Being and Prevent Mental and Substance Use Disorders Action Plan

Focus Area 1 - Well-Being

Focus Area 2 - Mental and Substance Use Disorders Prevention

5. Prevent Communicable Diseases Action Plan

Focus Area 1 - Vaccine Preventable Diseases

Focus Area 2 - Human Immunodeficiency Virus (HIV)

Focus Area 3 - Sexually Transmitted Infections (STIs)

Focus Area 4 - Hepatitis C Virus (HCV)

Focus Area 5 - Antibiotic Resistance and Healthcare-Associated Infections

PRIMARY DATA ASSESSMENT

Findings from Key-Informant Interviews

Key informant stakeholders were engaged by video conference calls, in-person meetings, and telephone calls in September through November 2023. The interviews were designed to obtain input on health needs from persons who represent the broad interests of the community served by Mount Sinai Morningside Hospital and Mount Sinai West

Fifteen interview sessions were held with 40 individuals representing numerous organizations. Interviewees included: individuals with special knowledge of or experts in public health; local public health department representatives with information and expertise relevant to the health needs of the community; and individuals and organizations serving or representing medically underserved, low-income, and minority populations. The organizations that provided input are listed after the discussion of issues identified in the interviews.

Interviews were conducted using a structured discussion guide. Informants were asked to discuss community health issues and encouraged to think broadly about the social, behavioral, and other determinants of health. Interviewees were asked to consider issues associated with health status, health care access and services, chronic health conditions, populations with special needs, and health disparities.

The frequency with which specific issues were mentioned and interviewees' perceptions of the severity (how serious or significant) and scope (how widespread) of each concern were assessed.

Issues Identified by Key Informant Interview Participants

- Environmental factors, including lasting impacts of COVID, negatively impact the health of community members and contribute to prevalence of chronic diseases and conditions;
- Disparities in health outcomes are experienced by many communities, and contributors to disparities include unequal access to basic needs and health services;
- Navigating the healthcare system, already challenging for residents with limited access to technology and limited English literacy, is increasingly difficult due to changes in the healthcare and social support environment;
- Mental health needs are increasing in the community due to increased anxiety, social isolation, and other issues;
- Substance use disorder is prevalent due to unmet mental health issues and greater access to legal and illegal substances;
- Low-income residents, individuals with disabilities, and new arrivals are especially prone to encountering challenges to healthy living conditions and utilization of health services;
- Older adults can be vulnerable to unmet health needs and issues can arise suddenly; and
- Chronic disease prevalence and disparities in outcomes are influenced by a myriad of factors, including social determinants, behavioral health, and age.

Environmental factors, including lasting impacts of COVID, negatively impact the health of community members and contribute to prevalence of chronic diseases and conditions.

Environmental factors contribute to poor health outcomes. Environmental factors disproportionately impact vulnerable populations, including children, older adults, and individuals with disabilities, and contribute to disparities in both access and outcomes.

Components of the built environment, such as lack of green spaces and uneven sidewalks, reduce the physical activity of some community members. Ongoing effects of construction, such as issues of dust, contribute to the prevalence of respiratory diseases. Bike and motorized vehicle traffic contribute to pedestrian injuries from accidents, as well as reduced physical activity due to fears of accidents. Actual and perceived prevalence of violence, especially in subways, and safety concerns, such as lack of lifeguards at beaches, further reduce levels of physical activity. Urban issues, notably rodents and pests, also impact respiratory and other diseases. The legacy of 9/11 continues to be evidenced in health outcomes.

COVID also continues to impact community health. Rapid changes during the height of the pandemic destabilized neighborhoods, which have yet to fully recover. COVID-related trauma currently contributes to mental health issues which, in turn, contribute to alcohol misuse, substance use disorder, and divorce rates. COVID further contributes to lags in childhood development from lack of socialization during periods of remote learning.

Additionally, incarcerations can contribute to poor health outcomes. Such outcomes may be especially evident in instances in overlaps between mental health issues and criminalized behaviors.

Disparities in health outcomes are experienced by many communities, and contributors to disparities include unequal access to basic needs and health services. Disparities in health outcomes are evident throughout the community. The disproportionate impact of COVID on low-income residents and community members of racial/ethnic minority groups illustrates the disparities. Unequal access to basic needs and health needs contribute to differences in outcomes.

Numerous factors contribute to unequal access to healthcare including lack of adequate insurance, high co-pays and deductibles, locations of services, and transportation challenges. Factors also include limited English literacy, lack of computer literacy and access to technology, and disabilities, such as hearing, vision, and/or cognitive limitations.

Social and cultural factors may contribute to access challenges. Some residents may hesitate or find it difficult to engage with healthcare providers who do not speak their native language or are not culturally sensitive with care. This lack of concordance may decrease utilization of preventive care and timely access to needed medical services. Social factors may be especially evident in residents with low health literacy, language barriers, and individuals with substance use disorders. Such issues are exacerbated by a lack of diversity among healthcare providers.

Deliberate actions to decrease disparities can improve health outcomes. Such deliberate actions include outreach to community members through health fairs, health education materials in multiple languages, increased diversity among healthcare providers, and increased representation on organizations' boards and committees.

Deliberate actions also include careful consideration of factors that influence different populations throughout the community. Such factors include reduced participation in sports among low-income residents due to costs, lack of past medical history accessibility by migrants and refugees, and limited transportation of different community members, such as residents of Staten Island.

Navigating the healthcare system, already challenging for residents with limited access to technology and limited English literacy, is increasingly difficult due to changes in the healthcare and social support environment. A lack of understanding of how to access health care is an issue for many community members, including migrants and refugees, generations of families without a regular provider, and adult children caring for aging parents. Some individuals do not seek navigation assistance because they are unaware that the support is needed and available. Others may forego assistance due to stigma, including support in enrolling eligible children in Medicaid. Residents without documentation may resist navigation assistance and healthcare due to fears that these encounters will lead to deportation. Navigation may be especially challenging for residents with limited access to technology and limited English literacy. Low levels of health literacy across the community contribute to navigation issues.

Navigation is made more difficult by healthcare workforce constraints, such as insufficient number of social workers and overburdened clinicians, as well as communication challenges between providers and systems. Providers may also encounter obstacles and frustrations when trying to navigate the healthcare and social services environments. With a shift towards digital

scheduling and communication, community members can experience difficulty reaching providers by phone and lags in response time.

Some community members may have difficulty in evaluating the accuracy of information provided. Contradictory information may be provided by different providers, as illustrated by frequent shifts in recommendations provided during the height of the COVID pandemic, and misinformation is widely provided on social media. Peer educators can both deliver trusted education to community members and provide credentials to facilitate healthcare encounters, yet peer educators have not been fully integrated into the healthcare delivery system.

Requirements of healthcare systems complicate navigation still further. Insurance restrictions limit covered services and are constantly shifting. Administrative burdens, including paperwork requirements, create their own navigation issues for some residents.

Predictability in services and trust in healthcare systems are key components of successful healthcare navigation. Announcement of the planned closure of Mount Sinai Beth Israel has led to questions and concerns about continuity of care, and increased uncertainty of where future care will be available.

Mental health needs are increasing in the community due to increased anxiety, social isolation, and other issues. Significant mental health needs exist in the community. These needs increased during the COVID pandemic due to anxiety and social isolation. Pandemic associated trauma continues to contribute to elevated mental health needs.

Access to mental health services is insufficient to meet demand due to increased mental health needs and diminishing stigma leading to more people seeking mental health care. Contributing to access issues are an undersupply of mental health professionals, insufficient inpatient services, and healthcare workforce challenges due to the rigors of providing care.

Contributors to poor mental health among community members include cost-sharing requirements to receive care, lack of diagnoses, and variation in quality of care. Difficulties may arise in finding a successful match between patients and providers. Low-income residents and community members of racial/ethnic minority groups may find it especially difficult to find a successful match with providers, which likely contributes to disparities in both access to services and outcomes.

Additionally, lags in care impact mental health negatively. For greater effectiveness in treatment, individuals must be ready to accept interventions and such opportunities for treatment may be lost if there is a delay in receiving care.

For some residents with serious and persistent mental illness, confounding social concerns may be present, including poverty, homelessness, and physical health needs. Untreated, generational mental illness further compounds needs and adds challenges to successful interventions.

Substance use disorder is prevalent due to unmet mental health issues and greater access to legal and illegal substances. Substance use disorder has proliferated within the community due to a myriad of factors, including unmet mental health issues and widespread availability of substances, including alcohol. The opioid epidemic, overshadowed by COVID, continues to be deadly, increased by the expanding availability of fentanyl. Substance use disorder is often untreated due to insufficient treatment options for detoxification services and long-term interventions.

Contributing to substance use disorder is the prescribing of pharmaceuticals for injury pain and the proliferation of sales outlets following the legalization of marijuana. Alcohol misuse is underacknowledged as problematic, including binge drinking among older adults.

Negative impacts of substance use disorder co-occur with physical conditions due to neglected side-effects of substances, as well as challenges managing chronic diseases. Within communities, substance use disorder can contribute to unsafe environmental conditions, such as inadequate disposal of used needles, and contribute to crime and violence.

Reductions in substance use disorder may result from increased utilization of peer counselors. In addition, harm reduction strategies can reduce the negative health and social consequences of substance use. Peer counselors with similar lived experiences to individuals with active substance use disorders may be especially effective in encouraging and guiding individuals through recovery.

Low-income residents, individuals with disabilities, and new arrivals are especially prone to encountering challenges to healthy living conditions and utilization of health services.

Economic opportunity is uneven throughout the community, resulting in food and housing insecurity, especially among low-income residents and community members of racial/ethnic minority groups. Access to and utilization of health care services is similarly uneven.

Food insecurity and unsafe housing conditions negatively impact physical and mental health. Respiratory conditions, such as asthma, are particularly influenced by air pollution and pests present in the environment. Anxiety associated with basic need insecurity, as well as safety concerns, contribute to poor mental health.

Low-income, job requirements, and transportation challenges create barriers to both accessing and utilizing healthcare services. Further, these issues can provide more immediate challenges for some community members and reduce acceptance of social work services, enrollment in Medicaid, and follow-up with medical referrals.

As access to food and stable housing are critical challenges to the most vulnerable community members, assistance with these issues can provide opportunities to build trust and engage these individuals with healthcare services. Vulnerable community members include homeless residents, individuals with addiction, and some older adults.

Older adults can be vulnerable to unmet health needs and issues can arise suddenly. The number of older adults in the community is growing rapidly, increasing demands for healthcare services. These demands include management of chronic diseases, such as cardiovascular disease, cancers, hearing loss, and illness related to vision, well as cognitive issues, such as Alzheimer's Disease.

The growth in older adults also highlights systemic issues, such as the need for additional access to geriatric specialty services, palliative care, home care, hospital-at-home services, and caregiver supports. Mental and emotional supports are needed as well, including grief support for loss of family members and social supports to reduce isolation.

Many residents do not understand typical transitions to older adulthood. Support could help residents with healthy aging practices, including fall prevention, caring for aging family members, grieving the loss of loved ones, and avoiding social isolation. Guidance in adapting housing to meet the needs of individuals with diminished physical capacity could help community members better age in place.

Age alone does not indicate that an older adult is vulnerable. However, health issues can arise quickly in older individuals. Additionally, needs may be masked as older community members compensate for themselves and/or family members.

Chronic diseases prevalence and disparities in outcomes are influenced by a myriad of factors, including social determinants, behavioral health, and age. Chronic disease is prevalent in the community, notably arthritis, cardiovascular disease, diabetes, and respiratory disease, as well as issues related to hearing and vision losses. Contributors to these chronic diseases include social determinants, such as systemic issues that impact low-income residents and community members of racial/ethnic minority groups, behavioral health issues, such as the physical impact of addiction, and age-related factors, such as disease comorbidities.

The impacts of individual behaviors also contribute to chronic disease prevalence, including smoking, substance misuse, diet, and lack of physical activity. Delay in obtaining preventive services, such as annual physicals and participation in screenings, also contribute to outcomes due to lags in receiving diagnosis and treatment services. Low-income residents, community members of racial/ethnic minority groups, and men may be especially reluctant to receiving regular care.

A lack of health literacy also contributes to the prevalence of chronic disease as many residents do not know how to recognize disease symptoms. Insufficient health insurance and a lack of primary care provider also contribute, notably in residents who seek care in emergency rooms but otherwise do not engage regularly with healthcare providers.

Community members with chronic disease rely on the current provider environment to manage conditions. Adding to challenges of diagnosing, managing, and treating chronic diseases are workforce issues. Many nurses, technicians, and other clinicians left the practice of medicine and have not returned, resulting in an undersupply of providers.

Additionally, the provision of health care services continues to shift from inpatient care to outpatient care. While the shift can be cost-effective and valued by patients, it frequently necessitates home support provided by informal caregiving by family members and friends. For residents without individuals who can provide caregiving services, the shift to ambulatory services can complicate disease management.

Organizations Providing Community Input

Fifteen interview sessions were held with 40 individuals representing 19 organizations. Organizations represented by these individuals are as follows:

- Asphalt Green;
- Assembly District 68;
- Catholic Charities Brooklyn and Queens;
- Charles B. Wang Community Health Center;
- Concrete Safaris;
- East Harlem Community Health Council;
- Educational Alliance;
- George Washington Carver Houses Tenant Association;
- Manhattan Community Board 3;
- Manhattan Community Board 8;
- Mount Sinai Beth Israel Community Advisory Board;
- Mount Sinai Brooklyn Hospital Staff;
- Mount Sinai Health System Staff Member;
- Mount Sinai Hospital Community Advisory Board;
- Mount Sinai Hospital Staff;
- Mount Sinai Queens Hospital Staff;
- New York Common Pantry;
- NYC Department of Health and Mental Hygiene; and
- Organization that chose to remain anonymous.

Summary of Community Member Engagement

Two community member engagement sessions were held in September 2023 in conjunction with a Health Fair at Mount Sinai West and Community Flu Shot Health Fair. Informal conversations were held in-person. The conversations were quick and designed to maximize participation from attendees at the health fairs. Interview sessions were held with 112 individuals.

Issues Identified by Community Members

Access to care. Residents may have difficulty in navigating the complex healthcare system due to language barriers and lack of insurance, and insurance restrictions. Specialty care can be difficult to access due, in part, to transportation challenges. Access to maternal health care can be especially difficult for pregnant women with known substance use issues and basic need insecurities.

Basic Needs. Many community members experience food and housing insecurities. Difficulty in accessing basic needs contributes to both stress and unhealthy behaviors, such as long commutes to work.

Chronic Conditions. Health issues within the community include chronic conditions. Chronic conditions that are especially prevalent include cardiovascular disease and obesity.

Mental and Behavioral Health. Access to mental health services can be challenging and is exacerbated by costs, lack of insurance, and insurance restrictions. Early identification of mental health concerns in children is especially important and might be improved by increasing parental education. Mental health concerns and substance use disorders are often intertwined. Mental health concerns are prevalent in people experiencing homelessness.

Wellness / Prevention / Health Promotion. Access to healthy food can be difficult due to the high cost of food. Access to pharmaceuticals can be problematic and lack of access contributes to emergency room visits and hospital readmissions.

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APPENDIX – Evaluations of the Impacts of Actions Taken Since the Preceding CHNA¹⁹

The Mount Sinai Morningside & Mount Sinai West (“MSM & MSW” or “the hospital”) campuses use evidence-based approaches in the delivery of healthcare services with the aim of achieving healthy outcomes for the community served. Each hospital campus undertakes periodic monitoring of its programs to measure and determine their effectiveness and ensure that best practices continue to be applied.

Given that the process for evaluating the impact of various services and programs on population health is longitudinal by nature, significant changes in health outcomes may not manifest for several community health needs assessment cycles. Each hospital campus continues to evaluate the cumulative impact. In its previous CHNA report, the MSM & MSW identified a number of community health needs. The section below lists these health needs, related action items, and evaluations of the impacts of actions taken since the preceding CHNA.

Initiatives that impact multiple health needs

Health professions education. The health professions education activities of MSM & MSW respond to both the current and future community health needs for chronic disease treatment and prevention. MSM & MSW actively participate in over 40 residency and fellowship programs. In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Participation in Medicaid. Medicaid provides health coverage to low-income individuals through federal and state funding. MSM & MSW participation in New York State Medicaid includes inpatient and outpatient services.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$150,213,590 in net community benefit expense associated with costs in excess of payments for services provided to Medicaid enrollees. Payments for services provided to Medicaid enrollees in 2021 were approximately 55 percent of the costs to provide these services. Continued utilization of services by Medicaid is an external indicator of the positive impact of this action on the community health need.

¹⁹ Source: Mount Sinai Health System

Community Health Improvement Activities. MSM & MSW support numerous activities to improve community health through grants and in-kind contributions. Activities include the following:

- Health screenings;
- Community affairs and community outreach programming;
- Health screenings;
- Professional education programming; and
- Epidemiological studies.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$16,599,213 in net community benefit expense associated with Community Health Improvement Services and Community Benefit Operations.

Subsidized Health Services. MSM & MSW provide numerous inpatient and outpatient service lines that operate as losses. MSM & MSW continue to provide these services because the health of community members would diminish because other providers would be unlikely to provide these services. Subsidized health services provided by MSM & MSW include clinic services.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$25,945,230 in net community benefit expense associated with Subsidized Health Services.

Health Care Services. A full range of health care services is available at the hospital campuses, outpatient facilities, and physician practices throughout the community. As part of the Mount Sinai Health System, integrated resources such as electronic health records facilitate the referral of patients to needed services provided by other Mount Sinai Health System hospitals and health professionals.

Center for Spirituality and Health. The Center for Spirituality and Health at Mount Sinai's Icahn School of Medicine is dedicated to providing compassionate patient care with seamless coordination and to advancing spiritual care through unrivaled education, research, and outreach. Chaplains help people of all faiths find meaning, healing, hope, and comfort while experiencing the challenges of life. Continued engagements with the Center for Spirituality and Health by patients and caregivers are external indicators of the positive impact of this action on community health needs.

1. Access to Mental Health Care and Poor Mental Health Status

The 2020 MSM & MSW CHNA found that the mental health status is poor for many residents because of the impact of the COVID-19 pandemic, day-to-day pressures, substance abuse, and psychiatric disorders. The supply of mental health providers is insufficient to meet the demand for mental health services.

Interventions to increase access to mental health care and improve the mental health status of community residents were identified in the 2020 MSM & MSW Implementation Strategy and are

described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Health professions education. The health professions education activities of MSM & MSW responded to both the current and future community mental health needs. MSM & MSW actively participated in over 40 residency and fellowship programs. Residency and fellowship programs that were especially related to mental health care services include the following:

- Addiction Psychiatry Fellowship;
- Consultation-Liaison Psychiatry Fellowship at MSM;
- Consultation-Liaison Psychiatry Fellowship at MSW; and
- Psychiatry Residency.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Mental Health Services. Mental health care services are available at the hospital campuses, outpatient facilities, and physician practices throughout the community. As part of the Mount Sinai Health System, integrated resources such as electronic health records facilitate the referral of patients to needed services provided by other Mount Sinai Health System hospitals and health professionals. Specific mental health services that continued to be available including the ones discussed below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

- **Emergency Behavioral Health Services** - Psychiatric emergency care continued to be provided 24 hours a day, allowing for immediate evaluations and stabilizations of patients who are experiencing a psychiatric crisis.
- **Partial Hospital Program** - The partial hospital program continued to provide intensive, highly structured outpatient behavioral health services to stabilize patients suffering from acute mental health symptoms. Multidisciplinary, expert teams provide individualized treatment that focuses on helping patients achieve behavioral milestones. While in treatment, support service providers within the community are engaged to ensure that the patient has the type of care needed at home during and after participation in the program.
- **Inpatient Treatments** - MSM & MSW maintained programs designed to accommodate the needs of each individual patient. On all inpatient psychiatric units, a therapeutic environment that promotes healing is provided. Active participation in the treatment process is encouraged.
- **Child and Adolescent Psychiatry Outpatient Clinics** - Child and Adolescent Psychiatry Outpatient Clinics evaluate and treat emotional disturbances in children from birth through age 17. Conditions treated include disruptive behavior, ADHD, mood (including depression and bipolar disorders), anxiety, post-traumatic stress, and psychotic disorders. Multidisciplinary teams include psychiatrists, psychologists, social workers, and trainees. Services continued to include individual therapy, group therapy, parent training and support, family therapy, and medication evaluation and management.

- **Outpatient Behavioral Health** - Through specialized programs and services, ambulatory care continued to be provided to patients with a range of mental health conditions. Specific conditions treated include addiction and substance abuse; ADHD and learning disorders; child and adolescent behavioral health; depression, anxiety, and bipolar disorder; eating and weight disorders; geriatric psychiatry; neuropsychological testing and evaluation; OCD, Tic disorders, and Tourette's syndrome; personality disorders; schizophrenia and psychotic disorders; women's mental health.

2. Aging Population

The 2020 CHNA found that the population is aging and “aging in place” and that growth in this population will increase needed support for healthcare, housing, transportation, and nutrition assistance. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, has core competencies related to direct medical services and lacks core competencies in housing, transportation, and nutrition assistance;
- Finite resources; and
- Other community resources are responding to this issue, including the New York City Department for the Aging and initiatives funded by the New York City Council.

Interventions that directly and indirectly impact an aging population were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Health professions education. The health professions education activities of MSM & MSW respond to both the current and future community health needs for chronic disease treatment and prevention. MSM & MSW actively participated in over 40 residency and fellowship programs. Specific residency and fellowship programs identified in the Implementation Strategy that were especially related to aging issues are as follows:

- Internal Medicine Residency at MSM; and
- Internal Medicine Residency at MSW.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Social Work Services. Social Workers are part of the treatment team in nearly every part of MSM & MSW. Social Workers collaborate within interdisciplinary teams to serve patients and the larger community to help address mental, emotional, family, and/or financial stressors. Assistance offered by MSM & MSW social workers continued to include the following:

- Education and counseling to help manage concerns about medical conditions;
- Support for emotional and psychological stress;
- Crisis intervention;
- Discharge planning;
- Education on and connection to community services;
- Information about health insurance and entitlements;
- Referrals for post-acute placement and care such as a skilled nursing facility, home care, hospice, acute rehabilitation, and substance abuse or mental health treatment;
- Orders for medical equipment;
- Information and support about end-of-life issues including grief, loss, and bereavement counseling;
- Interventions for domestic violence, child or elder abuse, or another violent crime; and
- Substance abuse assessment and referral.

Patient and family acceptance, as well as integration within the professional care team, are indicators that the social work services contribute value. Local, national, and international recognition of social workers are external indicators of the positive impact of this action on the community health need.

3. Access to Primary Health Care Services by Individuals with Limited Resources

The 2020 MSM & MSW CHNA found that New York City has a robust health provider network. However, access to this network can be limited to individuals with limited financial resources, including lack of health insurance and relatively high deductibles / co-pays.

Interventions to provide access to primary health care for individuals with limited resources were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Health professions education. The health professions education activities of MSM & MSW responded to both the current and future community health needs for professional services. MSM & MSW actively participated in over 40 residency and fellowship programs. Residency and fellowship programs that were especially related to especially related to primary health care services include the following:

- Anesthesiology Residency;
- Emergency Medicine Administration Fellowship;
- Emergency Medicine Global Health Fellowship;
- Emergency Medicine Global Health Residency - Mount Sinai Roosevelt;
- Emergency Medicine Residency;
- Emergency Medicine Simulation Fellowship;
- Emergency Medicine Ultrasound Fellowship;
- Emergency Ultrasound Fellowship;
- General Surgery Residency;
- Internal Medicine Residency at MSM;
- Internal Medicine Residency at MSW;
- Obstetrics and Gynecology Residency;
- Obstetrics and Gynecology Residency – Mount Sinai West; and
- PGY1 Pharmacy Residency Program.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Primary Health Care Services. The hospital provided primary care at its campuses, as well as physician practices throughout Manhattan. Primary health care services cover a variety of areas, with specialties including:

- Emergency Medicine;
- Geriatrics;
- Infectious Diseases;
- Obstetrics and Gynecology;
- Pediatric Emergency Care;
- Pediatrics;
- Primary Care;
- Surgery; and
- Urology.

The hospital, together with The Mount Sinai Health System, continued to be a leader in providing quality health care to its patients regardless of their ability to pay. In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$5,861,972 in financial assistance costs related to services provided. In addition, MSM & MSW reported \$150,213,590 in net community benefit expense associated with costs in excess of payments for services provided to Medicaid enrollees. Further, in its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$25,945,230 in net community benefit expense associated with Subsidized Health Services.

Continued utilization of services by members of the community, continued provision of services by medical professionals, continued licensure by the State of New York, continued accreditation by independent organization, and continued reimbursement by private and governmental payors, are among the external indicators of the positive impact of this action on community health needs.

4. Chronic Diseases and Contributing Lifestyle Factors

The 2020 MSM & MSW CHNA found that chronic diseases in the community include arthritis, asthma, cancers, cardiovascular disease, diabetes, hypertension, kidney disease, and pulmonary issues. Contributing lifestyle factors might also include poor nutrition, alcohol consumption, and physical inactivity.

Interventions to help reduce the incidence of and manage current chronic disease, including increasing healthy lifestyle factors, were identified in the 2020 MSM & MSW Implementation Strategy, and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Health professions education. The health professions education activities of MSM & MSW respond to both the current and future community health needs for chronic disease treatment and prevention. MSM & MSW actively participates in over 40 residency and fellowship programs. Current residency and fellowship programs that are especially related to chronic disease services include the following:

- Breast Surgery Fellowship;
- Cardiology Fellowship;
- Cardiology Fellowship;
- Colon and Rectal Surgery Fellowship;
- Diagnostic Radiology Residency at MSM;
- Diagnostic Radiology Residency at MSW;
- Emergency Ultrasound Fellowship;
- Endocrinology and Diabetes Fellowship;
- Gastroenterology Fellowship at MSM;
- Gastroenterology Fellowship at MSW;
- Internal Medicine Residency at MWM;
- Internal Medicine Residency at MSW;
- Interventional Cardiology;
- Interventional Cardiology Fellowship;
- Nephrology Fellowship;
- Nephrology Fellowship;
- Obstetric Anesthesiology Fellowship;
- Pain Medicine Fellowship;
- Pathology Residency;
- PGY1 Pharmacy Residency Program;
- Pulmonary Critical Care Medicine Fellowship at MSM; and
- Pulmonary Critical Care Medicine Fellowship at MSW.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Chronic Disease Services. The hospital provides specialty care at its campuses, as well as physician practices throughout the community. Specific specialty health care services included ones listed below.

- **Cancer care.** According to New York State Comprehensive Cancer Control Plan 2018-2023, each year, nearly 110,000 New Yorkers learn they have cancer, and around 35,000 succumb to the disease, making it the second leading cause of death in the state. The Mount Sinai Health System aims to increase breast cancer screening rates. Initiatives included the following:
 - Provide culturally targeted intervention workshops and education sessions in multiple languages including English, Spanish, Mandarin, Cantonese, and French;
 - Offer onsite mobile mammography screenings at work sites, in non-clinical settings, onsite translation and patient navigation support, and offer flexible hours to remove barriers for screening; and
 - Provide cancer support services to help patients manage their distress that may arise from physical symptoms, emotional challenges, and spiritual concerns they may experience with cancer.

In addition to these interventions, the Mount Sinai Health System maintained a variety of programs related to cancer prevention, detection, and treatment, including the following:

- Dubin Breast Center of the Tisch Cancer Institute;
 - The Mobile Mammography Van;
 - Ruttenberg Treatment Center;
 - Cancer Support Services;
 - National Cancer Survivors Day;
 - Esperanza y Vida (Hope and Life) and the Witness Project of Harlem™; and
 - Women’s Cancer Program at the Blavatnik Center.
- **Cardiovascular Disease and Stroke.** The Mount Sinai Health System aims to increase the percentage of adults with chronic conditions (cardiovascular disease, diabetes, prediabetes, and obesity), who have taken a course or class, learn how to manage their condition. Interventions by MSHS included the following:
 - Expansion of community-based outreach services on health education events related to heart health, stroke prevention, and diabetes;
 - Continuation of blood pressure screening, cholesterol testing, result/ consultation; nutrition and diet counseling, and more at the annual Go Red for Women health fair sponsored system-wide by Mount Sinai Heart;
 - Expansion of access to evidence-based, self-management interventions for individuals with chronic disease (cardiovascular disease, diabetes, prediabetes, and obesity); and
 - Increased awareness of diabetes prevention, good nutrition, healthy eating, benefits of exercising, weight management, and controlling stress levels.

In addition to these interventions, the Mount Sinai Health System maintained a variety of programs related to cardiovascular disease and stroke prevention, detection, and treatment, including the following:

- The American Heart Association’s Go Red for Women’s Health campaign;
 - Mount Sinai Heart, providing cardiovascular medicine and advanced diagnostic and therapeutic technologies;
 - FAMILIA Project to promote cardiovascular health in Harlem and the Bronx;
 - Harlem Healthy Hearts Series;
 - Mount Sinai Stroke Centers, providing care for both the treatment and prevention of stroke and other cardiovascular disorders; and
 - National High Blood Pressure Education Month participation.
- **Arrhythmia diagnosis and treatment.** The Al-Sabah Arrhythmia Institute at MSM is a state-of-the-art electrophysiology facility that offers the most advanced, sophisticated, and compassionate arrhythmia care. A wide variety of heart rhythm disorders are treated including atrial fibrillation, bradycardia (slow heart rhythms), tachycardia (fast heart rhythms), long QT syndrome, Brugada syndrome, and cardiomyopathies. The Institute’s features included the following:
 - A clinical outpatient center, complete with waiting area and information resources;
 - Three electrophysiology laboratories for performing catheter-based procedures, device implantations, and diagnostic studies;
 - A research laboratory for conducting both clinical and basic research on arrhythmia mechanisms and treatments; and
 - An education center for training advanced fellows, practicing electrophysiologists, and other medical professionals.
- **Lung-Pulmonology services.** Internationally known pulmonologists have extensive experience with diagnosis, treatment, and long-term care for pulmonology patients. Programs included the following:
 - A smoking cessation program that incorporates medication and behavioral modification;
 - The Center for Alpha-1 Antitrypsin Deficiency treats people with this deficiency and associated emphysema; and
 - The Intensive Care Unit Simulation Lab supports several training labs that teach doctors how to better handle respiratory and other medical emergencies.
- **Neurology services.** The Department of Neurology continued to be a highly integrated, multidisciplinary department that provides the community with comprehensive diagnostics and leading-edge treatments for a range of conditions affecting the brain, spinal cord, peripheral nerves, and muscles. The Department has a particular focus in the area of pediatric neurology and developmental disabilities, as well as understanding the unique nature of many pediatric conditions and the impacts on a child’s developing system. The Department is also known for its expertise in neurophysiology and stroke,

offering a state-of-the-art Stroke Center that has earned recognition as a “designated” stroke center by the New York State Department of Health.

- **Stroke treatment.** Mount Sinai Stroke Centers maintained dedication to providing world-class care for both the treatment and prevention of stroke and other cardiovascular disorders. MSM & MSW sites are Department of Health Stroke Centers. The Centers feature 24/7 availability for emergency consultation and treatment, a specialized neurointensive care unit, a state-of-the-art stroke unit, access to some of the latest clinical trials, and tele-health care to facilitate stroke care throughout the health system.

Support groups

Caring experts continued to lead support groups to provide a safe, supportive environment to help patients through their journeys. Support programs include Adult Female Survivors of Sexual Assault; Adult Survivors of Childhood Sexual Abuse; Co-Ed Auricular Acupuncture Group; Co-Ed Holistic Healing Group; Co-Ed Post Traumatic Stress Disorder (PTSD) Workshop; Crime Victims Treatment Center; Domestic Violence Support Group; Parent/Family Education; and Teen Trauma Group.

For these initiatives, continued utilization of services by members of the community, continued provision of services by medical professionals, continued licensure by the State of New York, continued accreditation by independent organization, and continued reimbursement by private and governmental payors, are among the external indicators of the positive impact of this action on community health needs.

5. COVID-19 Pandemic and Effects

The 2020 MSM & MSW CHNA found that COVID-19 had become a health emergency for New York City, the nation, and the world since its emergence in 2019. The virus wrought severe illness and death, and stressed New York City healthcare providers. Further, the pandemic contributed to unmet basic needs from the resulting economic crises, chronic disease severity, increased mental health needs, and decreased access to health services.

Throughout the course of the COVID-19 outbreak in New York, the Mount Sinai Health System was on the forefront of both treating and researching the disease. MSM & MSW’s COVID-19 treatment innovations include the following:

- Developing an antibody test to identify individuals who have recovered from COVID-19, and using plasma from these individuals to help critically ill patients recover; and
- Applying research by colleagues at the Icahn School of Medicine at Mount Sinai to frontline physicians treat varied aspects of the disease—from thrombosis to the sudden inflammatory response known as a “cytokine storm.”

Interventions to respond to the COVID-19 pandemic and its effects, were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

COVID-19 Testing and Treatment. The hospital provided in-person testing at its urgent care clinics throughout New York City, as well as virtual appointments. Additionally, the hospital provided treatment for COVID-19 at its hospital facilities and urgent care facilities, as well as provided Mount Sinai Now Virtual Care for those seeking access to services related to COVID-19.

COVID-19 Vaccination. The hospital participated in vaccine distribution activities developed by the New York State Department of Health (DOH). Mount Sinai remained committed to providing vaccinations to New York City residents efficiently and effectively. To facilitate vaccine distribution, the hospital maintained a COVID-vaccine webpage that provides details to vaccine access, as information to combat vaccine disinformation.

Center for Post-COVID Care. Recovery from COVID-19 posed a new set of challenges for patients and healthcare providers. The Center for Post-COVID Care at Mount Sinai developed an interdisciplinary team to guide development of COVID-19 aftercare by applying emerging evidence.

COVID-19 Resources. In addition to testing, treatment, and post-COVID care, the hospital also provided a range of resources aimed at preventing and limiting the spread of COVID-19. These resources included COVID-19 resources translated into Spanish, Chinese, and Russian, as well as resources specifically for disabled residents and adolescents.

Health professions education. The health professions education activities of MSM & MSW responded to both the current and future community health needs for professional services. MSM & MSW actively participated in over 40 residency and fellowship programs. Residency and fellowship programs that are especially related COVID-19 prevention and treatment are as follows:

- Infectious Diseases Fellowship at MSM; and
- Infectious Diseases Fellowship at MSW.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education. Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Social Work Services at Mount Sinai Hospital. Social Workers are part of the treatment team in nearly every part of MSM & MSW. Social Workers collaborate within interdisciplinary teams to serve patients and the larger community to help address mental, emotional, family, and/or financial stressors. Assistance offered by MSM & MSW social workers continued to include the following:

- Education and counseling to help manage concerns about medical conditions;
- Support for emotional and psychological stress;
- Crisis intervention;
- Discharge planning;
- Education on and connection to community services;
- Information about health insurance and entitlements;
- Referrals for post-acute placement and care such as a skilled nursing facility, home care, hospice, acute rehabilitation, and substance abuse or mental health treatment;
- Orders for medical equipment;
- Information and support about end-of-life issues including grief, loss, and bereavement counseling;
- Interventions for domestic violence, child or elder abuse, or another violent crime; and
- Substance misuse assessment and referral.

Patient and family acceptance, as well as integration within the professional care team, are indicators that the social work services contribute value. Local, national, and international recognition of social workers are external indicators of the positive impact of this action on the community health need.

Financial Assistance and Billing and Collections Policy. The Mount Sinai Hospital, together with the other MSM & MSW hospitals, recognized that many of the patients served may be unable to access quality health care services without financial assistance because of the economic impact of the pandemic.

A Financial Assistance and Billing and Collections Policy for MSM & MSW hospitals enabled each hospital to uphold its mission, while carefully taking into consideration the ability of the patient to pay. The Billing and Collections Policy was applied in a fair and consistent manner for Emergency Medical Care and other Medically Necessary Care rendered in the MSM & MSW hospitals by providers directly employed by or contracted by Icahn School of Medicine at Mount Sinai. The Financial Assistance and Billing and Collections Policy, as well as the application for Financial Assistance was available online²⁰ in English, Spanish, Chinese, Haitian Creole, Polish, and Russian. A uniform Financial Assistance Policy across hospital facilities and providers and robust social services helped low-income patients manage treatment plans. A uniform Financial Assistance Policy across hospital facilities and providers and robust social services helped low-income patients manage treatment while remaining in their homes.

The hospital, together with The Mount Sinai Health System, continued to be a leader in providing quality health care to its patients regardless of their ability to pay. In its Form 990 for

²⁰ <http://www.wehealny.org/services/financialassistance/index.html>

year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$5,861,972 in financial assistance costs related to services provided. In addition, MSM & MSW reported \$150,213,590 in net community benefit expense associated with costs in excess of payments for services provided to Medicaid enrollees.

The Mount Sinai Health System remains committed to continuing its innovation surrounding ongoing COVID prevention and treatment based on the most recent information.

For initiatives related to the COVID-19 pandemic and its effects, utilization of services by members of the community, provision of services by medical professionals, and participation in activities led by both the New York State Department of Health the New York City Department of Health and Mental Hygiene, demonstrate the impacts COVID-19 initiatives on community health needs.

6. Environmental Determinants of Health

The CHNA found that residents experience considerable traffic, pollution, crime, and noise, and that transportation is difficult for individuals with limited mobility. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, has core competencies related to direct medical services and lacks core competencies in traffic, pollution, crime, and noise;
- Resource constraints dictate interventions than can be implemented; and
- Other community resources are responding to this issue, including the New York City Department of Environmental Protection and the New York City Department of Transportation.

An intervention to respond to environmental determinants of health was identified in the 2020 MSM & MSW Implementation Strategy and is described below. This activity is in addition to the MSM & MSW activities that impact multiple needs.

Referrals to Health Care Services. The hospital refers patients to various providers of health care services. As part of the Mount Sinai Health System, the continuum of care can be enhanced with referrals to effective services provided by other Mount Sinai hospital facilities and Mount Sinai health professionals. For example, pediatric patients in need of specialized clinical consultation can be referred to the T32 Pediatric Environmental Health Research Fellowship at Mount Sinai Hospital.

Continued utilization of referrals by members of the community is an external indicator of the positive impact of this action on community health needs.

7. Homelessness

The CHNA found that homelessness to be increasing in the community, and that homelessness is complex and intertwines with other issues including affordable housing, access to mental health care, substance misuse, and poverty. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, has core competencies related to direct medical services and lacks core competencies in short-term shelter and long-term housing;
- Resource constraints dictate interventions than can be implemented; and
- Other community resources are responding to this issue, including the New York City Department of Homeless Services.

An intervention that related to homelessness was identified in the 2020 MSM & MSW Implementation Strategy and is described below. This activity is in addition to the MSM & MSW activities that impact multiple needs.

Financial Assistance and Billing and Collections Policy. The Mount Sinai Hospital, together with the other MSM & MSWS hospitals, recognized that many of the patients served may be unable to access quality health care services without financial assistance. Its Financial Assistance Policy across hospital facilities and providers and robust social services can help low-income patients manage treatment while remaining in their homes.

A Financial Assistance and Billing and Collections Policy for MSHS hospitals enables each hospital to uphold its mission while carefully taking into consideration the ability of the patient to pay. The Billing and Collections Policy is applied in a fair and consistent manner for Emergency Medical Care and other Medically Necessary Care rendered in the MSHS hospitals by providers who are directly employed by or contracted by Icahn School of Medicine at Mount Sinai. The Financial Assistance and Billing and Collections Policy, as well as the application for Financial Assistance is available online²¹ in English, Spanish, Chinese, Haitian Creole, Polish, and Russian. A uniform Financial Assistance Policy across hospital facilities and providers and robust social services can help low-income patients manage treatment plans. A uniform Financial Assistance Policy across hospital facilities and providers and robust social services can help low-income patients manage treatment while remaining in their homes.

The hospital, together with The Mount Sinai Health System, continued to be a leader in providing quality health care to its patients regardless of their ability to pay. In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$5,861,972 in financial assistance costs related to services provided. In addition, MSM & MSW reported \$150,213,590 in net community benefit expense associated with costs in excess of payments for services provided to Medicaid enrollees. Further, in its Form 990 for year ending December 31,

²¹ <http://www.wehealny.org/services/financialassistance/index.html>

2021, as filed with the IRS, MSM & MSW reported \$25,945,230 in net community benefit expense associated with Subsidized Health Services.

8. Navigating a Changing Health Care Provider Environment

The 2020 MSM & MSW CHNA found that many changes in the health care provider environment are leading to anxiety by residents. Additional changes, such as the emergence of Urgent Care Clinics, are leading to uncertainty among residents in how to access healthcare services. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, have expertise and resources related to medical services, but insurance coverage and financial resources are predominant factors related to accessing evolving healthcare provider options;
- Resource constraints dictate interventions than can be implemented; and
- Other resources in the community have greater abilities to assist in navigation, notably insurance providers.

Interventions that directly and indirectly related to navigation were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Social Work Services. Social Workers are part of the treatment team in nearly every part of MSM & MSW. Social Workers collaborate within interdisciplinary teams to serve patients and the larger community to help address mental, emotional, family, and/or financial stressors. Assistance offered by MSM & MSW social workers continued to include the following:

- Education and counseling to help manage concerns about medical conditions;
- Support for emotional and psychological stress;
- Crisis intervention;
- Discharge planning;
- Education on and connection to community services;
- Information about health insurance and entitlements;
- Referrals for post-acute placement and care such as a skilled nursing facility, home care, hospice, acute rehabilitation, and substance abuse or mental health treatment;
- Orders for medical equipment;
- Information and support about end-of-life issues including grief, loss, and bereavement counseling;
- Interventions for domestic violence, child or elder abuse, or another violent crime; and
- Substance abuse assessment and referral.

Patient and family acceptance, as well as integration within the professional care team, are indicators that the social work services contribute value. Local, national, and international recognition of social workers are external indicators of the positive impact of this action on the community health need.

Mount Sinai Access. MSM & MSW maintained its participation in Mount Sinai Access, a 24/7 concierge service available to assist physicians, patients, and family members connect with Mount Sinai specialists. Mount Sinai Access is staffed by nurses who work closely with physicians to arrange an outpatient appointment or peer to peer consultation as quickly as possible. Services are targeted to patients and families, as well as physicians to help coordinate patient care.

As part of the Mount Sinai Health System, integrated resources help MSM & MSW refer patients to effective primary and specialized care services provided by other hospital facilities and Mount Sinai health professionals. Supporting services can assist patients access needed care both within the Mount Sinai Health System and with other community organizations.

Patient and family utilization of Mount Sinai Access is an external indicator that the service contributes value.

9. Poverty, Financial Hardship, and Basic Needs Insecurity

The 2020 MSM & MSW CHNA found that lower-income residents can experience considerable difficulty in accessing basic needs, including healthy food and safe, affordable housing. Primary care access can be limited due to the relatively high cost of deductible and/or co-pays. Unmet mental health needs may be an issue due to daily stress. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, has expertise and resources related to medical service and lacks core competencies in economic development;
- Resource constraints dictate interventions than can be implemented; and
- Other community resources are responding to this issue, notably insurance providers.

An intervention that directly and indirectly relates to poverty, financial hardship, and basic need insecurity was identified in the 2020 MSM & MSW Implementation Strategy and is described below. This activity is in addition to the MSM & MSW activities that impact multiple needs.

Financial Assistance and Billing and Collections Policy. MSM & MSW, together with the other MSM & MSWS hospitals, recognized that many of the patients served may be unable to access quality health care services without financial assistance. Its Financial Assistance Policy across hospital facilities and providers and robust social services continued to help low-income patients manage treatment while remaining in their homes.

A Financial Assistance and Billing and Collections Policy for MSHS hospitals enables each hospital to uphold its mission, while carefully taking into consideration the ability of the patient to pay. The Billing and Collections Policy is applied in a fair and consistent manner for Emergency Medical Care and other Medically Necessary Care rendered in the MSHS hospitals by providers who are directly employed by or contracted by Icahn School of Medicine at Mount

Sinai. The Financial Assistance and Billing and Collections Policy, as well as the application for Financial Assistance is available online²² in English, Spanish, Chinese, Haitian Creole, Polish, and Russian. A uniform Financial Assistance Policy across hospital facilities and providers and robust social services can help low-income patients manage treatment plans. A uniform Financial Assistance Policy across hospital facilities and providers, as well as robust social services, can help low-income patients manage treatment while remaining in their homes.

The hospital, together with The Mount Sinai Health System, continued to be a leader in providing quality health care to its patients regardless of their ability to pay. In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$5,861,972 in financial assistance costs related to services provided. In addition, MSM & MSW reported \$150,213,590 in net community benefit expense associated with costs in excess of payments for services provided to Medicaid enrollees.

10. Safe and Affordable Housing

The 2020 MSM & MSW CHNA found that inadequate housing contributes to poor health outcomes. Demand for housing in the community is increasing rents and new housing units will be market rates, unaffordable to some residents. The corresponding Implementation Strategy identified this need as one that would not be targeted for (direct) intervention. This decision was based on the following criteria:

- MSM & MSW, together with the Mount Sinai Health System, has expertise and resources related to medical services and lacks core competencies in residential housing;
- Resource constraints dictate interventions than can be implemented; and
- Other community resources are responding to this issue, including the New York City Department of Housing Preservation and Development and the New York City Housing Authority.

An intervention to impact safe and affordable housing was identified in the 2020 MSM & MSW Implementation Strategy and is described below. This activity is in addition to the MSM & MSW activities that impact multiple needs.

Referrals to Community Resources. MSM & MSW continued to refer patients to various community resources. As part of the Mount Sinai Health System, integrated resources continued to help MSM & MSW respond to patients in need. For example, robust social services can direct patients to community organizations that assist with housing needs.

Continued utilization of referrals by members of the community is an external indicator of the positive impact of this action on community health needs.

²² <http://www.wehealny.org/services/financialassistance/index.html>

11. Socio-Economic, Racial, Cultural, Ethnic, and Linguistic Barriers to Care

The 2020 MSM & MSW CHNA found that access to care may be limited for residents who do not feel welcomed by providers. Insufficient cultural competence and language limitations can serve as barriers. For some residents, barriers may be influenced by real or perceived differences in services based on race, ethnicity, socioeconomic background, sexual orientation, and/or other characteristics.

Interventions that directly and indirectly respond to socio-economic, racial, cultural, ethnic, and linguistic barriers to care were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Social Work Services. Social Workers are part of the treatment team in nearly every part of MSM & MSW. Social Workers collaborate within interdisciplinary teams to serve patients and the larger community to help address mental, emotional, family, and/or financial stressors. Assistance offered by MSM & MSW social workers continued to include the following:

- Education and counseling to help manage concerns about medical conditions;
- Support for emotional and psychological stress;
- Crisis intervention;
- Discharge planning;
- Education on and connection to community services;
- Information about health insurance and entitlements;
- Referrals for post-acute placement and care such as a skilled nursing facility, home care, hospice, acute rehabilitation, and substance abuse or mental health treatment;
- Orders for medical equipment;
- Information and support about end-of-life issues including grief, loss, and bereavement counseling;
- Interventions for domestic violence, child or elder abuse, or another violent crime; and
- Substance abuse assessment and referral.

Patient and family acceptance, as well as integration within the professional care team, are indicators that the social work services contribute value. Local, national, and international recognition of social workers are external indicators of the positive impact of this action on the community health need.

Language & Communication Access Services. MSM & MSW Language & Communication Access Services continued to provide over the phone and in-person interpreter services, 24 hours a day, at no cost to patients. Included in translation services are sign language interpreters and telecommunication devices for the deaf (TDD). Phone interpretation services are available in over 200 languages, and video remote interpretation services are available in 35 languages. The New York State Patients' Bill of Rights is available in Braille as well as in English and Spanish on closed-circuit television.

MSHS Task Force to Address Racism. The Mount Sinai Health System remained committed to addressing racism and its effects on faculty, staff, students, trainees, patients, visitors, and communities served. To this end, the system launched The Mount Sinai Health System Task Force to Address Racism. The goal is for Mount Sinai to become an anti-racist health care and learning institution that intentionally addresses structural racism.

Patient Representatives. At MSM & MSW, patient representatives remained available to assist patients and family members with any questions, complaints, or concerns regarding health care or services. Patient representatives are also available to provide information regarding patients' rights as well as hospital policies and procedures.

LGBT Services. The Mount Sinai Health System remained dedicated to meeting the special health care needs of the lesbian, gay, bisexual, and transgender (LGBT) community. The hospital provides a wide range of health, referral, and educational services that promote LGBT health equity and access to care. These services include advocacy for LGBT health equity, access to comprehensive transgender health services, information and referrals, outreach and patient health education, primary care, specialty care, hospital care, and professional education and training.

Continued utilization of these initiatives by members of the community is an external indicator of the positive impact of these and other actions on issues related community to socio-economic, racial, cultural, ethnic, and linguistic barriers to care.

12. Substance Abuse

The 2020 MSM & MSW CHNA found that substance abuse in the community includes alcohol and multiple illegal substances. Alcohol misuse is evidenced by binge drinking in local bars and opioid misuse disproportionately impacts homeless individuals.

Interventions to respond to substance abuse were identified in the 2020 MSM & MSW Implementation Strategy and are described below. These activities are in addition to the MSM & MSW activities that impact multiple needs.

Health professions education. The health professions education activities of MSM & MSW respond to both the current and future community health needs for substance abuse treatment. MSM & MSW actively participate in over 40 residency and fellowship programs. Current residency and fellowship programs that are especially related to substance abuse services include the following:

- Addiction Psychiatry Fellowship;
- Consultation-Liaison Psychiatry Fellowship at MSM;
- Consultation-Liaison Psychiatry Fellowship at MSW; and
- Psychiatry Residency.

In its Form 990 for year ending December 31, 2021, as filed with the IRS, MSM & MSW reported \$49,968,359 in net community benefit expense for health professions education.

Continued applications to these and other programs, as well as continued accreditation, are external indicators of the positive impact of this action on the community health need.

Substance Abuse Services. Substance abuse services are available at the hospital campuses, outpatient facilities, and physician practices throughout the community. As part of the Mount Sinai Health System, integrated resources such as electronic health records continued to facilitate the referral of patients to needed services provided by other Mount Sinai hospitals and health professionals. Specific substance abuse services available included ones listed below.

- **Inpatient addiction services.** The Addiction Institute at Mount Sinai provides inpatient treatment and is often the beginning of the recovery process for many patients. Inpatient treatment is designed to help an individual develop the basic skills that they will need to achieve a successful recovery from addiction. Specific substance abuse services continued to include the following:
 - Biopsychosocial assessment, including:
 - Addiction Severity Index (ASI);
 - American Society of Addiction Medicine Placement Criteria (APC);
 - Brief Symptom Inventory (BSI);
 - Family evaluation;
 - Psychiatric evaluation;
 - Development of initial treatment plan;
 - Feedback session with patients and/or family;
 - Insurance analysis and pre-certification;
 - Telephone and/or written report to referral source;
 - Diagnostic lab tests and urine toxicology;
 - History and physical examination; and
 - Triage and monitoring for withdrawal, medical, and psychiatric problems;
 - Detoxification services; and
 - Inpatient rehabilitation services.
- **Outpatient treatment services.** Outpatient programs continued to be provided as not all individuals required the intensity of inpatient services. Specific outpatient services include Comprehensive Addiction Treatment Program (CATP), Crystal Clear Project (Methamphetamine), First Step (FTP), College Outreach Prevention Education (C.O.P.E.), Family Program, Addiction Medicine Service, and Buprenorphine.

Medication-Assisted Treatment Programs. Medication Assisted Treatment Programs continued to be provided to community members. These programs begin with medical treatment in the form of methadone or buprenorphine. These medical interventions are combined with group counseling, one-on-one therapy, and case management.

The Addiction Institute of Mount Sinai (AIMS) offers addiction services throughout New York City in centers associated with Mount Sinai Morningside, Mount Sinai West, Mount Sinai Beth Israel, and The Mount Sinai Hospital. AIMS provides comprehensive and personalized care, and treats people with addictions related to alcohol, substances, and behaviors such as compulsive eating or gambling.

Adolescent and Young Adult Programs. MSM & MSW provide a variety of outpatient clinical services for children and adolescents facing addiction.

Specific programs include the Comprehensive Adolescent Rehabilitation and Education Service (CARES); Adolescent Alternative Day Program (AADP); Child and Family Institute; Children’s Community Mental Health Services; Children’s Single Point of Access; Comprehensive Addiction Program for Adolescents (CAPA); Comprehensive Adolescent Rehabilitation and Education Service (CARES); Family and Teen Recovery Services (FuTuReS); and School-Based Health Clinics (SBHCs).

For these initiatives, continued utilization of services by members of the community, continued provision of services by medical professionals, continued licensure by the State of New York, continued accreditation by independent organization, and continued reimbursement by private and governmental payors, are among the external indicators of the positive impact of this action on community health needs.